

## **March 2025**



## Middle SCHOOL BREAKFAST MENU

## Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
  - Egg & Cheese
  - Egg, Chicken Sausage
  - & Cheese
- Fresh Fruit and Juice

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

\* Menus are subject to change based on product availability

MON TUES WED THURS FRI  3 Cinnamon Toast Crunch Breakfast Pocket Turkey Sausage Burrito  10 11 12 Apple Confetti Pancakes Frudel Madness Waffle French Toast Strawberry Cream Cheese Frudel Madness Waffle Cinnamon Muffin  12 Apple Cinnamon Muffin French Toast French Toast Sticks Frudel  Week 4  17 18 19 20 21 Egg & Turkey Sausage Burrito  Blueberry Waffle Week 4  17 Trix French Toast Bread  Mini Confetti Pancakes  Mini Confetti Pancakes  Maple Madness Waffle  Maple Madness Waffle  Maple Madness Waffle  Maple Cinnamon Muffin  Week 5  24  French Toast Sticks  Maple Madness Waffle  Maple Madness Waffle  Maple Madness Bread  School Closed  Week 1  Meek 1  Meek 2  Week 2  Week 2					
Cinnamon Toast Crunch Breakfast Pocket  10  11  11  12  13  14  Mini Confetti Pancakes  French Toast Sticks  Mini Confetti Pancakes  10  11  12  13  14  School Closed  Strawberry Cream Cheese Frudel  Maple Maple Cinnamon Muffin  Apple Cinnamon Muffin  French Toast Sticks  Maple Maple Cinnamon Muffin  Egg & Turkey Sausage Burrito  Strawberry Cream Cheese Frudel  Week 3  14  Strawberry Cream Cheese Frudel  Week 4  17  18  19  20  21  Egg & Turkey Sausage Burrito  Week 5  24  25  Apple Cinnamon Muffin  Week 5  26  27  Banana Breakfast Bread  School Closed  Week 1  Maple Madness Waffle  Maple Madness Waffle  Maple Madness Waffle  School Closed  Week 1	MON	TUES	WED	THURS	FRI
Crunch Breakfast Pocket  Crunch Breakfast Pocket  Cream Cheese Frudel  Dutch Waffle  Turkey Sausage Burrito  10  11  12  13  14  Mini Confetti Pancakes  Pancakes  Maffle  Tirix French Toast Stricks  Pancakes  Prench Toast Sticks  Cream Cheese Frudel  Week 3  14  Strawberry Cream Cheese Frudel  Week 4  17  18  19  20  21  Egg & Turkey Sausage Burrito  Apple Cinnamon Muffin  Trix French Toast Sticks Bread  Maple Madness Waffle  Maple Madness Waffle  School Closed  School Closed  Meek 1  Meek 1  Meek 1  Meek 1  Meek 2  Meek 3  Cream Cheese Frudel  Week 3  Cream Cheese Frudel  Week 3  Apple Cinnamon Muffin  Week 5  Turkey Sausage Burrito  Week 5  Apple Cinnamon Muffin  Week 5  Waffle  Maple Madness Waffle  School Closed  Week 1  Meek 2  Meek 1	3	4	5	6	7
Mini Confetti Pancakes  Maple Madness Waffle  Magne Muffin  Maple Madness Waffle  Muffin  Maple Madness Waffle  Muffin  Muffin  Maple Madness Waffle  Muffin  Muffin  Maple Cinnamon Muffin  Meek 4  17  18  19  20  21  Egg & Turkey Sausage Burrito Week 5  Turkey Sausage Burrito Week 5  Maple Madness Sticks  Maple Madness Waffle  Maple Madness Breakfast Bread  Meek 1  Meek 1  Meek 1	Crunch	Cream Cheese	Dutch Waffle	Turkey Sausage	Cream Cheese Frudel
Confetti Pancakes  Madness Waffle  Muffin  Cream Cheese Frudel  Week 4  17  18  19  20  21  Egg & Trix French Toast Bread  French Toast Sticks Bread  Muffin  Apple Cinnamon Muffin  French Toast Sticks Bread  Muffin  Week 5  24  25  Mini Confetti Pancakes  Maple Madness Waffle  Maple Madness Breakfast Bread  School Closed  Week 1  Med Applications can be filled out anytime during the school year visit www. Chcic.org Breakfast S2.00 Lunch \$3.25	10	11	12	13	14
Trix French Toast Blueberry Breakfast Bread  25 French Toast Sticks  Maple Cinnamon Muffin  Egg & Turkey Sausage Burrito Week 5  27 Banana Breakfast Bread  School Closed  Maple Madness Waffle  Meal Applications can be filled out anytime during the school year visit www. Chclc.org Breakfast \$2.00 Lunch \$3.25	Confetti	Madness	Cinnamon	Cream Cheese	Waffle
Trix French Toast  Blueberry Breakfast Bread  Toast Sticks  Turkey Sausage Burrito Week 5  24  French Toast Sticks  Maple Madness Sticks  Maple Madness Waffle  Maple Madness Waffle  Maple Madness Breakfast Bread  School Closed  Week 1  Medi Applications can be filled out anytime during the school year visit www. Chck.org  Breakfast \$2.00 Lunch \$3.25	17	18	19	20	21
French Toast Sticks  Mini Confetti Pancakes  Maple Madness Waffle  Maple Madness Waffle  Breakfast Breakfast Bread  Week 1  Meal Applications can be filled out anytime during the school year visit www. Chclc.org  Breakfast \$2.00 Lunch \$3.25		Breakfast		Cinnamon	Turkey Sausage Burrito
Sticks  Confetti Pancakes  Maple Madness Waffle  Breakfast Breakfa	24	25	26	27	28
School Closed  Meal Applications can be filled out anytime during the school year visit www. Chclc.org  Breakfast \$2.00 Lunch \$3.25		Confetti	•	Breakfast	
School Closed  Meal Applications can be filled out anytime during the school year visit www. Chclc.org  Breakfast \$2.00 Lunch \$3.25					Week 1
Week 2				filled out anytime during the school year visit www. Chclc.org Breakfast \$2.00	
					Week 2





This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.