# PARQUES Y RECREACIÓN

# FERIA DE EMPLEO DE TEMPORADA

¡Únase a nosotros en nuestra Feria de empleo de temporada el miércoles 12 de marzo en el Centro de recreación de Northglenn! Ofrecemos entrevistas en el lugar y fácil acceso a las solicitudes con computadoras en el lugar. Asegúrese de traer una identificación con foto. Fecha: Miércoles 12 de marzo Hora: 3 – 7 p.m. Ubicación: Centro de recreación Northglenn, 1 E. Memorial Parkway (aula junto a la piscina)

¿Quieres convertirte en socorrista? Trae un traje de baño y una toalla para realizar una prueba de natación como parte del proceso de entrevista.

¡No dejes pasar esta oportunidad de conseguir un trabajo de verano divertido y gratificante! Postúlate escaneando el código QR o haciendo clic en el enlace que aparece a continuación.



Ofertas de trabajo

www.northglenn.org/recjobs







# INSCRIPCIÓN PARA CLASES DE NATACIÓN

¿Quieres mejorar tus habilidades de natación? ¡Inscríbete en nuestras próximas clases de natación para abril! ¡Las clases de natación se realizan mensualmente! La inscripción para las clases de natación de abril comienza el 19 de marzo para residentes y el 26 de marzo para no residentes. Para ver el cronograma de inscripción de natación más actualizado, visita www.northglenn.org/aquatics o llama al 303.450.4017

# CARA DE VOLEIBOL



La ciudad de Northglenn se asocia con la Asociación de Atletismo Recreativo de Colorado (CARA) para ofrecer oportunidades de voleibol tanto en otoño como en primavera. Los equipos se dividen según el nivel de grado: 2.º a 4.º, 5.º y 6.º, y 7.º y 8.º. Cada equipo compite contra otras agencias de recreación. Los participantes practican dos veces por semana y los equipos practican los lunes y miércoles o los martes y jueves. Las temporadas consisten en 2 o 3 torneos los sábados que se llevan a cabo en diferentes lugares del área metropolitana de Denver. La tarifa es de \$85 para residentes y \$102 para no residentes.

Horarios de práctica:

2.° a 4.° grado: lunes y miércoles | 10 de marzo – 17 de mayo | 4:30 p. m. a 5:30 p. m.

5.° y 6.° grado: martes y jueves | 11 de marzo – 17 de mayo | 16:30 – 17:45 h

7.° y 8.° grado: martes y jueves | 11 de marzo – 17 de mayo | 4:30 p. m. a 5:45 p. m.

Regístrese en https://www.tinyurl.com/CARAVolleyball o llame al

### ORIENTACIÓN DE LA SALA DE PESAS

¿Estás buscando iniciarte en el levantamiento de pesas?
Únase a nosotros para una orientación sobre la sala de pesas el viernes 7 de marzo y el 4 de abril de 9:30 a 10:30 a. m. en el Centro de recreación Northglenn. Nuestra sala de pesas ofrece muchos equipos y recursos de entrenamiento diferentes para adolescentes de 14 años en adelante. Si es nuevo en la sala de pesas o en el Centro de recreación Northglenn, lo invitamos a inscribirse en una de nuestras orientaciones grupales GRATUITAS sobre la sala de pesas. Para registrarse para la orientación sobre la sala de pesas, llame al 303.450.8911 o visite

https://www.tinyurl.com/weightroomorientation



### NOCHE DE ADULTOS

¿Necesita salir de compras, cenar o hacer algunos recados? ¡Aproveche nuestro programa de Noche de adultos, donde puede dejar a sus hijos en un entorno seguro y limpio en el Centro de recreación Northglenn! Los niños pueden explorar el patio de juegos interior y participar en actividades creativas en el aula de niños, donde pueden hacer manualidades, jugar y disfrutar de una deliciosa pizza. De 3 a 11 años. Nuestros próximos programas de Noche de adultos se llevarán a cabo el 20 de marzo y el 24 de abril de 5:30 a 8:00 p. m.

Registrate ahora en

https://www.tinyurl.com/childrenactivities o escaneando el código QR

# DÍAS DE VIDEOJUEGOS





¿A tu adolescente le encanta jugar videojuegos?

