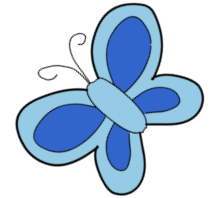


March Elementary Lunch



Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

All meals are served with 1% white milk or non-fat chocolate milk.

Contains:

- Beef (B)
- Chicken (C)
- Pork (P)
- Turkey (T)
- Fish (F)

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Drumstick (C) with a Waffle Black Bean Empanada with Salsa	4 Taco Pocket (T) with Salsa Cheese-Stuffed Bread Sticks with Marinara Cup	5 Orange Chicken (C) w/Brown Rice Sunbutter Sandwich w/Crackers and String Cheese	6 Pepperoni Pizza (B, T) Cheese Tamale	7 Chicken Tenders (C) with Crackers Bean & Cheese Dip with Tortilla Chips
10 Chicken Patty(C) on a Bun Cheese Quesadilla with Salsa	11 Hamburger (B) on a Bun Three Bean Chili w/ Tortilla Chips	12 Mini Corn Dogs (C) Mac & Cheese	13 Chicken Nuggets (C) with Crackers Veggie Egg Roll with Fried Rice	14 Yogurt, Muffin and String Cheese Grilled Cheese Sandwich <i>Fries for all</i>
17 Pork Ribbq (P) Sandwich Cheese Pizza Luck O' the Ice Cup	18 Mini Cheeseburger (B) Penne Pasta Alfredo	19 Hot Dog (T) on a Bun Cheese Enchiladas	20 Popcorn Chicken (C) with Crackers Bean & Cheese Burrito	21 Fish Sticks (F) with Fries Mozzarella Bites with Marinara
24 Chicken Drumstick (C) with a Waffle Black Bean Empanada with Salsa	25 Taco Pocket (T) with Salsa Cheese-Stuffed Bread Sticks with Marinara Cup	26 Orange Chicken (C) w/Brown Rice Sunbutter Sandwich w/Crackers and String Cheese	27 Pepperoni Pizza (B, T) Cheese Tamale	28 Chicken Tenders (C) with Crackers Bean & Cheese Dip with Tortilla Chips
31 Chicken Patty (C) on a Bun Cheese Quesadilla with Salsa Big Spoon Fruit Sorbet				

Menu Subject to Change Based on Product Availability

One lunch is NO COST for all students

Lunch includes an entrée, one trip to the garden bar and milk

Birthday cups at the end of the month!

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application online. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Food & Nutrition)