



# Life Without Limits Walk-A-Thon for Cerebral Palsy Pledge Sheet



Walker's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## What to do:

1. Sign up to walk at the Walk-A-Thon at <https://forms.gle/98FHPRDhr5E87aRw8>
2. Ask friends and family to sponsor you by giving a flat donation.  
(Suggested minimum of \$10) All proceeds go to GCPA that provides care to children birth to three with special needs. Learn More at [www.greensborocp.org](http://www.greensborocp.org)
3. Have sponsors write in name, contact information, and amount pledged.
4. Collect pledge money from your sponsors. If a sponsor would like they can use the following link to pay online. <https://igfn.us/form/zBRwBw>
5. Order a shirt from Sunflower Mountain Designs. Scan the QR code to the right to order your shirt.) Pick-up from GCPA or SEHS! <https://forms.gle/wDY7h39hyA1v4B759>
6. Walk around SEHS track during the event after the introduction.
7. Turn in sponsor sheet and pledge money when checking in at the Walk-a-thon.

**Sign Up to Walk!**



**Donate Online!**



**Buy a Shirt!**



## Rules:

1. Pledge sheets need to be turned in on walk-a-thon day at SEHS Football Stadium, March 29, 2025.
2. No running or jogging will be allowed. Participants are encouraged to wear hats and sunscreen if it's sunny. Biscuitville and other snacks and beverages will be provided at the event.

Sponsor Name	E-mail	Flat Donation	Total Due	Amount paid
		<b>Grand Total</b>		

