

Period 1	7:45 - 9:20
Break	9:20 - 9:30
Period 3	9:35 -11:05
Lunch	11:05 - 11:35
Period 5	11:40 - 1:10
Period 7	1:15 - 2:45

Good Morning CMS!! Today we will be following an ODDS ONLY Block Schedule to accommodate our Benchmark ELA Writing Assessments. After 1st period, we will enjoy a 10-minute break before 3rd period begins. When lunch is over, you will head to 5th, then 7th period.

Tomorrow will be an EVENS ONLY Block Schedule, so you'll start in 2nd period when you arrive to school.

DO YOUR BEST CMS!

March is Women's History Month. We celebrate Women's History Month to honor the amazing contributions women have made throughout history, in areas like science, politics, art, and more. It's a time to recognize their achievements and inspire everyone to keep working toward equality and empowerment for all. By learning about these trailblazing women, we can better understand the world and make it a more inclusive place. Each day for the month of March, we will honor historical women by reading an inspiring quotation in the bulletin.

Today's Women's History Month quote comes from Dolly Parton, singer, songwriter and philanthropist when she said, "Find out who you are and do it on purpose."

Spring Sports continue today:

Wrestlers practice in the gym from 3:15-5:00pm

Pennis tryouts will be held today on the tennis courts from 3:15 - 6:00 pm.

TIF You are trying out for Golf, and your last name begins with A − L, meet your coaches today at Carmel Valley Ranch from 3:30-4:30. If your last name begins with M − Z, meet your coaches at Carmel Valley Ranch on Thursday from 3:30-4:30. Good luck to all!

Do you love acting, filmmaking, or the thrill of the red carpet? The CMS Student Film Festival is officially launching! Join Mrs. Jeffries in the Library this Thursday at lunch for our Genre Drawing and to learn about the key elements of making a great film. Want more details? Ask your librarians about this exciting event!

The 2025 CMS e-Sports Tournament starts next week! Players will fight it out in Super Smash Bros. Ultimate to determine the 2025 CMS e-Sports champion. Sign up today on the e-Sport Google Classroom -- the join code is available in the library or on the CMS library web site. Play begins on Monday and sign-ups close on Thursday at lunch.

In the 7th Grade WiffleBall Tournament, the *Steely Bananas* and the *Abate Purple Minions* went toe to toe yesterday and had a back-and-forth battle that left the score tied 5 to 5 going into the top of the fifth inning. The Bananas used their methodic tactical base running to take the lead and pull ahead with the win by a score of 7-5. Great game by all. Today, the *Cheerio Eating Blue Bullfrogs* take on the *Glaziertiniez Gogginsez* at Wiffler Park.

Other Lunch Time Activities:

The Be Yourself Club will meet today in Mrs. Krislyn's Room D7 during lunch

Science Olympians meet in Mr. Guzzi's room today for our Science Olympiad meeting.

Today's Menus: Breakfast: a Blueberry Bar, Banana Bread, and Reduced-Sugar Trix Cereal. Lunch: Orange Chicken w/rice, Hamburger, Grilled Cheese, or a Yogurt Parfait w/ Granola.

