

Spring and Summer 2025

SowashCo

COMMUNITY EDUCATION

AFTON | DENMARK | COTTAGE GROVE | GREY CLOUD ISLAND | NEWPORT | ST. PAUL PARK | WOODBURY



REGISTER ONLINE
FOR ADULT & YOUTH CLASSES
SOWASHCO.CE.ELEYO.COM

Visit commed.sowashco.org



Plan Your Summer!

View Summer classes for youth
starting on page 26.



JOIN US
Spring FUNraiser Workshop
 5:50-9 p.m., Thursday, March 20
 Board & Brush in Woodbury
Select a project from the gallery. B&B will provide all the materials and instruct you step-by-step to create a beautiful piece of decor.

Register at bit.ly/bbSWCARES
 Use passcode SoWash



**SOWASHCO
CARES**



SoWashCo
SCHOOLS

Join Our Team!

Immediate openings:

- School Bus Drivers
- Nutrition Services
- Paraprofessionals
- Special Education
- Athletic and Activity Coaches

Work in the
community
you live in!



Apply at sowashco.org/careers



generations
CAFE

Check out what's brewing.

Serving coffee, tea, espresso drinks,
homemade baked goods and lunch.



Scan to view
the full menu or
order online.



HOURS

Monday-Friday | 8 a.m.-1:30 p.m.
Friday hours may vary.

commed.sowashco.org/gencafe

District Program Center • 651-425-6650
8400 E. Point Douglas Rd. S in Cottage Grove

Advertise with Us!

Ask About
Reduced Rates
for Non-Profits

FALL 2025
Reserve your ad
space by June 13

Full Page \$1200 | 2/3 Page \$800 | Half Page \$600
1/3 Page \$400 | 1/6 Page \$200

Save 10% when you commit to advertising in three or more consecutive publications.

commed.sowashco.org/catalogs | CommunityEducation@sowashco.org

SoWashCo Community Education reserves the right to refuse any advertisement for any reason, including similar programming and/or services.

Community Education Main Office

District Program Center

8400 E. Point Douglas Rd. S, Cottage Grove, MN 55016

Phone: 651-425-6600 | Fax: 651-425-6620

communityeducation@sowashco.org | commed.sowashco.org

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Media Consent: Media taken within SoWashCo Community Education classes, programs, events and activities, including activities sponsored or in partnership with SoWashCo Community Education, may be included in district publications. Media includes, but is not limited to interviews, photos and videos. Please notify our office at 651-425-6600 if you wish to opt-out.

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

Age 50+ Activities

Where Seniors are welcomed, celebrated and connected!



8400 E Point Douglas Rd. S
Cottage Grove, MN 550125

651-425-6600

commed.sowashco.org



Become a Member
\$20/year

Become a Member Today!

We support healthy, active living for people aged 50 and over by providing social, educational and informational activities.

Members enjoy a variety of free or low-cost programming, members-only discounts, and are kept informed of program updates and schedule changes.

Member Benefits



Daily activities and games



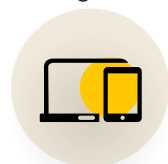
Weekly fitness programs



Monthly support groups



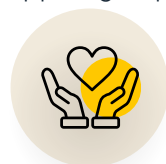
Monthly social gatherings



Technology help and resources



Special events and workshop



Volunteer opportunities



Discounts

- Save \$10 on footcare!
- Free entry to the Birthday Bash during your birthday month
- Free daily coffee or save 25¢ on specialty drinks at Generations Cafe

How it Works



Membership is only \$20 per year (Sept. 1-Aug. 31).



Try any Age 50+ Activity before committing to a membership.



100% of the membership fees go to sustain the daily programs and offset the costs of events.

ADULTS 50+ ACTIVITIES

Monthly Social Activities

Meet new people or bring along a friend to our monthly social gatherings.

Community Potluck

Bring a dish to share!

12-1 p.m., 1st Wednesday

Lunch Bunch

Join us at a different restaurant each month.

12-1:15 p.m., 2nd Wed.

Lunch will be at your own expense.



Birthday Bash

FREE for members if it is your birthday month! Others are encouraged to attend to celebrate too!

12-1 p.m., 3rd Wednesday

Members celebrating a birthday.....Free

Members.....\$10

Non-members.....\$12

Weekly Games

Join in on the camaraderie and fun during our weekly game play.

Located at the District Program Center.

500 Card Game

1-3 p.m. Thu/Fri

Bingo

1-3 p.m. Mon

Bunco

10 a.m.-12 p.m. Fri

Chess

1-2 p.m. Tue

Cribbage

1-3 p.m. Wed

Farkle

10-11:30 a.m. Mon

Hand and Foot

12:30-4 p.m. Thu

Mah Jongg

9 a.m.-12 p.m. Tue

Train Dominoes

9:30-11:45 a.m. Wed

Women's Bridge

1-4 p.m. Tue

Social Clubs and Support Groups

Located at the District Program Center unless otherwise noted.

Coffee and Cards

8:15-11:15 a.m. Mon

Open Craft and Puzzle Time

9-11 a.m. Tue/Thu

Lighten Up (Weight Loss) Group

8:30-9:30 a.m. Tue

Book Club Discussion

1:30-3 p.m. 2nd Tue

Caregiver Support Group

1:30-2:30 p.m. 2nd Thu

Grief Support Group

6:30-8 p.m. 3rd Mon
KOK Funeral Home

Diabetes Support Group

6:30-8 p.m. 3rd Tue

Courageously Continuing in Your Season Group

2-3 p.m. 1st & 3rd Thu

Landmark Tours Travel Show

Are you dreaming of adventure? Find exciting U.S. and overseas travel opportunities.

SA30821

10:45-11:45 a.m. Thu May 1
District Program Center

55+ Driver Discount

4 Hour Class | \$24

In partnership with the Minnesota Highway and Safety Research Center at St. Cloud State University we offer 55+ Driver Discount classes for new or returning attendees at the District Program Center in Cottage Grove.

For class dates and to register, call St. Cloud State at 1-888-234-1294.

Arthritis Foundation Exercise Program (AFEP)

The program features range-of-motion and endurance-building activities and relaxation techniques.

SA10221

2:45-3:30 p.m. Tue/Thu
The Grove Church

SAIL Fitness - Stay Active and Independent for Life

Maintain your independence and reduce the risk of falling with exercises to improve your strength, balance and fitness.

SA10261

3:15-4 p.m. Mon/Wed
All Saints Lutheran Church

Foot Care

Call 651-425-6650 to schedule a 40-minute appointment.

Members.....\$29

Non-members.....\$39

Pickleball lessons and drop in and play on page 11.



Trips & Tours

View the list of upcoming trips and tours at commed.sowashco.org/adults50

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

COOK



Fun and Fancy Cupcakes

Instructor: Diana Hirte

Learn basic cupcake decorating, including hydrangeas and roses, using flower tips. Take home 12 beautifully decorated cupcakes.

AD32131 1 session \$49
6:30-8:30 p.m. Mon Apr 7
District Program Center

Great MN Hot Dishes NEW

Instructor: Laurel Severson

Discover the art of the MN hot dish with fresh ingredients and diverse flavors. Class will prepare up to 15 recipes, from family meals to potluck favorites, easy to prepare and share.



AD38081 1 session \$49
6-9 p.m. Thu Apr 10
East Ridge High School

Spring Cookie Fun NEW

Instructor: Diana Hirte

Learn to decorate fancy sugar cookies and take home 12 cookies.



AD38861 1 session \$49
6:30-8:30 p.m. Mon Apr 14
District Program Center

Cool-Rise Sweet Bread Braids NEW

Instructor: Jan Zita Grover

Prepare and refrigerate dough for flavorful sweet bread braids. Learn slow fermentation techniques and bake at your convenience. Sample baked braids in class.



AD38031 1 session \$55
6-9 p.m. Thu May 15
East Ridge High School

Professional Pitmaster Shares Competition-Winning BBQ Secrets!

Learn pro-level BBQ techniques from a pitmaster, from meat prep to grilling, and enjoy tasting your creation. These are hands-on classes with delicious results!



Pork Ribs & Barbecue 101

AD38901 1 session \$59
5:30-8:30 p.m. Mon May 5
District Program Center

Chicken & Barbecue 101

AD38911 1 session \$59
5:30-8:30 p.m. Mon May 12
District Program Center

Pork & Barbecue 101

AD38921 1 session \$59
5:30-8:30 p.m. Mon May 19
District Program Center

Fondue Fun! NEW

Instructor: Laurel Severson

Make a variety of cheese, meat, and dessert fondues from around the world, plus dips and sauces, perfect for hosting your own fondue party.

AD38041 1 session \$49
6-9 p.m. Thu May 29
East Ridge High School

Beginning Cake Decorating

Instructor: Diana Hirte

Learn basic cake decorating skills to create shell borders, writing, stars, and rosettes. Take home your own decorated 8" cake!

Take home starter kits will be available for an additional \$12.

AD42161 1 session \$49
6:30-8:30 p.m. Mon Jun 9
District Program Center

Homemade Egg Rolls & Samosas

Instructor: Mimi Selam Asfaha

Create delicious egg rolls and samosas from scratch, along with flavorful dipping sauces. Perfect for impressing guests at home!



AD48821 1 session \$69
6:30-9 p.m. Mon Jun 16
District Program Center



Savor, Stroll and Experience Hudson on a Guided Food and Walking Tour

Instructor: Katie Elwood, Hudson Food Tour

Explore Hudson's thriving food scene while learning about Hudson's rich history, stroll along the banks of the scenic St. Croix River and stop at six popular downtown destinations to enjoy a true "Taste of Hudson".

For a list of destinations and where to meet, visit sowashco.ce.eleyo.com.

AD39021 1 session \$55
1:30-4:30 p.m. Sun Apr 6
Phipps Center for the Arts

AD39022 1 session \$55
1:30-4:30 p.m. Fri May 9
Phipps Center for the Arts

Pad Thai

Instructor: Mimi Selam Asfaha

Recreate authentic Chicken Pad Thai with step-by-step guidance. Learn the perfect balance of sweet, salty, sour, and spicy flavors.



AD48901 1 session \$69
6:30-8:30 p.m. Thu Jul 24
East Ridge High School

Spectacular Cupcake Creations NEW

Instructor: Diana Hirte

Master floral decorating techniques and take home 12 stunning cupcakes. Perfect for beginners who want to make edible art!

