## ARENTS AS TEACHERS

#### Partner-Facilitate-Reflect

## Info and Activities

Monticello Library Story
Times



Cold Weather Car Seat
Safety



What Parents Need To Know About Nosebleeds



Contact Information: Elizabeth Durkin 8201 Mize Blvd. Lenexa, KS 66227 913-667-1820 Edurkin@usd232.org

#### **PAT Events:**



www.usd232.org/pat





# Join us for these upcoming PAT programs and events:

## teddy Bear Clinic

Come and adopt your very own teddy bear and take it through interactive stations for vision, hearing, and dental screenings!

#### What to Expect:

- Bear and adoption certificate for each child
- Hearing and vision screenings
- Dental education and advice
   from a children's dentist
- teddy Bear themed crafts
   and activities
- Play time in the PAT play room and gym

March 11th 5-7 pm at



#### FREE WORKSHOP

For Parents/Caregivers

Must be a Kansas resident to attend

#### **○** What is PAX Tools?

PAX Tools is a collection of traumainformed, evidence-based strategies to increase self-regulation, reduce problematic behavior, increase cooperation and improve relationships between parents and children at home.

#### OVERVIEW

This presentation will provide parents with simple, proven tools or strategies to help their children ages 2 and up to be more cooperative and emotionally healthy. Parents will learn about ways to improve their child's behavior. Strategies for disciplining and handling challenging behaviors will be discussed.

#### FREE \$25 Amazon Gift Card for those that attend!



#### **FREE PAX TOOLS WORKSHOP**

Date: Thursday | April 24, 2025 Program: 6:00 - 8:30 pm

via Zoom

Registration: go to https://mhah.salsalabs.org/4-24-2025

Amazon Gift Card will be shipped after completing an online evaluation at the end of the workshop. Pre-registration required.

Questions: Contact Stacy Davis at sdavis@mhah.org or 913-222-5933





## Who Should Attend PAX Tools Workshops?



\* PARENTS

\* CAREGIVERS



### FOR ADDITIONAL PROGRAM INFO

VISIT

paxis.org/pax-tools

PAX = Peace • Productivity • Health • Happines

This program is brought to you by Mental Health America of the Heartland with funding from the Substance Abuse and Mental Health Services Administration, American Rescue Plan Act of 2021 (ARPA) in partnership with the Kansas Department of Aging and Disability Services.



