



**Harbor Country Day School**  
*Embracing the extraordinary in every child.™*

Dear 7th & 8th Grade Parents,

Our history trip to Philadelphia and Gettysburg is quickly approaching. Below you will find the details of our trip as well as an itinerary, packing list, **emergency contact form**, **permission to administer medication form**, and a **doctor's order form**. If you have any questions or concerns, please do not hesitate to contact me. All forms including emergency contact and medical forms as well as a **check for \$200** to cover the cost of the trip are due by **Monday, March 31, 2025**.

*If your child does not require medication, you **do not** need to fill out the medical forms, but **please fill out the emergency contact forms**.*

Thank you,  
Nicole Fotis

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**Cost- \$200 due Monday, March 31, 2025.** *\*If your child does not attend this trip they will be given an alternative history assignment to complete at home.*

**Departure: 4/9/25 (Wednesday)**

**The bus will depart promptly at 7:00**

Please arrive no later than **6:45 a.m.** so luggage can be packed onto the bus. The meeting area is TBD depending on construction.

**Return: 4/11/25 (Friday)**

**ETA 6:30-7:00 p.m.**

Students will call parents from the bus with updates and Harbor will send updates periodically via email. Please be waiting in the back parking lot for pick up (Please note that we cannot predict what traffic will be upon our return therefore ETA may change at any time).

**Transportation**

Coachman Luxury Transport (*with a restroom*)

**Chaperones**

Nicole Fotis, Ralph Pepe, Rachel Weir

**Hotel**

Embassy Suites by Hilton Philadelphia Airport  
9000 Bartram Avenue, Philadelphia, Pennsylvania, 19153

**Phone:**

215-365-4500

## **Harbor History Trip Itinerary**

### **Wednesday 4/9**

- 6:45 Students Arrive at Harbor
- 7:15 Bus will promptly depart Harbor Country Day School
- 9:00 Bagel breakfast on the bus
- 11:20 Arrive in Philadelphia, meet tour director
- 11:30 Museum of American Revolution: George Washington's War Tent film
- 11:50 Museum of American Revolution: interactive guided tour (15-20/guide)
- 1:10 Security Checkpoint: Congress Hall + Great Essentials Exhibit
- 1:40 Independence Hall guided tour
- 4:00 Liberty Bell: Pavilion walking tour, incl. The President's House Memorial
- 5:30 Philly Gourmet: Nut-Free/cheese stk burger, chk. fingers w/fries, drink (gluten-free + veg opts)
- 7:00 Second Story Tours: Tales of the Macabre and Gruesome (1 hour tour)
- 8:45 Embassy Suites Philadelphia Airport: Check In

### **Thursday 4/10**

- 7:30 Embassy Suites Philadelphia Airport: Full American breakfast buffet
- 8:30 Board bus: depart for Gettysburg
- 11:30 Tommy's Pizza
- 12:30 Gettysburg National Battlefield: arrival at Museum and Visitor Center
- 12:45 Gettysburg National Battlefield: Cyclorama, Film and Museum Experience
- 2:00 Gettysburg National Battlefield: Licensed battlefield guided tour (1 1/2 hr tour)
- 3:45 Shopping: shop and browse
- 5:00 Dobbin House Tavern
- 6:15 Board bus: return to the hotel
- 9:00 Arrive at the hotel: return to our rooms for the evening

### **Friday 4/11**

- 7:00 Embassy Suites Philadelphia Airport: Full American breakfast buffet
- 07:45 Embassy Suites Philadelphia Airport: Check Out
- 08:00 Board bus: depart the hotel
- 09:15 Eastern State Penitentiary: Guided Tour
- 10:45 Rocky Steps (Phila Museum of Art): Climb the famous stairs
- 11:30 National Constitution Center: Freedom Rising program plus exhibits
- 1:00 Hard Rock Cafe: Bag Lunch on Bus
- 1:30 Board bus: depart for home; trip director(s) depart group
- 3:30 Rest stop: quick rest stop en route
- 5:30 Bus drop off at Harbor Country Day School

## Packing List

We will be doing quite a bit of walking, so please wear comfortable shoes. All clothing should be school-appropriate (Try to dress in layers).