AD42131 1 session \$49
6:30-8:30 p.m. Thu Jul 31
District Program Center

Healthy Summer Ethiopian Recipes (Vegetarian) NEW

Instructor: Mimi Selam Asfaha

Discover healthy, exciting new cooking techniques! Explore light, flavorful Ethiopian vegetarian recipes with exotic spices, lentils, and vegetables.

AD48881 1 session \$69
6:30-8:30 p.m. Thu Aug 14
East Ridge High School

CREATE



Potter's Wheel - Open Studio for All Levels

Instructors: Crysta Bedard

Practice pottery with open studio time, beginner demos, and one-on-one guidance to create cylinders, bowls, handles, and work on glazing. Tools, clay and glazes included.

AD33322 6 sessions \$175
5:30-9 p.m. Mon Apr 28-Jun 9
Woodbury High School

AD33312 6 sessions \$175
5:30-9 p.m. Tue Apr 29-Jun 3
Park High School

Adult/Child Pottery Workshop Sampler - Age 8+

Instructor: Craig J Seath

Use a slab roller, extruder, electric pottery wheel and glaze to make a variety of projects.



\$25 supply fee required the day of class.

AD35051 1 session \$55/person
3-5:30 p.m. Sat Apr 5
Craig Seath's Pottery Studio

AD35052 1 session \$55/person
3-5:30 p.m. Sat May 3
Craig Seath's Pottery Studio

Adult Pottery - Hand Building & Wheel Instruction with Stoneware Clay

Instructor: Craig J Seath

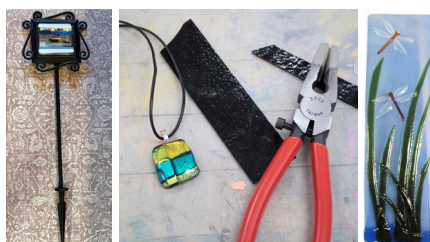
Learn the basics of hand building, throwing on a potter's wheel, and glazing using stoneware clay and earth tone glazes. New and returning students are welcome.



\$35 supply fee required the day of class.

AD35042 3 sessions \$110
6:30-8:30 p.m. Thu Apr 17-May 1
Craig Seath's Pottery Studio

AD35041 3 sessions \$110
6:30-8:30 p.m. Thu May 8-May 22
Craig Seath's Pottery Studio



Fused Glass

Instructor: Theresa Charpentier

Learn to make your own fused glass works of art. Select and hand cut special glass, then get designing.

Projects will be fused in a high-temperature kiln at the artist's studio and will be available for pick up at a later date.

Garden Stake

Design 3 garden stakes.

AD35141 1 session \$59
5:45-7:45 p.m. Wed Apr 2
Lake Middle School

Mini Dishes and Soap Dish **NEW**

Make a 3.5" x 3.5" mini dish and a 3.5" x 6.25" soap dish

AD35151 1 session \$69
5:45-7:45 p.m. Thu Apr 10
East Ridge High School

Suncatcher **NEW**

Make a fused glass suncatcher!

AD5131 1 session \$49
6-8 p.m. Wed May 7
Lake Middle School

Pendant and Earrings

Build your own fused glass pendant and a set of earrings to match.

AD35131 1 session \$49
5:30-7:30 p.m. Thu May 15
East Ridge High School

Fused Glass 3 Section Jumper Mold

NEW

Design and build a 9" x 3" x 1" glass tray for dips or votives.

AD35191 1 session \$69
5:45-7:45 p.m. Mon May 19
District Program Center

Garden/Flower Pot Gnome Stakes

NEW

Create 2 garden gnomes on stakes using colorful glass.

AD35201 1 session \$49
5:45-7:45 p.m. Wed Jun 18
Lake Middle School

Fused Glass Fancy Metal Garden Stake

Design and craft a colorful glass garden stake to brighten your space.

AD25141 1 session \$72
5:45-7:45 p.m. Mon Jun 23
District Program Center

Fused Glass Adult and Child - Age 10+

Instructor: Theresa Charpentier

Spend time together while learning to make your own fused glass works of art. Children must register with a paying adult. Projects will be fused in a high-temperature kiln at the artist's studio and will be available for pick up at a later date.

Garden Stake

Each pair will design 3 garden stakes.

AD35121 1 session \$69/pair
3:30-5:30 p.m. Wed Apr 2
Lake Middle School

Mini Dishes and Soap Dish **NEW**

Each pair will make a 3.5" x 3.5" mini dish and a 3.5" x 6.25" soap dish

AD35161 1 session \$74/pair
3:30-5:30 p.m. Thu Apr 10
East Ridge High School

New & Updated! Photo Organization - Print and Digital

Instructor: Kathy Povolny

Organize and access your photos in seconds! Learn to digitize, restore, and store prints, slides, videos, and more.

AD36401 1 session \$19
6:30-8:30 p.m. Wed Apr 2
Lake Middle School

Crafty Cards with a Chance of Chocolate

NEW **Instructor:** Lynn Waska

Design and make handmade cards with creative supplies. Bring a friend, enjoy chocolate, relax, and leave with cards to share!



AD35171 1 session \$39
7-8:30 p.m. Wed Apr 2
Lake Middle School

Flower Pot Painting **NEW**

Instructor: Swetha Avula

Paint a terracotta flower pot, add vibrant designs, and take home a colorful pot with seeds to plant!

AD35211 1 session \$39
5:30-7:30 p.m. Wed May 7
Lake Middle School

Acrylic Pouring: "Up North" **NEW**

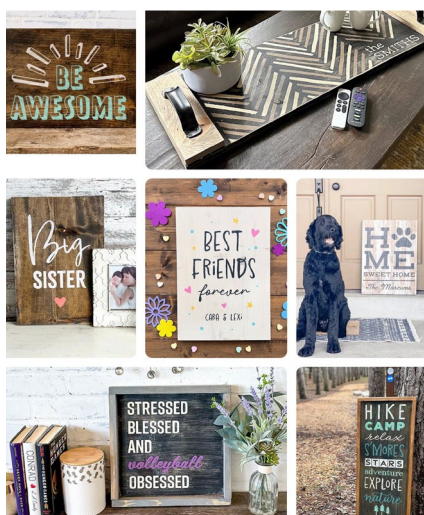
Instructor: Lisa Van Wyk

Discover the world of acrylic pouring! Create beautiful abstract artwork using fluid acrylics and pouring medium. Choose on 12" cut-out of Minnesota, a bear or a fish.



AD33551 1 session \$49
7-8:30 p.m. Mon Jun 2
East Ridge High School

CREATE



Board & Brush Community Ed Nights!

Select a project from the gallery. B&B will provide all the materials and instruct you step-by-step to create a beautiful piece of decor.

Scan the QR code or visit bit.ly/SWCbb for instructions on how to register.



Pick Your Project

Select a seasonal or home décor project from the gallery.

6-9 p.m. Thu Apr 17
Woodbury Board & Brush Studio
Per person.....\$78

Adult /Child Night

Spend time together as you each make a wood project. Adults can attend solo too!

10 a.m.-1 p.m. Sat May 17
Woodbury Board & Brush Studio
Per person.....\$73
Child 6+\$25

Children must be accompanied by a registered adult. Select one adult project and one child project.

Mini Sign Project

Make a small wooden, framed sign for your home or as a gift.

10:30 am-1:30 pm Sun May 18
Woodbury Board & Brush Studio
Per person.....\$38

FEEL GREAT

Lose Weight, Feel Great: Pain-Friendly Strategies That Work for Fat Loss

Instructor: Christie Amundson

Is your weight loss plan being hindered by pain? Discover effective strategies to burn fat, manage pain, and improve your health without extreme diets or workouts.

AD39691 1 session \$20
6-7:30 p.m. Wed Jun 4
District Program Center

What to know when Planning a Disney Vacation

Instructor: Rebecca Ruprecht-Barrett

Learn expert tips for planning your magical Disney vacation, including resorts, attractions, dining, events, and minimizing wait times.



AD39191 1 session \$15
6:30-8 p.m. Wed Apr 2
Lake Middle School

Adult & Pediatric CPR/AED

Instructor: HeartCert CPR

Learn essential CPR and AED skills for breathing and cardiac emergencies.



For non-healthcare providers. Certification by the American Heart Association included.

AD34141 1 session \$85
6-8:30 p.m. Mon Apr 7
District Program Center

The Perfect Storm Workshop - Exploring the Root Causes + Natural Solutions for Autism, ADHD, Sensory, Anxiety & More!

Instructor: Mindset Chiropractic

Learn natural, drug-free solutions for children struggling with neurological, gut, or autoimmune issues to improve health and behavior.

AD37911 1 session Free
7-8:30 p.m. Thu Apr 10
East Ridge High School

Journey to Wholeness

Instructor: Tony Hoops

Use your unique strengths to gain clarity, peace, and joy in this guided group experience for personal growth.



AD39361 8 sessions \$79
6:30-8 p.m. Thu Apr 10-May 29
East Ridge High School

First Aid Training

Instructor: HeartCert CPR

Learn first aid skills to handle injuries and illnesses until help arrives.

For non-healthcare providers. Certification by the American Heart Association included.

AD34901 1 session \$85
6-9 p.m. Mon Apr 14
District Program Center

Explore the World Through Service: Join Global Volunteers Information Night!

ONLINE

Instructor: Julie Costa

Discover how short-term volunteer programs create lasting change. Learn about cultural immersion, sustainable development, and funding opportunities.



AD36161 1 session Free
6:30-8 p.m. Thu Apr 17

Trauma Reimagined: Exploring Modern Solutions for Deep Healing

Instructor: Mara Brandsoy Schwager

Explore modern techniques to overcome negative thought patterns, heal deeply, and build lasting resilience.

AD39061 1 session \$20
6-7:30 p.m. Thu Apr 17
East Ridge High School

Navigating the Menopause Transition

ONLINE Instructor: Kristy Muehlbauer

Learn about menopause stages, symptoms, and management options, including lifestyle changes and hormone therapy choices to balance hormones.



OL39651 3 sessions \$39
6-7 p.m. Tue Apr 22-May 6

Understanding Arthritis: The Role of Inflammation

Instructor: Deanna Heine

Discover non-invasive treatment options (such as shock wave therapy) that bring relief without the usual risks and side affects.

