

APRIL ALLERGEN-AWARE BREAKFAST & LUNCH MENU

Menu Details:

- Approved breakfast cereals: Cheerios, Multigrain Cheerios, Cinnamon Chex, Corn Chex,
- The approved milk substitute or cow's milk depending on food allergies is offered with each meal. Water is available with all meals.
- A variety of fruits, including local apple, offered daily with all entrees
- "V" indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

Field Trip Meal:

Turkey & Cheese Sandwich
Paradise Punch Vegetable Juice
Fruit
Milk or Milk Substitute or Water

Scan the QR code to
access nutrition
information, allergen
information, and
specific fruit offerings



Did You Know?

Breakfast and Lunch are **FREE** for all students
Menu is subject to change
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	2 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	3 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo With Broccoli Fruit	4 Breakfast: Cereal (Up To 2) Fruit Lunch: Southwest Chicken & Rice Bowl Fruit
7 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	8 Breakfast: Cereal (Up To 2) Fruit Lunch: Beef & Pea Pods Over Rice Fruit	9 Breakfast: Cereal (Up To 2) Fruit Lunch: Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Fruit	10 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	11 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo ^V With Broccoli Fruit
14 Breakfast: Cereal (Up To 2) Fruit Lunch: Zing Zing Chicken With Mixed Vegetables Over Rice Fruit	15 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	16 Breakfast: Cereal (Up To 2) Fruit Lunch: Cottage Pie Fruit	17 Breakfast: Cereal (Up To 2) Fruit Lunch: Cheezy Alfredo With Broccoli Fruit	18 NO SCHOOL
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Breakfast: Cereal (Up To 2) Fruit Lunch: Chicken Alfredo Rotini With Broccoli Fruit	29 Breakfast: Cereal (Up To 2) Fruit Lunch: Beef & Pea Pods Over Rice Fruit	30 Breakfast: Cereal (Up To 2) Fruit Lunch: Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Fruit		

APRIL ALLERGEN-AWARE AFTER SCHOOL MEALS MENU

Menu Details:

- The approved milk substitute or cow's milk depending on food allergies is offered with each meal. Water is available with all meals.
- “V” indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef & Pea Pods Over Rice LOCAL Apple	2 Chicken Alfredo Rotini With Broccoli Clementines	3 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	4 Cheezy Alfredo With Broccoli Banana
7 Cottage Pie Applesauce	8 Cheezy Alfredo ^V With Broccoli LOCAL Apple	9 Turkey & Cheese Sandwich Paradise Punch Vegetable Juice Clementines	10 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	11 Beef & Pea Pods Over Rice Banana
14 Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Applesauce	15 Beef & Pea Pods Over Rice LOCAL Apple	16 Chicken Alfredo Rotini With Broccoli Clementines	17 Zing Zing Chicken With Mixed Vegetables Over Rice Banana	18 NO SCHOOL
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Cottage Pie Applesauce	29 Cheezy Alfredo ^V With Broccoli LOCAL Apple	30 Turkey & Cheese Sandwich Paradise Punch Vegetable Juice Clementines		