

# LENTEN CHALLENGES CALENDAR

## MARCH

5  
**WEDNESDAY**  
**Ash Wednesday Mass**  
Tell a friend about this Lenten Challenges Calendar and commit to completing sister school kick-off.

10  
**MONDAY**  
Fast from social media today. Go to Confession in the Chapel after school today.

15  
**SATURDAY**  
Participate in the Lenten Day of Service or volunteer at a non-profit.

20  
**THURSDAY**  
Pray for our Spring Searchers at Mass today at 2:40pm.

25  
**TUESDAY**  
Pray the Rosary.

6  
**THURSDAY**  
Perform an anonymous, simple act of kindness.

11  
**TUESDAY**  
**Earn Lancer Cup Points**  
Donate cash during CP to raise money for scholarships at our sister school.

16  
**SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for immigrants.

21  
**FRIDAY**  
Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

26  
**WEDNESDAY**  
Learn something about a saint today and share with your family.

7  
**FRIDAY**  
Read the Gospel of Matthew 5:1-12 and reflect on one of the Beatitudes.

12  
**WEDNESDAY**  
Drink only water at school today.

17  
**MONDAY**  
Fast from anger today. Go to Confession in the Chapel after school today.

22  
**SATURDAY**  
Donate books, household items, or clothing to St. Vincent de Paul.

27  
**THURSDAY**  
Invite a friend to go to Mass with you today at 2:40pm in the Chapel.

8  
**SATURDAY**  
Read the Sunday scriptures with your family before you go to Sunday Mass.

13  
**THURSDAY**  
Write a letter, make a phone call, or email your senators about a social justice issue that's important to you.

18  
**TUESDAY**  
Pray the Ignatian Examen.

23  
**SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for those who are unhoused.

28  
**FRIDAY**  
Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

9  
**SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for peace in our world.

14  
**FRIDAY**  
Attend Adoration and pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

19  
**WEDNESDAY**  
Pray for our seniors presenting their ISLE presentations.

24  
**MONDAY**  
Fast from gossip today. Go to Confession in the Chapel after school today.

29  
**SATURDAY**  
Go to confession.

## APRIL

30  
**SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for refugees and victims of violence.

04  
**FRIDAY**  
Attend Adoration and pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

09  
**WEDNESDAY**  
Write a note of apology to someone you feel you have hurt in some way.

14  
**MONDAY**  
Fast from jealousy today. Go to Confession in the Chapel after school today.

19  
**SATURDAY**  
**Holy Saturday**  
Create a gratitude list.

31  
**MONDAY**  
Reach out to an older family member or neighbor and ask about their life. Go to Confession in the Chapel after school today.

05  
**SATURDAY**  
Cook a simple soup meal for your family using only \$1.

10  
**THURSDAY**  
Research a cultural tradition you are curious about for Cultural Week.

15  
**TUESDAY**  
Watch a movie about Jesus' life like *Jesus of Nazareth* or *The Passion of the Christ*.

20  
**SUNDAY**  
**Easter Sunday**  
Celebrate Easter with your family. Pray for the Yakima service trip.

01  
**TUESDAY**  
Go to Confession today during lunch.

06  
**SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for climate change solutions.

11  
**FRIDAY**  
Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

16  
**WEDNESDAY**  
Take time to visit, call, or send a card to someone who is sick.



02  
**WEDNESDAY**  
Let go of an old grudge and forgive someone.

07  
**MONDAY**  
Fast from sarcasm today. Go to Confession in the Chapel after school today.

12  
**SATURDAY**  
Donate at least three nonperishable food items to a food bank.

17  
**THURSDAY**  
**Holy Thursday Mass**  
Attend Holy Thursday Mass; wash someone's feet.

03  
**THURSDAY**  
**Earn Lancer Cup Points**  
Donate cash during CP to raise money for scholarships at our sister school.

08  
**TUESDAY**  
Attend Mass after school at 2:40pm in the Chapel.

13  
**PALM SUNDAY**  
**Go to Mass**  
Go to Mass with your family; pray for vocations.

18  
**FRIDAY**  
**Good Friday Prayer Service**  
Attend a Good Friday Prayer Service; spend at least five minutes in silent meditation.

2025  
PRAY · FAST · GIVE