AD31261 1 session \$10
6:30-7:30 p.m. Mon May 5
District Program Center

Becoming EcoWell: Crafting Your Blueprint for Healthy and Harmonious Living

Instructor: Michelle Porter

Discover simple, fun ways to improve your health while supporting the planet, fostering healing for yourself, your community, and the earth.

AD36121 1 session \$15
6:30-8 p.m. Wed May 7
Lake Middle School



Group Hypnosis

Instructor: Mary Fischer

Join group hypnosis to stop smoking or control weight, with personalized sessions to help manage cravings and improve habits.

Includes a reinforcement CD and a lifetime guarantee for free future seminars.

Weight Loss/Weight Control

AD34541 1 session \$59
5:45-8:45 p.m. Wed May 7
Lake Middle School

Stop Smoking/Stop Chewing

AD34531 1 session \$59
5:45-8:45 p.m. Wed May 7
Lake Middle School

Power Over Predators

Instructor: Madelyn Hanson

Learn to help prevent abusive relationships and support youth in making healthy choices with Power Over Predators curriculum.

AD37951 2 session \$20
6:30-8:30 p.m. Wed May 7-14
Lake Middle School

Walk With Us Wednesdays!

Instructor: Amy Dovenmuehle

Join weekly nature walks in Woodbury and Cottage Grove, meet local people, and enjoy beautiful outdoor spaces.



AD47841 17 sessions Free
9-10 a.m. Wed May 7-Aug 27
Various Parks

What to Know When Planning a Cruise

Instructor: Rebecca Ruprecht-Barrett

Learn about cruising, including types of cruises, onboard amenities, booking tips, and choosing the right stateroom for you.

AD39201 1 session \$15
6:30-8 p.m. Mon Apr 14
District Program Center

Will I Have Joint Pain Forever?

Instructor: Christie Amundson

Discover non-invasive solutions for joint pain and fibromyalgia to reclaim your life with actionable steps beyond traditional treatments.

AD39701 1 session \$20
6-7:30 p.m. Wed May 7
Lake Middle School

Plant-Powered Lifestyle and Tasting

Instructor: Steve Thompson and Mary Larson

Explore the health, environmental, and animal welfare benefits of a plant-based diet, with food tasting and informative discussion.

AD39641 1 session \$15
6-7:30 p.m. Thu May 15
East Ridge High School



Prep for Your Birth & Postpartum Journey

Instructor: Hannah Strom

Learn practical tools and hands-on techniques for a smoother birth and recovery in this empowering class for parents-to-be.

AD39681 1 session \$75
6:30-8 p.m. Thu May 15
East Ridge High School

Bones, Joints and Supplements

Instructor: Dr. William Kriva

Learn about arthritis, prevention tips, natural remedies, and exercises to support joint health and reduce arthritis pain.

AD39511 1 session \$10
6-7 p.m. Thu May 29
East Ridge High School

Paid Advertisement

burn boot camp®



COME FOR THE WORKOUT
STAY FOR THE COMMUNITY.



LOCATIONS IN BOTH WOODBURY AND COTTAGE GROVE
SCAN THE QR CODE FOR A FREE TRIAL!

FITNESS



Nutrition & Exercise Challenge – Start Any Time!

Instructor: Jill Strand

Get healthier with this 3-week challenge! Exercise, nutrition, and three 1-on-1 sessions with a personal trainer to kickstart success!

After registering, please call 651-209-6778 to schedule your first two training sessions before May 31, 2025.

AD31791 \$75

Zumba-Monday Nights

Instructor: Megan Knowles

Get your heart pumping in this dance fitness class. Move to the beat of fun rhythms, burn calories, and leave feeling energized!

AD27801 6 sessions \$59
6:30–7:30 p.m. Mon Mar. 24–Apr. 28
Lake Middle School

AD37801 6 sessions \$59
6:30–7:30 p.m. Mon May 5–Jun 16
Lake Middle School

30/30 Zumba (Includes Zumba Toning)

Instructor: Megan Knowles

Enjoy a 30-minute Zumba Fitness workout followed by 30 minutes of Zumba Toning using weights to sculpt and tone.

Participants must provide their own weights or toning sticks (3lbs or less).

AD37901 5 sessions \$49
6:30–7:30 p.m. Wed Apr 2–30
Lake Middle School

AD37902 6 sessions \$59
6:30–7:30 p.m. Wed May 7–Jun 18
Lake Middle School

Come Hit Big Drums (Play Taiko!)

Instructor: Wendy Gertjeanssen

Learn taiko drumming in this fun beginner class, exploring rhythms and performing a song during the final session.



AD39861 5 sessions \$149
6:30–7:30 p.m. Tue Apr 1–May 6
Bailey Elementary

Line Dancing

Instructor: Monica Mohn

Join us for a fun, easy dance routine to a classic song and let your inner pop star shine!

Children ages 6–14 must be accompanied by a registered adult (aged 15 or older)

Justin Timberlake's "Can't Stop the Feeling ... Just Dance, Dance, Dance"

AD31231 1 session
6–7 p.m. Thu Apr 10
Oltman Middle School
Age 15+\$15
Age 6–14\$8

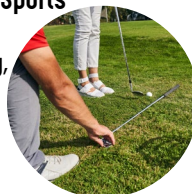
Beyonce's "All the Single Ladies"

AD31241 1 session
6–7 p.m. Tue May 20
Park High School
Age 15+\$15
Age 6–14\$8

Intro to Golf for Adults & Teens

Instructor: TGA Premier Sports

Learn golf basics in a fun, relaxed setting, covering putting, chipping, swings, and etiquette for all skill levels.



AD39331 4 sessions \$139
6:30–7:30 p.m. Tue Apr 1–22
Bailey Elementary

AD39332 4 sessions \$139
6:30–7:30 p.m. Tue May 6–27
Bailey Elementary

Move Better and Feel Better Using The Feldenkrais Method ONLINE

Instructor: Maggie Vogel-Martin

Experience the Feldenkrais Method to improve flexibility, balance, and mobility with mindful movements.

OL31471 6 sessions \$59
6–7 p.m. Wed Apr 2–May 7

OL31472 5 sessions \$49
6–7 p.m. Wed May 28–Jun 25

Wedding Dance Workshop

Instructor: Monica Mohn

Join this 2-hour workshop to learn fun moves and tips for a confident, beautiful wedding dance!

Couples only please.



AD31351 1 session \$39
7–9 p.m. Thu Apr 10
Oltman Middle School



Dance Fit-Bollywood & Latin Inspired

Instructor: Viji Adhinarayanan

This class combines global rhythms for a fun, high-intensity workout to improve strength, coordination, and cardiovascular health.

Please bring your own 1–3 lbs weights.

AD31281 5 sessions \$49
6:30–7:10 p.m. Mon Apr 14–May 12
Liberty Ridge Elementary

Mat Pilates-Increase Your Strength & Flexibility

Instructor: Annie Thompson

Pilates strengthens and lengthens muscles, improving balance and posture with exercises that can be modified for all levels.

AD31621 6 sessions \$72
6:30–7:30 p.m. Mon Apr 14–May 19
Royal Oaks Elementary

Essentrics - As seen on Public TV!

Instructor: Cheryl Gysbers

A full-body workout that improves flexibility, mobility, and strength by engaging all 650 muscles. Suitable for all fitness levels.



AD39241 5 sessions \$35
5:30–6:30 p.m. Tue Apr 15–May 20
Gladstone (District 622)

Yoga-Level 1

Instructor: Jill Hawthorne

This flow-style yoga class strengthens your muscles and enhances flexibility with basic poses. Modifications are offered for personalized practice.



AD31981 6 sessions \$54
5:15–6:15 p.m. Tue Apr 15–May 20
District Program Center

Yoga -Level 1 ONLINE ON-DEMAND

Instructor: Jill Hawthorne

Similar to the in-person class, but pre-recorded for you to practice at your convenience.

OL31981 6 sessions \$54
4:15–5:15 p.m. Tue Apr 15–May 20

Easy Partner Dancing for All Occasions

Instructor: Deanna Constantine

Learn easy-to-follow dance routines for fun, romance, and confidence at any event, from classic ballroom to modern hits.



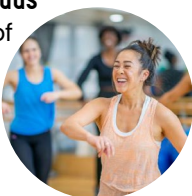
Couples stay partnered. Solo attendees rotate.

AD31251 4 sessions \$69
7-8:30 p.m. Tue Apr 29-May 20
Red Rock Elementary

Line Dancing with Deena-Six Weeks of Fitness & Fun!

Instructor: Deena Broadus

Join us for six weeks of fun dance routines and mini lessons, combining great music with a great workout!



AD30851 6 sessions \$49
6:15-7 p.m. Tue Apr 29-Jun 3
Grey Cloud Elementary

Line Dancing with Deena-Take Your Skills to the Next Level!

Instructor: Deena Broadus

Join us for a level 2 "improver" session!
Meant for those who've taken "Six Weeks of Fitness & Fun!" or have past experience.

AD30861 6 sessions \$49
7:15-8 p.m. Tue Apr 29-Jun 3
Grey Cloud Elementary

Tabata-Interval Training ONLINE

Instructor: T Salmonson

Get a high-intensity workout with quick, intense exercises and short rest periods for fast calorie-burning results.



OL31521 9 sessions \$75
6-6:30 a.m. Thu May 1-Jun 26

Chisel ONLINE

Instructor: T Salmonson

Switch up your workout! Enjoy a mix of cardio and strength training to tone muscles and burn calories.

OL31531 9 sessions \$75
6-6:50 a.m. Fri May 2-Jun 27



Pickleball Lessons

Build your skills, improve strategy, and gain confidence on the court with guided drills and practice for all levels. Equipment provided.

Pickleball Lessons for Beginners

Instructor: TGA Premier Sports

Learn pickleball basics, including equipment, gameplay, and essential skills through guided drills.

AD39301 4 sessions \$99
5:15-6:15 p.m. Thu Apr 10-May 8
District Program Center

AD39302 4 sessions \$99
6:15-7:15 p.m. Thu Apr 10-May 8
District Program Center

AD39303 4 sessions \$99
5:15-6:15 p.m. Thu May 15-Jun 5
District Program Center

AD39304 4 sessions \$99
6:15-7:15 p.m. Thu May 15-Jun 5
District Program Center

Pickleball-Advanced Beginner

Instructor: Linda Kauss

Develop stroke techniques, volleys, and movement at the non-volley zone. Ideal for players with basic experience.

