



Across the Ranch is a student created & student organized celebration of student efforts in ALL areas at Southwest Guilford High School. Through multiple avenues and phases, including the 'Spotlight' introduced today, our mission statements main testaments will be carried out.

Our Mission Statement: <u>Display</u>, <u>encourage</u>, and <u>celebrate</u> all achievements, individuals and interests of the Southwest Guilford High School student body.

# ACROSS THE RANCH SPOTLIGHT 3/6

## Multicultural Night Meeting

3/6/24 in the media center

Multicultural Night is happening on May 31! If your group would like to host a table or perform, please come to the meeting to sign up or reach out to Miss Montgomery!





Teacher: Martin Room #: A-113

Next Meeting: Friday



#### Interact Club

We prioritize
"Service Above Self"
with interactive,
engaging volunteer
work

Upcoming Event: 3/16/2024

Learn More about the Club Here at the Across the Ranch Website!





Teacher: Spillman Room #: D227

Next Meeting: every 1st and 3rd thursday

Learn More about the Club Here at the Across the Ranch Website!



#### SWGHS MODEL UN

Chapel Hill Conference: 03/1-3/2023

SWGHS MODEL UN was able to partake in the conference with 6 students attending and won awards. We were the only school from Guilford County and look forward to doing even better next year.







# JV Softball



Jv Softball is now 2-0. They won their game last night over the Lady Comets, 20-5.

Teacher: Mrs. Caddel Room #: C-258

Next Meeting: March

11th

#### **Art Club**

#### Students can Explore Art Projects and Crafts

Learn More about the Club Here at the Across the Ranch Website!







#### What is Social Emotional Learning?

SEL is the process through which people of all ages learn and practice skills that allow them to...

- develop healthy identities,
- manage emotions,
- achieve personal and collective goals,
- feel and show empathy for others,
- establish and maintain supportive relationships,
- make responsible and caring decisions



SEL has five main skills: self-awareness, social awareness, responsible decision-making, self-management, and relationship skills.

For example ... we can learn to manage negative emotions by using a "feelings wheel" to identify the emotion. Then, we can create a plan of how to work through that feeling in a safe and healthy way. This way, we are more prepared to handle and recover from that emotion in the future!

### #SELday March 8, 2024 - Today's Students, Tomorrow's Leaders

An influential leader has the ability to motivate and inspire greatness in others. A little bit of positivity can go a long way on the journey of success!

This Friday, celebrate SEL Day by wearing a shirt that has a positive or uplifting message written on it, or wear yellow for positivity!











Teacher: LINDSAY

#### Student Council

#### FOLLOW YOUR CLASS INSTAGRAM ACCOUNT!

Learn More about the Club Here at the Across the Ranch Website!









2025





2026







2027



#### Across the Ranch Website

If you haven't yet, please check out the Across the Ranch website which contains information on all of the clubs here at Southwest. It's not to late to be involved in something fun this year!



https://bit.ly/Acrosstheranch

If you have a club event that you would like to highlight in the Spotlight, please reach out to your club advisor & student rep so we can include a slide for you!