Mejora tu experiencia de videojuegos en el Centro de Recreación Northglenn. Nuestros próximos Días de Videojuegos son el 8 de marzo y el 12 de abril en el Aula junto a la Piscina. Compite por premios épicos y juega videojuegos en nuestras computadoras portátiles para juegos, consolas PS5, Xbox S Series y Nintendo Switch. Edades de 10 a 17 años. ¡No pierdas la oportunidad de jugar, conectarte y ganar a lo grande! Se recomienda tener tu propia cuenta para iniciar sesión en los sistemas, pero no es obligatorio.

Puedes registrarte ahora en

https://www.tinyurl.com/teenvideogamedays o llamar al 303.450.8844 para obtener más información.

Para obtener más información e inscribirse en programas de recreación, llame al 303.450.8800 o visite www.northglenn.org/registration.



# "LITTLE LIGHTNING" CHEER CLINIC







Colorado Lightning Cheer is excited to offer our Cheer Clinic for Pre-School thru Elementary School age kids. Kids will learn basic cheer, stunting and tumbling skills from our Coaches and Level 2 Athletes. Athletes should wear athletic clothes and shoes, and will be supplied a Clinic Shirt and Cheer bow.

\$65 PER ATHLETE

**MARCH 22 FROM 9 AM TO 11:30 AM** 

475 W. 115th Ave, Northglenn, CO 80234

THESE MATERIALS ARE
NEITHER SPONSORED NOR
ENDORSED BY THE ADAMS
12 FIVE STAR SCHOOLS, ITS
BOARD, THE
SUPERINTENDENT, OR THIS
SCHOOL.

PLEASE
REGISTER
HERE
BY 3/15
CLACHEER.COM





### **GIFT VOUCHER**



### ONE MONTH MEMBERSHIP

Call us or email info@peakmartialartsacademy.com to redeem your voucher!

Good for up to five family members from the same household.

Valid for new students only. Expires 5/31/2025.

THORNTON CAMPUS
12421 WASHINGTON ST
THORNTON, CO 80241
124TH & WASHINGTON
(303) 453-1200

REUNION CAMPUS
18240 E 104TH AVE
COMMERCE CITY, CO 80022
104TH & TOWER
(720) 459-7344

WWW.PEAKMARTIALARTSACADEMY.COM

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12920 Lowell Blvd, Broomfield (303) 536-1318 codeninjas.com/co-broomfield

# NO SCHOOL, ALL COOL

Ignite curiosity and creativity! Our day camps offer unforgettable adventures in immersive worlds, exciting robotic challenges and hands-on STEM experiences. Perfect for kids aged 5 to 14, these camps are designed for learning, innovation and endless fun!



Themed week-long camps, with full and half-day options, over entire 2025 summer.

School break camps, with full-week or daily options, March 31<sup>st</sup> – April 4<sup>th</sup>.



THESE MATERIALS ARE NEITHER SPONSORED NOR ENDORSED BY THE ADAMS 12 FIVE STAR SCHOOLS, ITS BOARD, THE SUPERINTENDENT, OR THIS SCHOOL.



# YOU ARE INVITED TO JOIN 4-H!



These materials are neither sponsored nor endorsed by Adams 12 Five Star Schools, its Board, the Superintendent, or this school.



#### What is 4-H?

4-H is America's largest youth development organization. We empower young people to reach their full potential by working and learning in partnership with caring adults.

#### "Learn By Doing"









#### Why 4-H?

4-H provides opportunities for young people. In 4-H, youth:

- Gain knowledge while exploring their creative talents.
- Learn problem-solving and decision-making skills.
- Practice positive attitudes and develop self-worth.

#### What do 4-H members do?

- Explore long-term, hands-on projects.
- Work with other youth and adults to set and reach goals.
- Attend 4-H camps, conferences, and events such as the Adams County Fair, where youth exhibit their projects.
- Serve their communities.

There are many opportunities for new families to get involved in 4-H and explore the many projects we offer. Check out our website at adams4H.org or contact us at jhurdelbrink@adcogov.org.

#### **4-H Projects**

Members choose projects to explore over the 4-H year. Adult volunteers guide youths' learning.