AD39363 4 sessions \$99
7:15-8:15 p.m. Thu Apr 24-May 15
District Program Center

Pickleball Skills & Drills Night

Instructor: TGA Premier Sports

Focus on serves, dinks, third-shot drops, or volleys with targeted drills and gameplay. For 3.0-3.5 level players.

AD39321 4 sessions \$125
7:45-8:45 p.m. Mon Apr 7-28
Liberty Ridge Elementary

AD39322 4 sessions \$125
7:45-8:45 p.m. Mon May 5-Jun 2
Liberty Ridge Elementary

Pickleball Intermediate Drill Sessions

Instructor: Linda Kauss

Work on the third shot drop, transition zone, and strategic dinking. For 3.5-4.0 level players.

AD39373 4 sessions \$79
8:15-9 p.m. Thu Apr 24-May 15
District Program Center

Pickleball Doubles Strategy & Positioning

Instructor: TGA Premier Sports

Learn court positioning, shot anticipation, and teamwork to play smarter doubles. For 3.0-4.0 level players.

AD39311 4 sessions \$125
6:30-7:30 p.m. Mon Apr 7-28
Liberty Ridge Elementary

AD39312 4 sessions \$125
6:30-7:30 p.m. Mon May 5-Jun 2
Liberty Ridge Elementary

Pickleball Drop-in and Play

Drop in with a friend or pair up at the courts.

Purchases passes at sowashco.ce.eleyo.com.

Available through May 30 Must know rules and have game experience.

4-8 p.m. M/W/F \$3/pass
District Program Center



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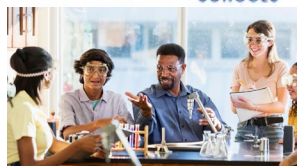


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FITNESS

POUND-Rockout. Workout.

Instructor: Sara Monson

Unleash your inner rock star with this high-energy workout using drumsticks! Sweat, tone, and rock out to upbeat music!



Children ages 10-14 must be accompanied by a registered adult (aged 15 or older).

AD31882 5 sessions \$37.50
6-7 p.m. Wed May 7-Jun 18
Cottage Grove Middle School

AD41882 6 sessions \$45
6-7 p.m. Wed Aug 13-Sep 17
Cottage Grove Middle School

Therapeutic Yoga for Releasing Stress- Level 1 & 2 Combined

Instructor: Dr. Tamara Kraft

Strengthen your body, calm your mind, and experience deep relaxation through mindful movement, breathwork, and sound healing.

AD47771 9 sessions \$105
7:45-9 p.m. Thu May 8-Aug 14
Location TBD

Gentle Therapeutic Yoga for Releasing Stress

Instructor: Dr. Tamara Kraft

A slow-paced class focusing on relaxation, nervous system balance, and foundational yoga. Perfect for beginners or a gentle practice.

AD42772 9 sessions \$105
6:15-7:30 p.m. Thu May 8-Aug 14
Location TBD

Swing Dance-One Night of Fun!

Instructor: Monica Mohn

Warm up with Swing dance! Learn simple patterns and fun spins to hit the dance floor together.

Beginner-friendly. Couples only

AD31291 1 session \$39
7-9 p.m. Tue May 20
Park High School

Neighborhood Yoga-FREE, All Ages!

Instructor: Sandy K LeMay

Enjoy outdoor Vinyasa yoga to build strength, flexibility, and balance. Free drop-in class at Pine Glen Park.



AD41181 18 sessions Free
6-7 p.m. Tue Jun 3-Sep 30
Pine Glen Park

GAIN SKILLS

How to Earn Money with Your Voice ... Getting Started in Voiceovers ONLINE

Instructor: Voices for All

Explore voice acting, read a real script, and get coaching from a professional.

Includes a 90-minute one-on-one video session scheduled at your convenience.



OL39401 \$49

South Washington County Community Band

Instructor: Kamilah Michelle Gobran

The Community Band of South Washington County has been going strong for over 30 years! All ages and instruments are welcome. Expand your talents and enjoy the camaraderie of fellow musicians—all while sharing music with appreciative local audiences. Join anytime!

Spring

AD13931 13 sessions
7-9 p.m. Tue Mar 4-May 27
Cottage Grove Middle School

Adult.....\$30
Student.....\$20

Summer (Free!)

AD43871 12 sessions Free
7-9 p.m. Tue June 3-Aug 26
Cottage Grove Middle School

Knowing Your Muslim Neighbors

Instructor: Building Blocks of Islam

Learn about Islamic beliefs, traditions, and social topics in a welcoming space with open discussion and Q&A.



AD35271 1 sessions \$10
6-9 p.m. Thu Apr 17
East Ridge High School

Home Basics-Plumbing

Instructor: Ray F Lehman

Understand your home's plumbing system, tackle minor repairs, and know when to call a professional.



AD36061 1 session \$29
5:45-7:45 p.m. Thu Apr 10
East Ridge High School

American Sign Language Lessons-Adult Class for Beginners

Instructor: Karlie Kurtz

Learn ASL basics, including names, greetings, and common phrases, while gaining cultural understanding of the Deaf community.

AD39121 5 sessions \$149
6-7 p.m. Thu Apr 10-May 8
Woodbury High School

AD49121 5 sessions \$149
6-7 p.m. Mon Jun 2-Jun 30
Woodbury High School

Mah Jongg Lessons-For Absolute Beginners

Instructor: Melinda Colwell

Learn Mah Jongg, master the basics, and play confidently while making new friends and challenging your brain in a fun, supportive environment.



Please bring \$15 to the first class for National Mah Jongg League membership.

AD35181 6 sessions \$75
3-4:30 p.m. Tue Apr 15-May 27
District Program Center

AD35182 6 sessions \$75
5:30-7 p.m. Tue Apr 15-May 27
District Program Center

Home Basics-Electrical

Instructor: Ray F Lehman

Learn how electricity flows in your home, handle basic repairs, and recognize when to call an expert.



AD36051 1 session \$29
5:45-7:45 p.m. Thu Apr 17
East Ridge High School

Reuse/Repair-Save Money and the Environment!

Instructor: Jessica Hall

Learn to mend clothes, sew buttons, and repurpose items while exploring local repair resources and sustainability benefits.

AD39501 1 session Free
6:30-7:30 p.m. Thu Apr 17
East Ridge High School

Recycling Food Scraps at Home with the Food Scraps Pickup Program

Instructor: Hannah Keller

Discover an easy way to recycle food scraps, reduce waste, and start using the Food Scraps Pickup Program.

AD39471 1 session Free
6:30-7:30 p.m. Mon Apr 21
District Program Center



Spring Hike at Carpenter Nature Center (Minnesota Campus in Hastings)

Instructor: Carpenter Nature Center

Explore seasonal changes, birds, and plants on a guided one-mile hike with a naturalist. Rain or shine!

AD35111 1 session \$8
6-7 p.m. Thu May 1
Carpenter Nature Center

Fast-Track to Social Media Marketing for Business ONLINE

Instructor: Nickie Welsh

Learn key social media strategies to grow your business, reach your audience, and boost engagement in this fast-paced online session.

OL39831 1 session \$29
12-1 p.m. Tue May 13

Photography Level 1: Essential Elements

Instructor: Kent Johnson

Improve your photos by mastering composition, exposure, and camera settings. Bring your DSLR camera and get hands-on practice!

AD36411 5 sessions \$149
5:45-7:45 p.m. Thu May 15-Jun 12
East Ridge High School

Harness the Power of Canva - The Easiest Design Website Available for FREE ONLINE

Instructor: Nickie Welsh

Create eye-catching designs easily with Canva's free tools. Perfect for beginners and non-designers!

OL39751 1 session \$29
12-1 p.m. Thu May 15

Post Like a Pro: Navigating Facebook & Instagram with Meta Business Suite

ONLINE Instructor: Nickie Welsh

Learn to schedule posts, use insights, and streamline social media with Meta Business Suite.

OL39771 1 session \$29
12-1 p.m. Thu May 29

Practical ChatGPT Training for Everyone

ONLINE Instructor: Nickie Welsh

Explore how ChatGPT works and how to use it for everyday tasks at work and home.

OL49781 1 session \$29
12-1 p.m. Tue Jun 10

Beginner Spanish Boost ONLINE

Instructor: Futura Language Professionals

Learn basic Spanish vocabulary, grammar, and conversation skills through interactive lessons and group discussions. Perfect for beginners!

OL39871 4 sessions \$95
6-7 p.m. Wed Jun 4-25

Adult Spanish for Travelers ONLINE

Instructor: Futura Language Professionals

Practice essential Spanish phrases for travel, including greetings, ordering food, and asking for directions in an engaging virtual setting.

OL49431 4 sessions \$95
6-7 p.m. Tue Jun 3-24

MANAGE MONEY

How Wills and Trusts Can and Cannot Help You

Instructor: Jeffrey Scott

Learn the basics of estate planning, how to title property, and when wills or trusts are the best choice.

AD36701 1 session \$19
6-7:30 p.m. Wed Apr 2
Lake Middle School

Ladies Only: Your Strategic Guide to Maximizing Social Security Benefits

Instructor: Rolf White

Women face unique retirement challenges—learn how to maximize benefits, claim spousal and survivor benefits, and reduce taxes.

AD36631 1 session \$15
6:30-8 p.m. Mon Apr 7
District Program Center



The Retirement Income Rubik's Cube

Instructor: Terrie Amundson

Master key retirement income strategies, tax considerations, and Medicare impacts to build a solid financial future.

AD39731 1 session \$15
6-7:30 p.m. Mon Apr 7
District Program Center

Medicare 101

Instructor: Elin Langley

Understand Medicare options, enrollment, and coverage for Parts A, B, C, and D to confidently choose the right plan.

AD36171 1 session \$5
6-7 p.m. Thu Apr 17
Lake Middle School

Prepare Your Own Will

Instructor: Adam Altman

Create a legally valid will in class to ensure your wishes are followed. Includes instructions, documents, and notary services.

AD36711 1 session \$49
6:30-8:30 p.m. Tue Apr 29
District Program Center

Retirement Planning Today

Instructors: Jeff Clark and Matt Gulbransen

Plan for a secure retirement with expert guidance on investments, taxes, estate planning, and aligning finances with your goals.

