

ACES NEWS

March 2025



Testing season is approaching. You will be receiving information regarding Spring MAP testing as well as SC Ready testing coming up at the end of April. Dates will be shared via School Status. Teachers will be sending out invites for our school's Spring Data Conferences. During this time, teachers will discuss Spring MAP scores as well as the 3rd quarter Report Card. We want to send out a HUGE thank you to all of our volunteers who have been assisting in the various capacities here at Shaw Heights.



Title I School

Upcoming Events:

- **March 3**

Spring Title 1 & Literacy Night

- **March 3 -7**

Read Across America Week

- **March 12**

Quarter 3 Ends

- **March 13**

Quarter 4 Begins

- **March 14**

Make-Up Day

- **March 17 - 21**

Special Olympics Week

Spring Data

Conferences

- **March 26**

Quarter 3 Report Card

- **March 27**

Leader in Me Breakfast



You're invited to join us on Monday, March 3 hosted by our ELA/SS Action Team. This event will take place at our school.

Our Spring Title 1 Meeting will be held promptly at 5:30pm. We would love to gather feedback from you. We hope to see you there!



All students have been assigned a Car Rider number. If your child did not receive a number, please contact the front office.



By Ms. Smith

Strategies for Maintaining Self Control

Maintaining self-control can be challenging for kids, but there are several strategies that can help them develop better emotional regulation and impulse control:

- 1. Model Positive Behavior:** Children often learn by observing adults. Demonstrating calmness, patience, and self-control in your own actions helps kids understand how to handle their emotions.
 - 2. Create Routine and Structure:** Having a predictable daily routine helps kids feel secure and know what to expect, which can reduce impulsive behavior. Consistent bedtimes, meal times, and activity schedules create a sense of stability.
 - 3. Teach Mindfulness and Deep Breathing:** Teach kids simple mindfulness techniques, such as taking deep breaths when they feel upset. Breathing exercises can help calm the nervous system and give children the opportunity to pause before reacting.
 - 4. Use Positive Reinforcement:** Encourage and reward self-control behaviors, such as waiting patiently or following instructions. Positive reinforcement, like praise or small rewards, reinforces the behavior you want to see more.
 - 5. Set Clear Expectations and Boundaries:** Clearly communicate expectations for behavior and explain the consequences for not following them. Consistency in enforcement helps kids understand the importance of following rules.
 - 6. Provide Choices and Control:** Giving children choices in certain situations can help them feel more in control and less likely to act impulsively. For example, let them choose between two activities or decide what to wear.
- Just so you know: Self-control is the key that unlocks your potential. It helps you stay focused, make good choices, and build the habits that will lead to success.

School Spotlight

Ada Twist, Scientist and Friends



Our 2nd graders enjoyed an interactive performance of Ada Twist, Scientist sponsored by the Sumter Opera House. We would like to thank Lakewood High School for hosting this event as well as donation from our community sponsors. With their help, students were able to attend the show FREE OF CHARGE!



Nurse's Station



Life is unpredictable and you never know when a child may need a change of clothes. The Health Room is limited on clothing, so I am asking that you please keep a change of seasonal clothing (shirt, bottoms, underwear, socks) in your student's backpack for emergencies to help ensure their school day will not be interrupted. If your student comes home in borrowed clothing from the Health Room, please wash and return it so it will be available if needed again. Thank you!



P.S. The Health Room is in need of gently used children's clothing (sizes 6-14) and shoes. If you are able to donate, it would be greatly appreciated!



Volunteers needed

**Volunteers needed for
the ACE store. The
store usually opens on
Fridays. Please contact
Ms. Kennedy for more
details at:
[adrienne.kennedy@sum
terschools.net](mailto:adrienne.kennedy@sumterschools.net)**



Congratulations!

Rachel Pressley
Shaw Heights
Elementary School

2024-2025
Teacher of the Year



**How are we doing?
We'd love to hear from
you!**

