

March Elementary Breakfast



Cold cereal and fresh apple slices offered daily.

Students must take a minimum of a half cup of fruit.

All meals are served with 1% white milk or non-fat chocolate milk.



Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini Bagel with Strawberry Cream Cheese	4 Honey Wheat Breakfast Bun	5 Scrambled Egg Frittata	6 Muffin Top	7 French Toast Sticks with Syrup
10 Pancake and Sausage on a Stick (P)	11 Mini Cinnamon Rolls	12 Waffles and Syrup	13 Apple Cinnamon Nada	14 Banana Bread
17 Caramel Mini Cinnamon Rolls	18 Yogurt and Muffin	19 Sausage Biscuit (B) Sandwich	20 Pancakes with Syrup	21 Breakfast Pizza Bagel (P)
24 Mini Bagel with Strawberry Cream Cheese	25 Honey Wheat Breakfast Bun	26 Scrambled Egg Frittata	27 Muffin Top	28 French Toast Sticks with Syrup
31 Pancake and Sausage on a Stick (P)		A selection of fresh fruit served with breakfast every day. Orange juice offered every Wednesday.		

Menu Subject to Change Based on Product Availability

Contains:
Beef (B)
Chicken (C)
Pork (P)
Turkey (T)

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application online. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Food & Nutrition)