#### **Project Examples:**

- Rocketry & Robotics
- Cooking & Baking
- Sewing & Fashion
- Archery & Shooting Sports
- Animal Husbandry
- Gardenina





Archery and Shooting Sport

https://col.st/0WMJA





### **iLOS INVITAMOS A UNIRSE A 4-H!**



Estos materiales no son patrocinados ni respaldados por Adams 12 Five Star Schools, su Junta Educativa, el Superintendente, o esta escuela



#### ¿Qué es 4-H?

4-H es la organización de desarrollo juvenil más grande de Estados Unidos. Empoderamos a los jóvenes para alcanzar su potencial trabajando y aprendiendo en colaboración con adultos responsables.

#### "Aprender haciendo"









#### ¿Por qué 4-H?

4-H brinda oportunidades para los jóvenes. En 4-H, los jóvenes:

- Obtienen conocimientos mientras exploran sus talentos creativos,
- Aprenden habilidades de resolución de problemas y toma de decisiones.
- Practican actitudes positivas y desarrollan autoestima.

#### ¿Qué hacen los miembros de 4-H?

- Exploran proyectos prácticos a largo plazo.
- Trabajan con otros jóvenes y adultos para fijar y lograr objetivos.
- Asisten a campamentos, conferencias y eventos de 4-H, como la
- Feria del Condado de Adams, donde los jóvenes exhiben sus proyectos.
- Atienen a sus comunidades.

### **GRATIS** ¡Únase a 4-H hoy mismo gratis!

Existen muchas oportunidades para las nuevas familias de participar en 4-H y explorar los diversos proyectos que ofrecemos. ¡Este año la inscripción es gratuita! Consulte nuestro sitio web adams4H.org o contáctenos a jhurdelbrink@adcogov.org.

#### Proyectos de 4-H

Los miembros elijen proyectos para explorar durante el año de 4-H.

Ejemplos de proyectos:

- Crianza de animales

Horticultura Fotografía













i9 Sports® is the nation's largest multi-sport provider focused solely on high-quality, community-based youth sports programs. We offer youth sports leagues, for kids ages three and up in today's most popular sports! We are committed to providing age-appropriate instruction, making sports fun for kids, and convenient for today's busy families.

### **Why Choose i9 Sports?**







SPORTSMANSHIP VALUES EVERY WEEK



CONVENIENT FOR BUSY FAMILIES



SAFETY IS OUR PRIORITY

- Co-Ed & All-Girls Leagues!
- Age-appropriate instruction for each division.
- Volunteer Coaches are background checked and Certified
- All skill levels are welcome. No tryouts!
- One day per week! Practice is held before the game
- Sportsmanship values are taught and recognized.
- Saturday & Sunday Leagues!
- No additional fees after registration.
- Jersey Is Included!

#### **Spring Season Starts March 29th!**



SCAN FOR MORE INFO







i9 Sports® es el proveedor de deportes múltiples más grande del país, enfocado exclusivamente en programas deportivos comunitarios de alta calidad para jóvenes. Ofrecemos ligas deportivas para jóvenes, para niños de tres años en adelante, en los deportes más populares de la actualidad. Nos comprometemos a brindar instrucción apropiada para cada edad, hacer que los deportes sean divertidos para los niños y convenientes para las familias ocupadas de hoy.

### ¿Por qué elegir i9 Sports?









Mentalidad de diversión ante todo Valores deportivos enseñados Conveniente para familias ocupadas

La seguridad es nuestra prioridad

Ligas mixtas y solo para niñas.

- Instrucción apropiada para cada edad en cada división.
- Se verifican los antecedentes de los entrenadores voluntarios y están certificados.
- Se aceptan jugadores de todos los niveles. ¡No se hacen pruebas!
- ¡Un día por semana! Se realizan prácticas antes del partido.
- Se enseñan y reconocen los valores del espíritu deportivo.
- ¡Ligas los sábados y domingos!
- No hay cargos adicionales después de la inscripción.
- ¡La camiseta está incluida!

#### iLa temporada de primavera comienza el 29 de marzo!



SCAN FOR MORE INFO







# In a car accident?

We treat motor vehicle accidents, 7 days a week.





#### **Urgent Care Services**

If you suffer a non-life-threatening auto accident injury, you can get treatment at an urgent care instead of the ER. We treat motor vehicle accidents at all of our Denver metro clinics, 7 days a week.

#### **Accident Services**

- Injury Evaluation & Care
- Pain Management
- Concussion Treatment
- X-Rays

#### Medical Partnership

Guardian Medical is a Coloradobased medical practice that specializes in auto accident and pedestrian injuries.