AD36611 2 sessions \$49
6:30-9:30 p.m. Thu May 1- 8
East Ridge High School

AD36612 2 sessions \$49
6:30-9:30 p.m. Tue May 6- 13
East Ridge High School

Kitchen Remodeling 101: Love the Home You're In

Instructor: Ann Haws

Learn budget-friendly tips for designing your dream kitchen, choosing materials, and hiring a contractor while minimizing stress.

AD36151 1 session \$25
6:30-8:30 p.m. Wed May 7
Lake Middle School



Downsizing in the Current Housing Market

Instructor: John Mazzara

Simplify your move with expert advice on selling your home, decluttering, and accessing downsizing resources. Bonus guide included!

AD37541 1 session Free
7-9 p.m. Mon May 12
District Program Center

Social Security for Couples: Maximizing Your Benefits Together

Instructor: Rolf White

Learn strategies for claiming Social Security benefits together to maximize income and plan for a secure retirement.



AD36621 1 session
6:30-8 p.m. Mon May 12
District Program Center

Single.....\$15
Couple.....\$25

What Happens if I Need a Nursing Home?

Instructor: Jeffrey Scott

Discover how to protect assets, understand Medicare vs. Medicaid, and explore benefits for veterans and long-term care options.

AD34791 1 session \$19
6-7:30 p.m. Thu May 15
East Ridge High School

First-Time Buyers: Learn How to Buy a Home Using Special Loans, Grants and First Generation Home Buyer Funds!

ONLINE

Instructor: John Mazzara

Explore special funding, grants, and loan programs that make homeownership possible—even with a small down payment.



AD37571 1 session Free
7-9 p.m. Tue May 20

ADULTS WITH DEVELOPMENTAL DISABILITIES

We offer opportunities for adults with developmental disabilities to learn and engage with others and become active citizens in their communities.

The Community Bridge Consortium facilitates the participation of adults with disabilities in all aspects of Community Education programming by providing reasonable support and accommodations.

The Community Bridge Consortium:

- Designed for teens and adults with developmental cognitive disabilities
- Customized education, special events and enrichment classes
- Opportunities to socialize with peers and friends
- Fine arts experiences
- Sign language interpreters
- Resources for disabilities awareness and education
- Adapted materials
- Registration assistance

The consortium is sponsored by the school districts of South Washington County, Mahtomedi, North St. Paul-Maplewood-Oakdale, Roseville Area, and White Bear Lake Area.

To Register:

Visit isd622.ce.eleyo.com or call 651-748-7232 to request the latest brochure.



Bert and others enjoyed a tour and interactive presentation at the Cottage Grove Fire Department.

Pictured (left to right): Firefighter and Paramedic Bill King, Bert trying on an official Fire Department jacket and Fire Chief Jon Pritchard.



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FACILITY RENTAL

South Washington County Schools (SoWashCo Schools) encourages the use of district buildings and schools by outside groups and community members. For your next meeting or event in Cottage Grove, Newport, St. Paul Park or Woodbury, consider your local school facilities.

Why District Facilities?

- Affordable and close to home
- Large and small group accommodations
- Smoke free environment
- Handicap accessible facilities

Spaces Available

- Conference rooms
- Lecture halls
- Gyms
- Auditoriums
- Cafeterias
- Classrooms
- Fields

Space is available for rent in the evenings and on weekends.



Information and Reservations

Please contact the facilities scheduler at 651-425-6604 or visit the website at commed.sowashco.org/facility-rental

GREAT RIVERS

ADULT EDUCATION CONSORTIUM

ADULT COLLEGE CAREER ENGLISH SKILLS SERVICES



- Learn English
- Finish your High School Diploma
- Prepare for the High School Equivalency Test
- Take an Official GED or HiSet Test
- Gain Career Skills



“This program has proved invaluable in helping me create a better future for myself and my family.”



Our goal is to create a welcoming and supportive place for people to learn and make connections.

Join Our Programs

We offer morning, afternoon and evening classes in Cottage Grove, Hastings and Woodbury. You can join our FREE program if you're 17 or older, not attending high school, and need help with reading, math, writing, or speaking English below the 12th-grade level.

Pursue Higher Education

- Master foundational reading, writing and math skills
- Attain your high school diploma
- Prepare for the high school equivalency test
- Take an official GED test at one of our two official Pearson Vue Testing Centers
- Explore higher education options

Connect with the Community

- Navigating systems within the community
- County services
- College application process
- Employer benefits packages
- Public school system
- Prepare for your citizenship exam

Advance Your Career

- Practice interviewing
- Explore career options
- Find employment opportunities
- Prepare for the ParaPro Assessment
- Achieve stability and independence

Gain Computer and Online Skills

- Develop basic computer skills
- Learn to use email and the Internet
- Learn to use Microsoft Word, Excel, PowerPoint and Outlook

Learn English

- Learn to read, speak and write in English
- Increase your English language proficiency
- Improve your pronunciation

No English?

Text 651-270-3266 or email us to learn more about our FREE programs.

Envíe un mensaje de texto o correo electrónico, en su propio idioma, para solicitar información sobre nuestros programas GRATUITOS.

651-425-6634

greatrivers@sowashco.org



Learn more and register:
commed.sowashco.org/greatrivers

Register Online at commed.sowashco.org/greatrivers | Spring and Summer 2025

AQUATICS

SoWashCo Community Education Aquatics program offers swimming lessons, specialty classes, fitness and recreational opportunities starting at 12 months of age through adult.

Course offerings typically include:

Swimming Lessons

- Toddler
- Preschool
- Beginner
- Intermediate
- Advanced
- Adult Beginner
- Special Needs
- Semi Private
- Private
- Diving

Find class schedules at sowashco.ce.eleyo.com

JOIN US FOR
Open Swim on
non-school days.

Register at
bit.ly/SWnsd



Don't know which class level to sign up for next?

Register for the student's current level. Our staff will adjust their placement if necessary.

For course information and registration policies visit website, commed.sowashco.org/aquatics. Register or view class times and locations at sowashco.ce.eleyo.com.

MIDDLE SCHOOL

SoWashCo Community Education middle school athletics emphasizes skill development and team play. Students learn the fundamentals of the sport and have meets against other SoWashCo middle schools.

Middle School Track

CGMS/OMS Grade 6-7 Boys

JA3110 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Cottage Grove Middle School

CGMS/OMS Grade 6-7 Girls

JA3111 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Cottage Grove Middle School

CGMS/OMS Grade 8 Boys

JA3112 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Cottage Grove Middle School

CGMS/OMS Grade 8 Girls

JA3113 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Cottage Grove Middle School

LMS/WMS Grade 6-7 Boys

JA3114 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Lake Middle School

LMS/WMS Grade 6-7 Girls

JA3115 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Lake Middle School

LMS/WMS Grade 8 Boys

JA3116 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Lake Middle School

LMS/WMS Grade 8 Girls

JA3117 23 sessions \$165
2:45-4:30 p.m. M-Th Apr 7-May 15
Lake Middle School



No transportation will be provided for middle school athletics. Families must transport their students to and from practices and meets.

All participants MUST have a sports physical on file with the Community Education office. Download forms at commed.sowashco.org/athletics.

CAMPS AND CLINICS



Register
by March 2

My7on7 Football Passing League

Step into the future of football! This co-ed, minimal contact (touch) league is for youth in Kindergarten-grade 8. Learn and develop football skills in a dynamic, fast-paced environment. Soft shell helmets are **MANDATORY** and are available for purchase or rent at registration.

Schedule (all grade levels):

Each session will last about 1-1.5 hours and will include two games. Exact schedules for each grade will be determined closer to the kick-off date.

- 2-7 p.m., Sundays, Apr. 6, 13 and 27 at East Ridge High School

- **My7on7 State Championship** will be held on Sunday, May 4 at Stillwater High School.

Kindergarten

C209 4 sessions \$55

Grade 1-8

C208 4 sessions

Register from Dec. 1-Mar. 2.....\$130
Late Registration after Mar. 2.....\$180

TGA Golf/Pickleball Spring Camp

Have fun learning golf and pickleball with awesome coaches, exciting games, and new friends!



Age 7-12 - Golf and Pickleball

C360 4 sessions \$349
9 a.m.-3:30 p.m. Mon-Thu Mar 10-13
Valley Crossing Elementary

Age 7-12 - Golf

C361 4 sessions \$219
9 a.m.-12 p.m. Mon-Thu Mar 10-13
Valley Crossing Elementary

Age 7-12 - Pickleball

C362 4 sessions \$219
12:30-3:30 p.m. Mon-Thu Mar 10-13
Valley Crossing Elementary

TGA Spring Pickleball Enrichment Program

Rally, volley, and compete in fun drills and games while learning the fast-paced sport of pickleball!

Grade K-5

C371 6 sessions \$189
3:55-4:55 p.m. Thu Apr 3-May 15
Liberty Ridge Elementary

C369 6 sessions \$189
3:55-4:55 p.m. Tue Apr 15-May 20
Nuevas Fronteras Spanish Immersion

C370 6 sessions \$189
3:15-4:15 p.m. Wed Apr 16-May 21
Woodbury Elementary



TGA Spring Pickleball Middle School Lesson League

Level up your pickleball game with fun lessons, friendly matches, and new strategies to improve your skills!

Grade 6-8

C379 6 sessions \$189
2:45-3:45 p.m. Wed Apr 16-May 28
Woodbury Middle School



TGA Pickleball/Tennis Single Day Camps

Play pickleball and tennis, practice cool skills, and have a blast with fun games and challenges!

Age 7-12 - Pickleball and Tennis

C375 1 session \$154
9 a.m.-3:30 p.m. Mon Apr 21
Cottage Grove Elementary

Age 7-12 - Pickleball

C376 1 session \$89
9 a.m.-12 p.m. Mon Apr 21
Cottage Grove Elementary

Age 7-12 - Tennis

C377 1 session \$89
12:30-3:30 p.m. Mon Apr 21
Cottage Grove Elementary



TGA Tennis/Golf Single Day Camp

Play golf and tennis, learn new skills, and have an action-packed day full of fun!

Age 7-12 - Tennis and Golf

C363 1 session \$154
9 a.m.-3:30 p.m. Mon Mar 17
Liberty Ridge Elementary

Age 7-12 - Golf

C365 1 session \$89
12:30-3:30 p.m. Mon Mar 17
Liberty Ridge Elementary

Age 7-12 - Tennis

C364 1 session \$89
9 a.m.-12 p.m. Mon Mar 17
Liberty Ridge Elementary



TGA Spring Golf Enrichment (Age 4-6)

Learn how to hold a club, swing, and play games that make golf fun and easy!

