



**Eastern Guilford High School
2024 – 2025
Bell Schedule**

Block	Times	Length
Arrival/Breakfast	9:05 - 9:35	30 minutes
1 st Block	9:40 – 11:10	90 minutes
5-minute class change		
2 nd Block & Lunch	11:15 – 1:15	120 minutes
	11:30 – 11:55 1 st Wave	25 minutes
	12:10 – 12:35 2 nd Wave	25 minutes
	12:50 – 1:15 3 rd Wave	25 minutes
5-minute class change		
3 rd Block	1:20 - 2:50	90 minutes
5-minute class change		
4 th Block	2:55 - 4:25	90 minutes
Dismissal	4:25 – 4:35	

*****Breakfast will be served in the cafeteria*****

1st Wave – Adapted, English, Math and World Languages

2nd Wave – Social Studies and CTE

3rd Wave – Fine Arts, OCS, PE, Science and Weaver

Teachers and students should go to lunch with their department, not their hallway.



**Eastern Guilford High School
2024 – 2025
Flex Day Bell Schedule**

Block	Times	Length
Breakfast	9:05 – 9:35	30 minutes
1st Block	9:40 – 10:55	75 minutes
5-minute class change		
2nd Block & Lunch	11:00 – 12:45 11:10 – 11:35 1 st Wave 11:45 – 12:10 2 nd Wave 12:20 – 12:45 3 rd Wave	80 minutes 25 minutes 25 minutes 25 minutes
5-minute class change		
FLEX	12:50 – 1:45	55 minutes
3rd Block	1:50 – 3:05	75 minutes
5-minute class change		
4th Block	3:10 – 4:25	90 minutes
Dismissal	4:25 – 4:35	

1st Wave – Adapted, English, Math and World Languages

2nd Wave – Social Studies and CTE

3rd Wave – Fine Arts, OCS, PE, Science and Weaver

Teachers and students should go to lunch with their department, not their hallway.