

Daily Options:

Cereal
Craisins
Whole Fruit
Yogurt
Cheese Sticks

**Bellflower Unified School District**

March 2025

Middle & High School

Breakfast Menu

**Milk Options:**

1% Milk

Nonfat Milk

Nonfat Chocolate Milk

**KEY:**

Served Warm



Freshly Prepared

BYO Build Your Own

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National School Breakfast Week				
3 (FP) French Toast w/ Apple Glaze or Cinnamon Crumble	5 (FP) Turkey Sausage Sandwich or Concha Variety	5 (FP) BYO Yogurt Bowl or Honey Wheat Breakfast Bar	6 (FP) Breakfast Fried Rice or Muffin	7 (FP) Waffle w/ Banana & Syrup Pkt or Cereal Bar Variety
10 (FP) French Toast w/ Apple Glaze or Cinnamon Crumble	11 Egg, Cheese & Bacon Breakfast Burrito or Strawberry Elote	12 (FP) BYO Yogurt Bowl or Benefit Chocolate Chip Bar	13 (FP) Turkey Sausage Breakfast Pizza or (FP) Fresh Berry Cream Cheese Bagel	14 No School
17 (FP) French Toast w/ Apple Glaze or Cinnamon Crumble	18 (FP) Turkey Sausage Sandwich or Concha Variety	19 (FP) BYO Yogurt Bowl or Honey Wheat Breakfast Bar	20 (FP) Breakfast Fried Rice or Muffin	21 No School
24 (FP) French Toast w/ Apple Glaze or Cinnamon Crumble	25 Egg, Cheese & Bacon Breakfast Burrito or Strawberry Elote	26 (FP) BYO Yogurt Bowl or Benefit Chocolate Chip Bar	27 Turkey Sausage Breakfast Pizza or (FP) Fresh Berry Cream Cheese Bagel	28 (FP) Breakfast Fruit Pizza or Cereal Bar Variety
24 (FP) French Toast w/ Apple Glaze or Cinnamon Crumble				