We partner with Guardian Medical to offer follow-up visits with their providers. Learn more at guardianmedicalmd.com.





M-Sa: 8am-7pm Sun: 8am-6pm

#### Weekend & Evening Hours

Visit advurgent.com to find the nearest clinic. Walk-in or pre-register online today.

**Get Started** 



# ¿En un auto accidente?

Tratamos accidentes automovilísticos, los 7 días de la semana.

Visita Ahora



#### **Urgent Care**

Si sufre una lesión por accidente automovilístico que no pone en peligro su vida, puede recibir tratamiento en un centro de atención de urgencia en lugar de en la sala de emergencias. Tratamos accidentes automovilísticos en todas nuestras clínicas metropolitanas de Denver, los 7 días de la semana.

#### Servicios de Accidentes

- Evaluación y Atención de Lesiones
- Manejo del Dolor
- Cuidado de Conmoción Cerebral
- Rayos X

#### Asociación Médica

Guardian Medical es una práctica médica con sede en Colorado que se especializa en accidentes automovilísticos y lesiones de peatones.

Nos asociamos con Guardian Medical para ofrecer visitas de seguimiento con sus proveedores. Obtenga más información en quardianmedicalmd.com.





M-Sa: 8am-7pm Sun: 8am-6pm

#### Horarios de Fin de Semana y Tarde

Visite advurgent.com para encontrar la clínica más cercana. Preséntate o preinscríbete en línea hoy.

**Empezar** 

CHALLENGER
SPORTS\*\*

# FOUNDATIONAL SKILLS GAMPS

IGNITE THE PASSION



DON'T MISS OUT! SIGN UP FOR CAMP NOW TO SAVE \$

DISCOUNTS UP TO \$30 ON SOME SESSIONS

+ UNLOCK EXCLUSIVE MERCHANDISE SAVINGS

### **JOIN US IN 2025!**

Camps for all ages and ability levels across North America with international and professional staff.







Established Curriculum



Best-In-Class Safety & Care



Value & Affordability



Innovative Programming



#### **Challenger Sports International Soccer Camp**

Location Amherst Park, 13085 Pecos St, Westminster CO 80234

**Date:** June 23rd - 27th, 2025





Program	Ages	Time	<b>Early Bird Price</b>
TinyTykes	3 - 5	8.00am - 8.45am	\$114 <del>\$134</del>
Half Day AM	5 - 14	9.00am - 12.00pm	\$193 <del>\$223</del>
Half Day PM	5 - 14	1.00pm - 4.00pm	\$153 <del>\$183</del>



Get in touch regarding this camp: **Email**: camps@challengersports.com **Phone**: +1-844-674-8404 These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.

### "In Just Two Classes, Watch Me Boost Your Child's Confidence, Energy And Spirit. . . Until He Or She Becomes <u>Unstoppable!</u>

Powerful, self control, improved focus, fearless self confidence. Give them to your child for only a \$59 donation to Children's Hospital – with no strings attached).

Face it. It's a scary world out there. Especially for our kids. Each day we ask our children to face challenges unheard of just a few short years ago. Too many overcrowded classrooms. Increased peer pressure. Violence. All topped off with a cynical attitude in our communities that can drag down even the most optimistic Child.

Even when we've managed to make our children *physically* safe, we have this gnawing fear they remain unsafe *mentally*. We worry about their self-image. We ask ourselves, "Are they losing that wonderful, positive outlook they had when they were younger?"

Now you know why I'm here. I have an important message: It doesn't have to be this way. A solution exists, and it's easier than you think.

I'm Stephen Oliver, founder of Stephen Oliver's Mile High Karate. I've been teaching martial arts to families like yours in the Denver area for nearly twenty years.

So what would you think if I told you I could boost your child's levels of confidence, energy and spirit? So much so, he (or she) would become unstoppable! Unstoppable in his pursuit of:

- > Academic achievement
- ➤ High self esteem

#### > A fit, healthy lifestyle

Too good to be true? With what I know, not only will your child want to achieve these powerful qualities, I can <u>guarantee</u> it!

