

2025 Parma High School Track and Field Schedule

Feb 28th, Friday, First day of practice

March 6th, Spike Night, Fleet Feet in Nampa

March 14th, Friday, Parma Ice Breaker

March 20th, Thursday, Ontario Ice Breaker

April 1st, Running the Middle School Meet

April 5th, Saturday, EOU Meet, Le Grande

April 8th, Tuesday, Tri-Meet vs. Fruitland and Marsing (Parma)

April 12th, Patriot Invite, Centennial High School (Qualifiers Only)

April 18th, Friday, Middleton Invite (Varsity Only)

April 25th, Friday, Homedale Invite

April 25th -26th, Bishop Kelly Invite (Qualifiers Only)

May 2nd, Friday, Lynn Behrman Invite (Parma)

May 8th and 9th, Districts (New Plymouth)

May 16th and 17th, State (Middleton)

Idaho Order of Running Events

3200m run

100/110 hurdles

4x200m relay

100m dash

800m run

4x100m relay

400m dash

300m hurdles

Medley relay

200m dash

1600m run

4x400m relay