Age 4-6

C378 5 sessions \$159
6:15-7 p.m. Wed Apr 23-May 21
Grey Cloud Elementary

TGA Spring Tennis Enrichment Program

Smash, serve, and rally with friends while learning tennis through exciting games and activities!

Grade K-5

C372 6 sessions \$189
3:15-4:15 p.m. Tue Apr 15-May 20
Middleton Elementary

C373 6 sessions \$189
3:55-4:55 p.m. Wed Apr 16-May 21
Red Rock Elementary

C374 6 sessions \$189
3:15-4:15 p.m. Thu Apr 17-May 22
Hillside Elementary



Happy Feet Preschool Soccer

Happy Feet teaches soccer skills through fun, imaginative play, fostering development and creativity with engaging activities and small-sided scrimmages.

Age 2-3

C356 4 sessions \$65
6-6:30 p.m. Tue Mar. 18-Apr. 8
Grey Cloud Elementary

Age 4-5

C357 4 sessions \$65
6:30-7 p.m. Tue Mar. 18-Apr. 8
Grey Cloud Elementary

Age 6-7

C358 4 sessions \$65
7-7:40 p.m. Tue Mar. 18-Apr. 8
Grey Cloud Elementary

Soccer Shots

This high-energy soccer program focuses on individual skills, fitness, sportsmanship, and teamwork through fun games and team competitions.



Age 2-3 - "Mini"

C713 6 sessions \$122
5-5:30 p.m. Thu Apr 17-May 29
Pullman Elementary

Age 3-5 - "Classic"

C714 6 sessions \$122
5:35-6:05 p.m. Thu Apr 17-May 29
Pullman Elementary

Age 5-8 - "Premier"

C715 6 sessions \$122
6:10-6:40 p.m. Thu Apr 17-May 29
Pullman Elementary

Grade K-2

C711 4 sessions \$98
3:55-4:40 p.m. Fri May 2-May 23
Nuevas Fronteras

C712 4 sessions \$98
3:50-4:35 p.m. Fri May 2-May 23
Valley Crossing Elementary

C710 4 sessions \$98
3:55-4:40 p.m. Fri May 9-May 30
Red Rock Elementary

CAMPS AND CLINICS

DASH Sports Flag Football Camp

Learn passing, catching, rushing, and defense in a fun, low-contact environment. Camp ends with scrimmages on the final two days.



Grade K-5

C320 3 sessions \$89
3:55-5:15 p.m. Mon Mar 31-Apr 14
Red Rock Elementary

C321 3 sessions \$89
3:55-5:15 p.m. Mon Mar 31-Apr 14
Liberty Ridge Elementary

C322 3 sessions \$89
3:15-4:35 p.m. Fri Apr 4-25
Grey Cloud Elementary

C323 3 sessions \$89
3:15-4:35 p.m. Fri Apr 4-25
Middleton Elementary

C324 4 sessions \$89
2:30-3:30 p.m. Tue Apr 8-29
Newport Elementary

C325 4 sessions \$89
3:55-4:55 p.m. Tue Apr 8-29
Bailey Elementary

C326 4 sessions \$89
2:30-3:30 p.m. Wed Apr 9-30
Royal Oaks Elementary

C327 4 sessions \$89
3:55-4:55 p.m. Wed Apr 9-30
Valley Crossing Elementary

C328 4 sessions \$89
2:30-3:30 p.m. Thu Apr 10-May 1
Crestview Elementary

C329 3 sessions \$89
3:55-5:15 p.m. Thu Apr 10-24
Nuevas Fronteras Spanish Immersion

DASH Sports Flag Football Tykes Camp

A fun introduction to flag football focusing on passing, catching, and defense. Skill-based games included.

Parent participation encouraged when needed.

Age 3-6

C330 3 sessions \$79
5:45-6:30 p.m. Mon Mar 31-Apr 14
Liberty Ridge Elementary

DASH Sports Saturday Soccer Camp

Develop dribbling, passing, shooting, and defense skills in a fun setting. Camp ends with scrimmages on the final two days.

Age 6-8

C331 4 sessions \$89
11:05 a.m.-12:05 p.m. Sat Apr 5-26
Grey Cloud Elementary



DASH Sports Saturday Soccer Tykes Camp

Intro to soccer focusing on dribbling, passing, and shooting through fun skill-based games.

Parent participation encouraged when needed.

Age 2-3

C332 4 sessions \$79
9:30-10 a.m. Sat Apr 5-26
Grey Cloud Elementary

Age 4-5

C333 4 sessions \$85
10:10-10:55 a.m. Sat Apr 5-26
Grey Cloud Elementary

DASH Sports Evening T-ball Tykes Camp

Learn throwing, catching, batting, and baserunning. Final day is 'Game Day' to showcase skills.

Parent participation required for ages 2-3 and recommended as needed for age 4+.

Age 2-3

C334 4 sessions \$85
5:15-6 p.m. Wed Apr 9-30
Valley Crossing Elementary

Age 4-6

C335 4 sessions \$85
6:15-7 p.m. Wed Apr 9-Apr 30
Valley Crossing Elementary

DASH Sports Saturday T-ball Tykes Camp

Intro to T-ball focussing on throwing, catching, batting, and baserunning. Final day is 'Game Day' to showcase skills.

Parent participation required for ages 2-3.

Age 2-3

C346 4 sessions \$85
9:30-10:15 a.m. Sat May 3-31
Valley Crossing Elementary

Age 4-6

C347 4 sessions \$85
10:25-11:10 a.m. Sat May 3-31
Valley Crossing Elementary

DASH Sports Saturday T-ball Camp

Learn throwing, catching, batting, and baserunning. Final day is 'Game Day' to showcase skills.

Parent participation is recommended as needed for age 4+.

Age 4-7

C348 4 sessions \$85
11:20 a.m.-12:05 p.m. Sat May 3-31
Oltman Middle School

DASH Sports No School Multi-Sport Camp

Play soccer, basketball, and flag football, plus fun games like kickball and dodgeball. Enjoy a day filled with skill-based activities and games.

Grade K-5

C351 1 session \$95
9 a.m.-4 p.m. Mon Apr 21
Oltman Middle School

C352 1 session \$95
9 a.m.-4 p.m. Fri May 23
Oltman Middle School

DASH Sports Track and Field Camp

Practice sprinting, throwing, jumping, and relay running with a focus on technique and fun activities.



Grade K-5

C336 4 sessions \$89
3:55-4:55 p.m. Mon Apr 28-May 19
Red Rock Elementary

C337 4 sessions \$89
3:55-4:55 p.m. Mon Apr 28-May 19
Liberty Ridge Elementary

C338 4 sessions \$89
3:15-4:15 p.m. Fri May 2-30
Grey Cloud Elementary

C339 4 sessions \$89
3:15-4:15 p.m. Fri May 2-30
Middleton Elementary

C340 4 sessions \$89
2:30-3:30 p.m. Tue May 6-27
Newport Elementary

C341 4 sessions \$89
3:55-4:55 p.m. Tue May 6-27
Bailey Elementary

C342 4 sessions \$89
2:30-3:30 p.m. Wed May 7-28
Royal Oaks Elementary

C343 4 sessions \$89
3:55-4:55 p.m. Wed May 7-28
Valley Crossing Elementary

C344 3 sessions \$89
2:30-3:30 p.m. Thu May 15-29
Crestview Elementary

C345 3 sessions \$89
3:55-5:15 p.m. Thu May 8-29
Nuevas Fronteras Spanish Immersion

DASH Sports Track and Field Tykes

Intro to running, jumping, and throwing through fun drills and games.

Parent participation required for ages 2-3.

Age 2-3

C349 4 sessions \$79
5:15-5:45 p.m. Wed May 7-28
Valley Crossing Elementary

C350 4 sessions \$85
6-6:45 p.m. Wed May 7-28
Valley Crossing Elementary



Skyhawks Spring Baseball

Kids learn fielding, catching, throwing, hitting, and baserunning while building teamwork, respect, and a love for the game.

Age 5-8

C300 4 sessions \$89
3:55-4:55 p.m. Tue Apr 29-May 20
Bailey Elementary

Skyhawks Baseball Tots Camp

Young players develop coordination and baseball fundamentals through fun games designed to build confidence and a love for the sport.

Age 3-4

C301 4 sessions \$69
5:05-5:35 p.m. Tue Apr 29-May 20
Bailey Elementary

Skyhawks Mini-Hawk Baseball

A fun, multi-sport introduction where young athletes learn baseball skills in a safe and structured environment.

Age 4-5

C302 4 sessions \$79
5:45-6:25 p.m. Tue Apr 29-May 20
Bailey Elementary

Skyhawks Soccer Camp

Develop dribbling, passing, shooting, and ball control while learning teamwork and sportsmanship in a fun, supportive setting.

Age 5-8

C303 4 sessions \$89
3:20-4:20 p.m. Thu May 1-22
Middleton Elementary

Skyhawks Soccer Tots Camp

Young players build motor skills, confidence, and soccer fundamentals through fun, age-appropriate activities and games.



Age 3-4

C304 4 sessions \$69
4:30-5 p.m. Thu May 1-22
Middleton Elementary

Skyhawks Mini-Hawk Soccer

A fun, multi-sport introduction where young athletes learn soccer skills in a safe and structured environment.

Age 4-5

C305 4 sessions \$79
5:10-5:50 p.m. Thu May 1-22
Middleton Elementary



Skyhawks Flag Football Camp

Kids learn passing, catching, and defense while developing teamwork and confidence. The camp ends with a fun Skyhawks Super Bowl game.

Age 8-10

C309 4 sessions \$89
11:15 a.m.-12:15 p.m. Sat May 3-24
Cottage Grove Middle School

Skyhawks Mini-Hawk Flag Football

A fun, multi-sport introduction where young athletes learn flag football skills in a safe and structured environment.

Age 5-7

C308 4 sessions \$79
10:20-11:05 a.m. Sat May 3-24
Cottage Grove Middle School

Skyhawks 1st Down Tots Camp

A fun parent-child class where kids learn football basics like running control, passing, catching, and defense through engaging games.