First off, as with any karate training, I teach your child to protect herself. (Though not in the hard-core violent way you see in the movies or on television.) For example, <u>I teach</u>:

- ➤ <u>Self-defense strategies</u> on how to avoid dangerous people and situations.
- ➤ <u>Conflict resolution techniques</u> that allow your child to live and interact with others in peace and harmony.
- ➤ A simple, but overlooked skill that is guaranteed to stop your child from losing his confidence. I'm talking about the most important factor that stops your child from being. . bullied.

#### But get this: I'll be teaching your child the "anti-bullying" skill in the very first lesson.

You think I'm offering "just another self-defense course"? You think karate won't work for your child? Think again.

In fact, I'm giving your child skills that

will EMPOWER her, giving her all that it takes to become a TOP PERFORMER.

Skills like Goal Setting, Self Control, Self Discipline. He'll gain a level of self confidence that will make him truly unstoppable!

I know you have this suspicion I'm over-promising just to get you to come in. I understand. Except, you may be living under a false idea. You may think high achievers are just born that way. Let me tell you, they're not. They're made. Here's

#### **What Parents Are Saying**

"After starting Karate, Megan developed the attitude that she would not be held back due to age or size. During 3rd grade, Megan went from reading just below grade level to reading above it within a few short months. I truly think that the confidence she fine tuned with Mile High Karate helped her to achieve this goal." Tawnya Bennett, Jr. Buyer at Metro Wastewater, Westminster, CO

"We were looking for something to keep our son from beating up his sister. Thanks to Stephen Oliver's Mile High Karate, he's now a model student; he won't hit anyone. His teacher can't say enough good things about his behavior. He's become a leader in class."

Stan & Laurie McKinnon, Highlands Ranch

"Right away, my boy started taking pride in what he was doing. He loved getting control of his body physically and emotionally. He also got frustrated easily. Now he can tame his frustration and be glad about it." Lorenzo Trujillo, Ph.D., J.D., Arvada

"My son, Nick, started when he was 7 years old. Now he's 18, a 3rd Degree Black Belt and Senior Instructor. I am continually amazed at the tremendously positive effect that Mile High Karate has had on his confidence, self esteem, and self direction. He now is a tremendous public speaker and has confidence in front of large and small audiences." Ron French, Littleton

how:

- 1. **Powerful Self Control.** Your child will learn to follow rules and resist negative peer pressure, almost without thinking.
- 2. **Improved Focus.** Your child will develop powerful listening habits. Once she's learned whats needed, she'll have the skill to "zero in on" a given task, unaffected by distractions.

#### 3. Fearless Self Cofidence.

Your child will have the courage to open any door life has to offer – all without fear!

Maybe your experience as a parent tells you it takes years to develop these wonderful assets. I sympathize. It's just that, from my own experience, you'll find your child benefiting from my training right from the word go – in the very first lessons, in fact.

Granted, right now, you don't know that. You only have my word to go on. (And maybe my students' – *see box*). You're asking me, "How can I know for sure your program will work for my child?"

Well, that's why I'm giving you 5 weeks of classes for just \$59 donation (With no strings attached.) You'll never find it easier to find out. See for yourself if, in fact, I can deliver the powerful benefits promised in this letter

HERE'S HOW IT WORKS. Your child will attend the 8+ classes in a month. He'll be assigned to one of my head instructors for your area school, she is a highly trained teacher (And yes, all my teachers are "certified instructors". Better yet, all are schooled in ancient ways of the Martial Arts; each is deeply imbued with mentoring, respect and the power of example.)

**CLASS 1.** See your child learn first hand: The 4 laws of concentration along with "The 6 Points of Body Balance." Plus, the first principle of the STUDENT CREED: "I Develop Myself Physically and Mentally, Based on the Mile High Karate Spirit!"

CLASS 2. "The 4 Self-Defense Techniques Every Child Should Know." Followed by more instruction in the STUDENT CREED: "I Achieve My Fullest Potential by Developing Knowledge, Honesty, and Strength!"

Believe me, your child will come away with more confidence than you thought possible. Not just in how she feels. She'll actually end up with "real life skills." Skills that can be applied right now, today. All while enjoying the fun and excitement of an upbeat Martial Arts program. And it's all only a \$59 donation to Children's Hospital! You have absolutely no risk.

To schedule your child's class – Make a check payable to Children's Hospital for \$59 and call **303-280-1839** for you first class.

