



March 2025

Middle SCHOOL BREAKFAST MENU

Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

*** Menus are subject to change based on product availability**

| MON | TUES | WED | THURS | FRI |
|--|--|-----------------------------|---|--|
| 3 Cinnamon Toast Crunch Breakfast Pocket | 4 Strawberry Cream Cheese Frudel | 5 Dutch Waffle | 6 Egg & Turkey Sausage Burrito | 7 Cinnamon Cream Cheese Frudel Week 3 |
| 10 Mini Confetti Pancakes | 11 Maple Madness Waffle | 12 Apple Cinnamon Muffin | 13 Strawberry Cream Cheese Frudel | 14 Blueberry Waffle Week 4 |
| 17 Trix French Toast | 18 Blueberry Breakfast Bread | 19 French Toast Sticks | 20 Apple Cinnamon Muffin | 21 Egg & Turkey Sausage Burrito Week 5 |
| 24 French Toast Sticks | 25 Mini Confetti Pancakes | 26 Maple Madness Waffle | 27 Banana Breakfast Bread | 28 School Closed Week 1 |
| 31 School Closed | | | Meal Applications can be filled out anytime during the school year visit www.Chclc.org Breakfast \$2.00 Lunch \$3.25 | Week 2 |



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.