Age 2-3

C306 4 sessions \$69
9-9:30 a.m. Sat May 3-24
Cottage Grove Middle School

Age 3-4

C307 4 sessions \$69
9:40-10:10 a.m. Sat May 3-24
Cottage Grove Middle School

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Gateway to Miracles A CAMPAIGN TO SHADE OUR PLAYERS



Help us raise \$75,000 to improve the
Woodbury Rotary Miracle Field at Jeff Hanson Memorial Ballpark.

We would like a shade structure and wheelchair-friendly
picnic tables in place for the 2026 playing season.

The Woodbury Rotary Club thanks you!
Visit www.woodburyrotarycf.org for details.



RECREATION

Volleyball Camp Taught in Spanish

Learn volleyball in Spanish: passing, setting, hitting, serving, blocking, offense, defense and game play. For beginner and intermediate players.



Grade 3-5

YE3301 4 sessions \$108
5:30-6:30 p.m. Mon/Wed Apr 7-16
Nuevas Fronteras Spanish Immersion

Serenity Farm Horse Camp

Discover the basics of horse care, grooming, and riding. Equipment and supplies will be provided.

Age 6-12

YE3526 1 session \$125
9 a.m.-2 p.m. Fri Apr 18
Serenity Farm

Miss Laura's Little Athletes Gym Class

Experience fun music and movement activities promoting early childhood development. Enjoy winter games, Valentine songs, and St. Patrick's fun. Includes a free superhero cape t-shirt. *Children must be accompanied by a caregiver.*

Age 1 (walking)-5.5

YE3751 8 sessions \$149
9-9:45 a.m. Wed Apr 2-May 21
All Saints Lutheran

YE3752 8 sessions \$149
10-10:45 a.m. Wed Apr 2-May 21
All Saints Lutheran

YEL Fencing

Experience YEL's Teach It, Practice It, Play It® approach while learning fencing skills, practice in games, and compete in matches.



Grade 2-5

YE3424 8 sessions \$130
6:15-7:15 p.m. Tue Mar 25-May 13
District Program Center

Grade 6-12

YE2325 8 sessions \$170
7:20-8:50 p.m. Tue Mar 25-May 13
District Program Center

GYMNASTICS

It is our goal to teach in a positive, fun and safe environment. We strive to develop self-esteem and physical fitness. Our program is suited for recreational, developmental and competitive gymnasts.

We offer year-round evening and weekend classes for girls and boys ages 18 months-18 years old at East Ridge, Park and Woodbury high schools.



Register at
sowashco.ce.eleyo.com



Park Gymnastics

Park High School Gymnastics Center

8040 80th Street South, Cottage Grove, MN 55016

Summer location change: Due to construction at Park High School, June, July and August classes will be held at Woodbury High School.

For questions, contact **Coach Kristy Clarke**
cottagegrovegymnastics@gmail.com



East Ridge Gymnastics

East Ridge High School Gymnastics Center

4200 Pioneer Drive, Woodbury, MN 55129

For questions, contact **Coach Caroline Uργο**
curgo0@sowashco.org



Woodbury Gymnastics

Woodbury High School Gymnastics Center

2665 Woodlane Drive, Woodbury, MN 55125

For questions, contact **Coach Julie Remackel**
julie@jogymnastics.com

More Information

For gymnastics schedules, course information, registration dates and policies visit our website at commed.sowashco.org/gymnastics.

Financial Assistance

Visit page 50 to learn about financial assistance.

CREATE

Super Artist

Draw motorcycles, boats, butterflies, and even a portrait of Beethoven in this fun springtime art class!



Grade K-5

YE3501 6 sessions \$83
3:15-4:15 p.m. Mon Mar 24-May 5
Hillside Elementary

YE3503 6 sessions \$83
3:15-4:15 p.m. Tue Mar 25-Apr 29
Grey Cloud Elementary

YE3506 6 sessions \$83
3:50-4:50 p.m. Wed Mar 26-Apr 30
Red Rock Elementary

YE3502 5 sessions \$69
3:15-4:15 p.m. Thu Apr 3-May 8
Pine Hill Elementary

YE3508 6 sessions \$83
2:30-3:30 p.m. Fri Apr 4-May 16
Royal Oaks Elementary

YE3504 6 sessions \$83
3:50-4:50 p.m. Tue Apr 15-May 20
Valley Crossing Elementary

YE3505 6 sessions \$83
3:15-4:15 p.m. Wed Apr 16-May 21
Middleton Elementary

YE3507 4 sessions \$55
3:15-4:15 p.m. Thu Apr 17-May 29
Cottage Grove Elementary

Storybook Art Starring: Pete the Cat

Bring Pete the Cat to life as you sketch and paint his colorful shoes using watercolors!

Age 5.5-12

YE3121 1 session \$31
2-3:30 p.m. Sat Apr 5
East Ridge High School

eARTh Day ART

Let's celebrate eARTh day creating ART!! Paint a glorious and whimsical planet earth with acrylics on canvas.

Age 6.5-12

YE3122 1 session \$31
10 a.m.-12 p.m. Sat Apr 5
East Ridge High School

Creative Sewing

Learn to sew using a machine, practice different stitches, and create your own unique sewing project.

Age 8-12

YE3073 4 sessions \$118
4-6 p.m. Wed Apr 2-23
Nena's Designs

YE3074 4 sessions \$118
4-6 p.m. Wed May 7-28
Nena's Designs

Intensive Sewing Camp

Master sewing basics and complete two projects using hand and machine sewing techniques.

Grade 4-8

YE31208 1 session \$96
9 a.m.-1 p.m. Fri Apr 18
Nena's Designs

Anime and Manga

Create your own anime characters and complete fun drawings featuring faces, animals, action scenes, and more!



Grade 3-6

YE3512 4 sessions \$57
6:30-7:30 p.m. Tue Apr 29-May 20
East Ridge High School

YE3513 4 sessions \$57
6:30-7:30 p.m. Wed Apr 30-May 21
Cottage Grove Middle School

YE3511 4 sessions \$57
6:30-7:30 p.m. Thu May 1-22
East Ridge High School

Brilliant Sunset Acrylic on Canvas

Paint a glowing sunset over a forested peak using acrylics on canvas.

Age 5.5-12

YE3129 1 session \$31
10 a.m.-12 p.m. Sat May 3
Lake Middle School

Cake Decorating: Mother/Child class

Decorate cakes together and learn how to pipe beautiful frosting flowers. Each registered person gets their own cake!

Age 8+

YE370 1 session \$82/person
10 a.m.-12:30 p.m. Sat May 3
East Ridge High School

MUSIC

30-minute Private Music Lessons

Register for the 30-minute time slot that best fits your schedule.

String, piano, voice, etc. with Michelle Dunkirk - Age 9.5+

30 minutes 9 sessions \$351
Varies Tue Apr 1-May 27
Royal Oaks Elementary

30 minutes 9 sessions \$351
Varies Wed Apr 2-May 28
Royal Oaks Elementary

Guitar or banjo with George McCorkell - Grade 4-12

30 minutes 9 sessions \$279
Varies Tue Apr 1-May 27
East Ridge High School

Trumpet Lessons with Amy Schendel - Age 8.5+

30 minutes 8 sessions \$400
Varies Tue Apr 1-May 27
Woodbury High School

Brass Instrument Lessons with Todd Schendel - Age 8.5+

30 minutes 6 sessions \$300
Varies Tue Apr 1-May 6
Woodbury High School

Miss Laura's A Little Music In Me

Enjoy music together through songs, games, and fun activities with winter, Valentine, and St. Patrick's themes.

Children must be accompanied by a caregiver.

Ages 1 (walking)-5

YE3782 8 sessions \$149
9-9:45 a.m. Thu Apr 3-May 22
All Saints Lutheran

YE3787 8 sessions \$149
10-10:45 a.m. Thu Apr 3-May 22
All Saints Lutheran



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EQUI-ED

Visit: equiedmn.com

Pony Power Hour

*90 minutes including: **Horse Time**

Reading & Math Tutoring

Life Skills enhancement

All tailored to meet **individual needs.**

Contact: equiedmn@gmail.com



*Equine Assisted Learning

*Equine Specialist

*Career Educator

St. Croix Knoll Stables

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

PERFORMING ARTS



IMPROV: Acting without a Script

Come join the fun! Play exciting improv games, learn theater basics, and boost your communication skills, confidence, and creativity while working together in a supportive, playful environment!

New and returning students are welcome. Join us for a showcase during the last class!

Grade 3-6

YE3321 8 sessions \$135
3:50-4:50 p.m. Wed Mar 26-May 14
Valley Crossing Elementary

Grade 6-9

YE3322 8 sessions \$169
6-7:15 p.m. Tue Mar 25-May 13
East Ridge High School

SKILLS AND DEVELOPMENT



Babysitting for Boys and Girls

Age 10.5+

Learn leadership, safety, basic care, the business of babysitting, and first aid for breathing and bleeding emergencies from a certified instructor.

Students must attend all 6 hours of class.

Visit sowashco.ce.eleyo.com for class times, dates and locations.

Ready To Be Home Alone

Learn CPR/First aid, how to handle home and medical emergencies and address problems the unexpected situations from a Red Cross instructor. Get a home safety checklist and what your parents expect checklist.

Age 7.5 +

YE34826 2 sessions \$47
4:30-6 p.m. Wed, Thu Apr 2-3
District Program Center



Driver Education

Prepare to take the Minnesota permit test. Safeway Driving School provides 30 hours of classroom structured into 10 lessons. After completing class, students who are 15 years old are eligible to take the permit test at any Minnesota exam center.

Behind-the-wheel instruction includes three, two-hour private lessons for a total of six hours of instruction in a Safeway car on city streets, highways and freeways with a responsible, licensed Safeway instructor.

Age 14.5-18

DE31001 10 sessions \$439
3:20-6:20 p.m. M-Th Apr 14-May 1
East Ridge High School

DE33001 10 sessions \$439
3:30-6:30 p.m. M-Th Apr 14-May 1
Park High School

DE34001 10 sessions \$439
3:20-6:20 p.m. M-Th Apr 14-May 5
Woodbury High School

DE31002 10 sessions \$439
3:20-6:20 p.m. M-Th May 12-28
East Ridge High School

DE33002 10 sessions \$439
3:30-6:30 p.m. Mon-Thu May 12-29
Park High School

DE34002 10 sessions \$439
3:20-6:20 p.m. M-Th May 12-28
Woodbury High School

Driver Education ONLINE

Class is conducted through a secure Zoom platform. Safeway will email the classroom handouts and the MN Driver's Manual in PDF format. The curriculum should be printed and available for use during class.