If you're among the first 10 to register – I'll give your child the following free:

- 1. "How to Improve Yourself" Vid success skills for elementary students.
  - 2. "In their Own Words"
- 3. A special introductory offer including a \$59 uniform at no charge when your child chooses to continue his martial arts training.



#### Stephen Oliver, MBA

9th Degree Black Belt Master Instructor

Questions? Call/Text 303-280-1839

These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, The Board, it's Superintendent, or this School

# Confidence is the Greatest Gift You Can Give Your Child

As a Parent you prepare your child for school the best you can every day. But, what do you do about developing the confidence to ask and answer questions?

What about the self-control it takes for your child to raise their hand in school? How about the discipline to focus, concentrate, and learn at their maximum potential? Are these traits being adequately developed in school?

# MILE HIGH KARATE WILL HELP DEVELOP CONFIDENCE, FOCUS, DISCIPLINE AND MUCH MORE...

Mile High Karate works hand in hand with a child's school work, providing improved self discipline, self-confidence, mental alertness, and goal-setting skills.

Parents have attributed our program with improved grades as a direct result of the increased achievement, motivation, self direction, and self-confidence provided by this program.

Mile High Karate's instructors work with school teachers and parents to insure a well balanced and focused development process for each child.

Located at 3979 E 120th Ave Thornton, Co 80233 NW Corner of 120th and Colo. Blvd.

For more information or a Free Report on how to instill unstoppable self confidence, powerful self discipline habits, and laser beam focus go to <a href="https://www.freekarate.com">www.freekarate.com</a>



5 WEEK COURSE for

#### Only \$59.00 Donation

Make Checks payable to The Children's Hospital

CALL TODAY 303-280-1839

When you call right away, we will also include an official uniform!

(49 value Free of charge)







### 4-8 YEAR OLD BOYS AND GIRLS

#### April 7th - May 16th

- SOCCER SPECIFIC TRAINING
- PLAY WITH FRIENDS OR MAKE NEW ONES!
- 2 GAMES PER WEEK
- MAXIMUM EXPOSURE TO PLAYER DEVELOPMENT ON THE BALL
- 3v3 / 4v4 Format

For more information please contact

Omar Pimentel - opimentel@coloradorush.com

(720)326-0087

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SCAN ME







#### at Stellar







Jurassic Park LEGO® Step into the prehistoric world of Isla Nublar, constructing iconic scenes from raptor escapes to dino discoveries, and learn the secrets of these ancient creatures. This class isn't just about building; it's about embracing the thrill of adventure and the spirit of discovery. Join us for a roaring good time as we navigate challenges, outsmart the dinos, and create our own Jurassic Park tales!

#### **LEGO® Teaches**

- · Fine Motor Skills
- · Spatial Awareness
- Experimentation
- · Constructive Planning
  - Teamwork
  - Concentration

DAY	TIME	LOCATION	GRADES
DAT	ITIVIE	LOCATION	GRADES

Thursday 2:45 PM A203 K-5th to 3:45 PM

DATES SKIP DATES FEES

Early Spring: Early Spring: Early Spring:

03/20 to 05/15 4/3 \$120

#### **REGISTER HERE**

(OR VISIT STRATEGICKIDS.COM)





(720) 402-7758



Denver@StrategicKids.com



@strategic.kids



@strategickids



#### Colorado Legends Basketball

17 years of Quality basketball

#### Summer Camp 2025

All ages, Boys & Girls
Tuesdays and Thursdays
June 3<sup>rd</sup> thru July 31<sup>st</sup>, 2025
No Camp on July 3<sup>rd</sup>

7am-4pm

Located at Rocky Top and Shadow Ridge MS

For all levels of skill!!

Visit our website www.colegends.com

For more info call 720-988-8936 Or email <u>info@colegends.com</u>

These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.



#### Colorado Legends Basketball

17 years of Quality basketball

#### Spring/Summer Tryouts 2025

3<sup>rd</sup>-12<sup>th</sup> Boys & Girls Wednesday March 5<sup>th</sup>, 2025

> 3-5<sup>th</sup> Grade 6-7pm 6-8<sup>th</sup> Grade 7-8pm HS Players 8-9pm

> > **Rocky Top MS**

For all levels of skill!!

