

Breakfast Menu

Suffern Central Elementary

March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM



Monday



Tuesday




Wednesday

Thursday

Friday



3 Blueberry Muffin 
Cinnamon Toast
Crunch Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine 
Red. Sugar Cocoa
Puffs Cereal 



4 Bacon, Egg and Cheese Breakfast Sandwich 
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine


5 WG Donut 
Apple Cinnamon Cheerios Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine
Red. Sugar Cocoa
Puffs Cereal 

6 Egg and Cheese Sandwich 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

7 Brown Sugar Cinnamon Pop Tart
Cheerios Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine
Red. Sugar Cocoa
Puffs Cereal 

10 Graham Crackers
Red. Sugar Cocoa Puffs Cereal 
Mini Cinnamon Pull Apart Roll 
Corn Flakes Cereal 
Fresh Orange
Apple Juice



11 Bacon, Egg and Cheese Breakfast Sandwich 
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

12 Whole Grain French Toast Slices 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh NY Local Apple
100% Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

13 Egg and Cheese Sandwich 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

14 WG Donut 
Apple Cinnamon Cheerios Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine
Red. Sugar Cocoa
Puffs Cereal 

17 Strawberry Pop Tart
Red. Sugar Cocoa Puffs Cereal 
Graham Crackers
Fresh Orange
Apple Juice



18 Bacon, Egg and Cheese Breakfast Sandwich 
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine



19 Graham Crackers
Red. Sugar Cocoa Puffs Cereal 
Apple Cinnamon Cheerios Cereal 
WG Donut 
Fresh NY Local Apple
100% Orange
Tangerine

20 Egg and Cheese Sandwich 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

21 Mini Cinnamon Pull Apart Roll 
Corn Flakes Cereal 
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

24 Blueberry Muffin 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine
Red. Sugar Cocoa
Puffs Cereal 

25 Bacon, Egg and Cheese Breakfast Sandwich 
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

26 Bacon, Egg and Cheese Breakfast Sandwich 
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

27 Egg and Cheese Sandwich 
Cinnamon Toast Crunch Cereal 
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa
Puffs Cereal 

28 WW Honey Bun 
Red. Sugar Cocoa Puffs Cereal 
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

31 Strawberry Pop Tart
Red. Sugar Froot Loops Cereal 
Graham Crackers
Fresh NY Local Apple
Orange Juice
Red. Sugar Cocoa
Puffs Cereal 

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All grains listed are whole wheat or whole grain
Choice of Milk: 1% or Fat Free White Milk

Available Daily

Assorted Red. Sugar Cereals, Muffins, Bagels w/ cream cheese or butter
Fresh Fruit (Sliced Apples, Bananas and/or Orange Wedges)

If you have any questions regarding this menu please contact your Food Service Director

Janet Ginocchio @ iginocchio1@sufferncentral.org

