

MARCH

ALLERGEN-AWARE BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>24 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Chicken Alfredo Rotini With Broccoli Fruit</p>	<p>25 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Beef & Pea Pods Over Rice Fruit</p>	<p>26 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Fruit</p>	<p>27 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Cottage Pie Fruit</p>	<p>28 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Cheezy Alfredo^V With Broccoli Fruit</p>
<p>31 Breakfast: Cereal (Up To 2) Fruit</p> <p>Lunch: Zing Zing Chicken With Mixed Vegetables Over Rice Fruit</p>				

Menu Details:

- Approved breakfast cereals: Cheerios, Multigrain Cheerios, Cinnamon Chex, Corn Chex,
- The approved milk substitute or cow's milk depending on food allergies is offered with each meal. Water is available with all meals.
- A variety of fruits, including local apple, offered daily with all entrees
- “V” indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

Field Trip Meal:

Turkey & Cheese Sandwich
Paradise Punch Vegetable Juice
Fruit
Milk or Milk Substitute or Water

Scan the QR code to
access nutrition
information, allergen
information, and
specific fruit offerings



Did You Know?

Breakfast and Lunch are **FREE** for all students
Menu is subject to change
This institution is an equal opportunity provider

MARCH ALLERGEN-AWARE AFTER SCHOOL MEALS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
24 Cottage Pie Orange	25 Cheezy Alfredo ^V With Broccoli Clementines	26 Turkey & Cheese Sandwich Paradise Punch Vegetable Juice LOCAL Apple	27 Zing Zing Chicken With Mixed Vegetables Over Rice Pear	28 Beef & Pea Pods Over Rice Banana
31 Fiesta Chicken Pasta With Sun-Dried Tomatoes, Peppers, And Onions Applesauce				

Menu Details:

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- “V” indicates vegetarian meal option
- Menu is Free of Top-9 Allergens

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