Visit our website www.colegends.com

For more info call 720-988-8936 Or email <u>info@colegends.com</u>

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# BASEBALL is on the horizon... Join North Metro Little League for the 2025 season

# For more information & to sign up <a href="mailto:nmll.org">nmll.org</a>

Kids ages 4-12 are eligible to play Registration is closing soon

Note: These fees are only valid for the 2025 season. These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.

# PARKS & REC PRESS



Join us for our Seasonal Job Fair on Wednesday,
March 12, at the Northglenn Recreation Center!
We're offering on-the-spot interviews and easy
application access with onsite computers.
Please make sure to bring a photo I.D.
Date: Wednesday, March 12
Time: 3 – 7 p.m.

Location: Northglenn Recreation Center, 1 E. Memorial Parkway (Poolside Classroom)

Looking to become a lifeguard? Bring a swimsuit and towel to complete a swim test as part of the interview process.

Don't miss out on this opportunity to land a fun and rewarding summer job! Apply by scanning the QR Code or going to the link below.



Job Listings

www.northglenn.org/recjobs







# SWIM LESSON REGISTRATION

Want to improve your swimming skills? Register for our upcoming swim lessons for April! Swim lessons happen on a monthly basis! Registration for April swim lessons start March 19 for residents, and March 26 for non-residents. To see the most up-to-date swim registration schedule go to www.northglenn.org/aquatics or call 303.450.4017

# CARA VOLLEYBALL



The City of Northglenn partners with the Colorado Association of Recreational Athletics (CARA) to offer both fall and spring volleyball opportunities. Teams are divided up based on grade level, grades 2-4, 5 and 6, and 7 and 8. Each team competes against other recreation agencies. Participants practice twice a week, and teams practice on Mondays and Wednesday or Tuesdays and Thursdays. Seasons consist of 2 to 3 Saturday tournaments which are held at different locations in the Denver Metro area. Fee is \$85 for residents and \$102 for non-residents.

Practice Schedules:

- 2nd-4th Grade: Mondays & Wednesdays | March 10 May 17 |
   4:30 PM 5:30 PM
- 5th & 6th Grade: Tuesdays & Thursdays | March 11 May 17 | 4:30 PM 5:45 PM
- 7th & 8th Grade: Tuesdays & Thursdays | March 11 May 17 |
   4:30 PM 5:45 PM

Register at https://www.tinyurl.com/CARAVolleyball or call 303.450.8928 for more information.

# WEIGHT ROOM ORIENTATION

Looking to get into weightlifting?

Join us for a Weight Room Orientation on Friday, March 7 and April 4 from 9:30 - 10:30 a.m. at the Northglenn Recreation Center. Our weight room offers many different pieces of workout equipment and resources for teens ages 14+. If you are new to the weight room or to the Northglenn Recreation Center, we invite you to enroll in one of our FREE group weight room orientations. To register for weight room orientation call 303.450.8911 or go to

https://www.tinyurl.com/weightroomorientation



# ADULT NIGHT OUT

Need a night out to go shop, go out for dinner, or run some errands? Take advantage of our Adult Night Out Program where you can drop your kids off in a safe, clean, environment at the Northglenn Recreation Center! Children can explore the indoor playground and engage in creative activities in the children's classroom where they can make crafts, play games, and enjoy delicious pizza. Ages 3- 11. Our upcoming Adult Night Out programs are happening on March 20 and April 24 from 5:30 - 8:00 p.m.

Sign-up now at https://www.tinyurl.com/childrenactivities or by scanning the QR code







Does your teen love to play video games?
Level up your video game experience at the Northglenn
Recreation Center. Our upcoming Video Game Days are March
8 and April 12 in the Poolside Classroom. Compete for epic
prizes and play video games on our gaming laptops, PS5, Xbox
S Series, and Nintendo Switch consoles. Ages 10-17. Don't miss
your chance to game, connect, and win big! Having your own
account to log into systems is encouraged, but not required.

You can register now at

https://www.tinyurl.com/teenvideogamedays or call 303.450.8844 for more information.

For more information and to register for recreation programs, call 303.450.8800 or visit www.northglenn.org/registration.





3/31-

4/4

# SPRING BREAK CAMP ACTIVITIES

FULL WEEK AND SINGLE DAYS AVAILABLE!

Ages 5-12 years

MARTIAL ARTS, TUMBLING, SPORTS, STEM ACTIVITIES, ARTS AND CRAFTS, GAGA BALL, GAMES, AND MORE!



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