

The Role of the Student

Food allergies are often life-long; therefore, the child with food allergies must become as proficient as possible in the prevention of an allergic reaction. Recognizing the developmental level of the child, the parent/guardian, the child, and all school personnel shall work together to achieve the goal of independent management of food allergies.

The student's role in this process is the following:

- Students should not trade food with others
- Students should not eat anything with unknown ingredients or know to contain any allergens
- Students should be proactive in the care and management of their food allergies and reactions based upon their developmental level
- Students should notify an adult immediately if they eat something they believe may contain the food to which they are allergic
- The student should recognize the signs and symptoms of an allergic reaction and seek help.