

Cambridge Park Elementary School

March 2025 Newsletter



Mrs. K Bera, Principal

March Events

- March 3 Read Across America-Hats off to Dr. Seuss-Wear red, white, and black like the Cat in the Hat!
- March 4 Read Across America Fox in Socks Day-Books knock our socks off! Wear your craziest socks!
- March 5 No School
- March 6 Daisy Head Maysy-We are crazy about reading! Wear your

hair in a crazy way

- March 7 Books Bring Us Together-Wear your Cambridge Park Shirts to show school PRIDE
- March 11 Four Hour Session School Dismisses at 12:45 all students. Evening Conferences
- March 12 Four Hour Session School Dismisses at 12:45 all students. Afternoon Conferences
- March 19 Four Hour Session School Dismisses at 12:45 Prek only
- March 20 BOE Meeting at Cambridge Park at 7:00 pm
- March 21 World Down Syndrome Day
- March 27 BOE Meeting at Cambridge Park at 7:00 pm
- March 28 Cambridge Park Math Madness Event

Read Across America Activities March 3 - March 7, 2025



On Monday, March 3, 2025, we will kick off our Read Across America Week in honor of Dr. Seuss's birthday. To make this week extra special, we have planned many exciting themed days for the staff and students. Please feel free to participate in one or all of our upcoming Seuss inspired reading activities.

Monday, March 3	Hats off to Dr. Seuss-Wear red, white, and black like the Cat in the Hat!
Tuesday, March 4	Fox in Socks Day-Books knock our socks off! Wear your craziest socks!
Wednesday, March 5	No School-Teacher Workshop Day
Thursday, March 6	Daisy Head Maisy-We are crazy about reading! Wear your hair in a crazy way!
Friday, March 7	Books Bring Us Together-Wear your Cambridge Park Shirts to show school PRIDE.

Dear Kindergarten Parents!

We are excited to introduce our Kindergarten Shoe-Tying Club! Learning to tie shoes is a BIG milestone for our little learners. Did you know that shoe-tying is a skill that children are developmentally ready to learn at age 5? Learning to tie their own shoes helps kids become more independent and confident in trying new things!



How Our Shoe-Tying Club Works:

In class, we are practicing shoe-tying! Once your child can tie their shoes all on their own they will become a "Shoe-Tying Expert", ready to assist others!

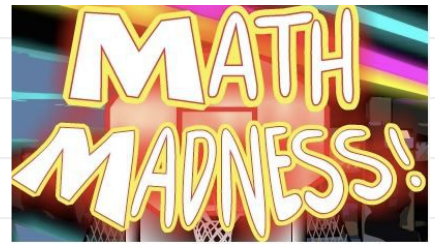
How You Can Help At Home:

- Encourage your child to practice tying their shoes at home!
- We suggest practicing with the shoe off the foot. Your child can place their shoe in their lap or on a table to make it easier to practice. Once they feel more comfortable tying the laces this way, they can try putting the shoe on and practicing while wearing it.
- Try different methods, like the "bunny ears" or "loop, swoop, and pull", to see what works best. Keep trying! Learning to tie shoes takes patience and practice!
- Some children need to learn this skill gradually and that's okay!! Practice the first step over and over before moving to the next step, adding one step at a time until they have mastered this.

We can't wait to see our Kindergarteners take this BIG step towards independence. Thank you for your support in making learning fun and exciting!

Happy Tying!
The Kindergarten Team :)

Cambridge Park Elementary School



March 11 & 12

Four Hour Session School dismisses at 12:45 PM for all students

March 28

School Spirit Day! **Wear your Cambridge Spirit Wear**

March 28 Math Madness

Math Madness



March 11 & 12

School Dismisses at 12:45 PM for all students





How to Talk to Your Child About the News

What if You Set a Limit and Your Child Ignores It?

The secret to setting limits effectively is to empathize as you do it.

- Offer empathy, or understanding of why the child is doing the behavior: "It looks like you want your brother to move, so you can get your truck."

- Tell the child what he CAN do, instead: "You can tell your brother, 'Move please!'"

But what if you state an expectation and your child ignores it? It's hard to stay empathic then. This is where most of us start yelling, or casting about for some threat to get our child to do what we want. Luckily, there's a better way.

1. Be sure your limit is reasonable. Sometimes when we listen to our child, we learn something important that helps us re-evaluate our limit.

2. If your limit is essential to you, insist on it. If you let your child have a cookie at the grocery store today, naturally he'll want one next time. It's their job to test the limits; how else will they know what they really are? If you waffle, naturally he'll keep pushing. If you're clear about your limit, your child has the freedom to rail against the limit, to cry and grieve about it, and finally to accept it and move on to a better solution for everyone.

3. Connect. Don't try to give instructions or requests from across the room. Move in close. Touch her arm, make a comment on what she's doing to connect with her, then set your limit

4. Say it once. *If you keep repeating yourself, you're training your child to ignore you until you raise your voice!* If your child doesn't respond to your first request, you haven't connected and gotten his attention. Go back to Step 3 and look him in the eye. Remember, kids WANT to connect with parents who are warmly reaching out. If you're on the warpath, any child in his right mind will resist you.

5. Don't give up and don't give in. If you're serious about this limit, then act like it. (If you aren't, then state that you see how much this means to your child and you're willing to be flexible for another ten minutes, or whatever.) But if you think it's an important limit and you give in ("Ok, I guess you can keep playing that game, but don't come crying to me when someone gets hurt!"), you're training your child to ignore your requests. That will just make your next limit harder to set. (Laure Markham, Ph.D)



How Would You Score on a Parenting Report Card?

Your child will bring home many report cards while in school. Now is a good time to grade yourself. Are you doing all you can to boost your child's school success?

Answer *yes* or *no* to the questions below (remember—no one will sign or see this report card):

___1.**Do you maintain** a good relationship with your child's teachers?

___2.**Do you read** regularly as a family?

___3.**Do you require** your child to do his/ her own homework, but explain concepts when he/she needs you to?

___4.**Do you encourage** your child to try her best every day?

___5.**Do you teach** your child important values, like fair play, honesty and respect for others?

How well are you doing?

More *yes* answers mean you are doing your best to be a good parent. For each *no*, try that idea from the quiz.

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Kelly Bera

Kelly is using Smore to create beautiful newsletters