









Too Sick For School?

When should a child stay home from school?

Keep your child home if...

-  They feel too unwell for normal daily activities.
-  They have yellow or green eye discharge.
-  Their temperature is 100°F or higher.
-  You suspect the flu, COVID-19, or other respiratory illness—they spread quickly!
-  They have a severe headache or migraine with fatigue and sensitivity to light.
-  A doctor suspects or diagnoses strep throat.
-  They have vomiting or diarrhea.
-  They have a new or unusual rash.

When can they return to school?

Fever, Cough, and Cold Symptoms

When fever-free for 24 hours without the use of anti-fever medications, and they feel better. This also applies to flu, COVID-19, and other Respiratory Illness.

Headache

If pain is manageable with medication.

Eye Discharge

After using antibiotic eye drops for 24 hours and pus decreases.

Rash

When rash and/or fever are gone or cleared by a doctor.

Vomiting and Diarrhea

When they are vomiting and diarrhea-free for 24 hours.

Strep Throat

At least 24 hours after starting antibiotics.

Other Conditions

See a health care provider for return to school recommendations.



Not sure if your child is too sick for school?

Talk to your school nurse or school administration about exclusion policies for these and other illnesses.