- Sneakers
- Backpack
- *At least* three changes of clothes (the average high in April is 60 degrees and the low is 40 degrees, so pack accordingly)
- Coat, hat, and gloves for an evening walk
- Pajamas
- Bathing Suit (optional- if we have time to use the pool)
- Toiletries (toothbrush, toothpaste, deodorant, shower necessities, etc.)
- Sunscreen (we will be in the sun all day)
- Rain jacket and/or umbrella
- Reusable water bottle
- Spending money for souvenirs (optional)
- Snacks (optional-Will also bring snacks for students)

### Phone Policy:

- **Phones will be collected on the bus, please call the Harbor cell phone if you need to speak with your child at 631-432-3564. Please also make sure your child knows your phone number.**
- **Phones will be collected at bedtime, students will have a hotel phone in their room and a TV. Chaperones will be either across the hall or next door to students.**

During the day, phones *may* be used for the following:

- Calling or texting parents for a quick check-in or before bedtime.
- Taking photos during the trip if a chaperone gives permission.

Students may not take photos of other students or chaperones without their permission.

Students should not share any photos on social media or group texts.

Phones may **not** be used for the following:

- Posting photos on social media.

No student is permitted to post **any aspect** of this trip, including the bus ride, on social media during or after this trip.

- Using social media

No student should be accessing or using social media during the trip.

**Permission to Administer Medication**

Please complete and return to Ms. Fotis by **Monday, March 31, 2025**

***Medication will not be accepted on the day of departure.***

All medications and directions must be placed in a clear plastic bag with your child's name in a permanent marker on the bag. ***A doctor's order*** must be included for all medication, **including OTC medications**. You do not need to duplicate a doctor's order if the nurse already has a doctor's order.

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I acknowledge that while on the HCDS history field trip to Philadelphia, all of my child's medication will be held and administered by Ms. Nicole Fotis (girls) or Mr. Ralph Pepe (boys) **unless a self-administer form is completed by a physician (attached)**.

I have attached a doctor's order to this document.

If my child requires an EpiPen or inhaler, I will provide at least **ONE** for Ms. Fotis to hold (this one may be taken from the school nurse).

Student's Name \_\_\_\_\_

Medication/s \_\_\_\_\_

Additional Directions/Notes \_\_\_\_\_

Parent or Guardian's Name \_\_\_\_\_

Parent or Guardian's Signature \_\_\_\_\_

Date \_\_\_\_\_



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**Self-Administer Medication Release Form**

*OTC -Advil/Tylenol/allergy medications and prescription medications*

Medication Name \_\_\_\_\_

This is a request that (child's first and last name)

\_\_\_\_\_ be permitted to carry the medication listed above on his or her person as we consider him/her responsible. I assure the school that he/she has been instructed in and understands the purpose, appropriate method, and frequency of use. I assure the school that my child understands he/she may not give this medication to any other child.

We (guardian and physician) hereby acknowledge that we shall hold harmless the Harbor Country Day School and its personnel in the event of any illness or injury to the student caused by the improper administration of the medication or the student's failure to self-administer the medication, as instructed.

Physician's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_

**Emergency Contact Information**

**Please return by Monday, March 31, 2025**

Student Name \_\_\_\_\_

Parent /Guardian 1 Name \_\_\_\_\_

Home Number \_\_\_\_\_

Work Number \_\_\_\_\_

Cell Number \_\_\_\_\_

Parent /Guardian 2 Name \_\_\_\_\_

Home Number \_\_\_\_\_

Work Number \_\_\_\_\_

Cell Number \_\_\_\_\_

**In case of an emergency and you cannot be reached, please provide two additional contacts.**

1) Name \_\_\_\_\_

Relationship \_\_\_\_\_

Contact Information \_\_\_\_\_

2) Name \_\_\_\_\_

Relationship \_\_\_\_\_

Contact Information \_\_\_\_\_