Age 14.5-18

DE349001 10 sessions \$439
4-7 p.m. M-Th May 12-28



Advantage ACT Prep Course

Improve test-taking skills and overall ACT scores. Including an introduction to ACT format, subject area instruction, test strategies, overcoming test anxiety and time management.



Grade 9-12

YE36501 4 sessions \$180
8:30-11:30 a.m. Sat Apr 26-May 17
Woodbury High School

YE36551 4 sessions \$180
6-9 p.m. Thu May 1-22
East Ridge High School

Virtual Advantage ACT Prep Class ONLINE

Instructors teach and answer questions live via citurral classroom.

Grade 9-12

YE36929 4 sessions \$180
9 a.m.-12 p.m. Sat Apr 26-May 17

Intensive Etiquette Camp

Learn manners and etiquette with a fun, hands-on approach, including proper behavior at the table and in public, conversation skills and public speaking. Lunch demo on the last day.

Age 8-12

YE3370 1 session \$84
2-5 p.m. Fri Apr 18
Nena's Designs

Leadership Skills Taught in Spanish

Participate in activities to develop communication, socio emotional learning and physical training to gain leadership skills.

Grade 4-5

YE3302 4 sessions \$90
5-6 p.m. Mon/Wed May 5-14
Nuevas Fronteras Spanish Immersion

Boat America 2025

Learn boating fundamentals in this in-depth boating safety course. Gain the knowledge needed to obtain a MN or WI boating certificate.



Some insurance companies will also offer discounts on boating insurance after successfully completing this course.

YE31020 1 session
8 a.m.-3 p.m. Sat Jun 28
Woodbury High School

First family member \$50
Per additional family member.....\$7

STEM



Robotics & STEM - Young Engineers

Explore new Robotics and STEM concepts and apply them by creating functional robots and machines in each class, independently or in pairs.

Transit Tech, Grade 1-5

Learn about Aviation principles, Power and Speed Gears and Elastic energy.

YE3024 6 sessions \$125
3:50-5:20 p.m. Tue Mar 18-Apr 22
Nuevas Fronteras Spanish Immersion

YE3022 6 sessions \$125
3:50-5:20 p.m. Wed Mar 19-Apr 23
Valley Crossing Elementary

YE3023 6 sessions \$125
3:50-5:20 p.m. Thu Mar 20-Apr 24
Liberty Ridge Elementary

YE3021 6 sessions \$125
3:50-5:20 p.m. Mon Mar 24-May 5
Red Rock Elementary

Rescue Ranger Machines, Grade 1-5

Explore programming and engineering concepts such as elastic energy, pulley mechanism and pivot mechanism.

YE3061 4 sessions \$100
6:30-8 p.m. Thu Apr 17-May 8
East Ridge High School

YEL Grandmasters of Chess 1.3-Spring

New and returning students will learn advanced beginner and intermediate concepts with 60+ lessons, thousands of puzzles, guided games, and in-class tournaments.

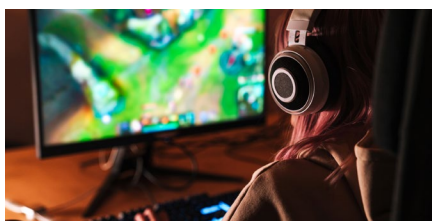
For new and returning students. Includes ChessKid.com membership for the session.

Grade K-5

YE3426 8 sessions \$133
3:55-4:55 p.m. Fri Mar 21-May 16
Nuevas Fronteras Spanish Immersion

YE3427 8 sessions \$133
3:50-4:50 p.m. Thu Mar 27-May 22
Valley Crossing Elementary

YE3428 8 sessions \$133
3:50-4:50 p.m. Thu Mar 27-May 15
Red Rock Elementary



Multiplayer Minecraft ONLINE

Team up with others in Minecraft.

Theme Park Builder, Grade 1-5

Create a custom theme park with rides and attractions!

YE3010 1 session \$37
6-8 p.m. Tue Apr 1

Survival Challenge, Grade 2-6

Explore, overcome challenges and complete quests.

YE3016 1 session \$37
6-8 p.m. Wed Apr 9

World Builder Grade 1-5

Create biomes and meld them together or separate them with water, lava or the void.

YE3018 1 session \$31
6-7:30 p.m. Wed Apr 16

Dungeons & Dragons 101 with Character Creation ONLINE

Experience the magic of Dungeons and Dragons! Learn the basics, create your character, and develop problem-solving, teamwork, and creative thinking skills in an exciting role-playing adventure.

Grade 1-6

YE3011 1 session \$40
6-8 p.m. Wed Apr 2

Intro to Java Coding ONLINE

Learn the basics of Java and how to organize code using objects while creating your own text-based role-playing game. No programming experience needed.



Grade 1-6

YE3012 2 sessions \$56
6-7:30 p.m. Thu Apr 3-10

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All BOYS and GIRLS grades K-5 are invited to join

CUB SCOUTS



Scan to
JOIN TODAY!



What is Cub Scouts all about?

Outdoor adventures, camping,
family outings, games with friends,
and character development

Scholarships available. No child will be turned away due to inability to pay.

Learn more at GoScouting.org



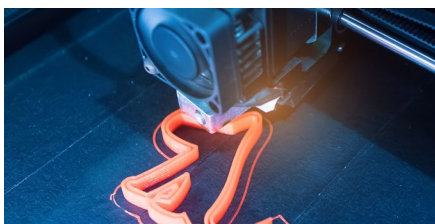
NORTHERN STAR SCOUTING



Computer required (Windows or MacBook), program will not work on Chromebook, tablets or phones. See online course description for additional requirements.

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

STEM

**Intro to 3D Printing** ONLINE

Design a keychain while learning the 3D printing process from start to finish. Your design will be printed and mailed home.

Grade 1-4

YE3013 1 session \$50
8-9:30 a.m. Sat Apr 5

Virtual Reality Coding ONLINE

Create 3D virtual reality environments and characters using CoSpaces to design your own games and VR projects. Viewable on mobile phones and VR systems.

**Grade 3-6**

YE3014 2 sessions \$75
10:30 a.m.-12:30 p.m. Sat Apr 5-12



Computer required (Windows or MacBook), program will not work on Chromebook, tablets or phones. See online course description for additional requirements.

Dungeons & Dragons 101: One Shot Minecraft Adventure ONLINE

Learn the basics of Dungeon and Dragons. Pick and develop your character and join us for a Minecraft one shot campaign.

**Grade 2-5**

YE3015 2 sessions \$60
6-7:30 p.m. Tue Apr 8-15

Pokémon Game Coding ONLINE

In this class, we introduce students to programming concepts using Scratch. Learn to create an interactive 2D video game using your FAVORITE Pokémon characters. Scratch is a drag-and-drop creative coding platform developed by MIT.

**Grade 2-6**

YE3017 1 session \$31
8-9:30 a.m. Sat Apr 12

Intro to Video Game Design with Nintendo Characters ONLINE

Create YOUR OWN VIDEO GAME! Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels

Grade 1-4

YE3019 1 session \$31
6-7:30 p.m. Thu Apr 17

3D Printing: Pokémon ONLINE

Design your own 3D pocket monster. Learn CAD modeling and 3D design. Designs will be printed and mailed home.

**Grade 2-5**

YE3020 1 session \$56
8-10 a.m. Sat Apr 19

Code Championship Tournament Series | Virtual Computer Coding Competition ONLINE

Compete in four weekly online coding tournaments. Build a computer bot and play against other coders!

No coding experience necessary. Basic typing, mouse control and Internet skills are required.

Grade 3-9

YE3101 4 sessions \$74
9-11 a.m. Sat Apr 19-May 10

**Explore Our Youth Programs for Summer 2025**

Plan now for a fun-filled summer. Choose activities ranging from creative arts and crafts, exciting STEM adventures, active athletics and team sports and much more! Your child will have the opportunity to explore interests, develop skills and build friendships in a safe and engaging environment.

CAMPS AND CLINICS**TGA Summer Pickleball Middle School Lesson League**

Improve your pickleball game with skill lessons, strategy, and friendly matches in a fun and supportive setting.

Age 11-14

C492 5 sessions \$159
6:30-7:30 p.m. Tue Jun 10-Jul 8
Oltman Middle School

C493 5 sessions \$159
6:30-7:30 p.m. Tue Jul 22-Aug 19
Lake Middle School

TGA Summer Golf Enrichment Program (Ages 4-6)

Learn golf basics like grip, stance, and swing in a fun, supportive environment filled with games and activities.

Age 4-6

C490 5 sessions \$159
6:15-7 p.m. Wed Jun 11-Jul 9
Cottage Grove Middle School

C491 5 sessions \$159
6:15-7 p.m. Wed Jul 23-Aug 20
Cottage Grove Middle School



TGA Golf/Pickleball Summer Camp

Swing, serve, and have a blast! Learn golf and pickleball through fun games, skill-building and friendly competition.

Age 7-12 - Golf and Pickleball

C481 4 sessions \$349
9 a.m.-3:30 p.m. Mon-Thu Jun 23-26
Cottage Grove Elementary

Age 7-12 - Golf

C482 4 sessions \$219
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Cottage Grove Elementary

Age 7-12 - Pickleball

C483 4 sessions \$219
12:30-3:30 p.m. Mon-Thu Jun 23-26
Cottage Grove Elementary

TGA Tennis/Golf Sumer Camp

Serve, swing, and score big! Play tennis and golf while learning new skills, making friends, and having a great time.

Age 7-12 - Tennis and Golf

C484 4 sessions \$349
9 a.m.-3:30 p.m. Mon-Thu Jul 14-17
Bailey Elementary

Age 7-12 - Tennis

C485 4 sessions \$219
9 a.m.-12 p.m. Mon-Thu Jul 14-17
Bailey Elementary

Age 7-12 - Golf

C486 4 sessions \$219
12:30-3:30 p.m. Mon-Thu Jul 14-17
Bailey Elementary

TGA Pickleball/Tennis Summer Camps

Hit the courts for an exciting mix of pickleball and tennis! Learn skills, play games, and have tons of fun.



Age 7-12 - Pickleball and Tennis

C487 4 sessions \$349
9 a.m.-3:30 p.m. Mon-Thu Aug 11-14
Cottage Grove Elementary

Age 7-12 - Pickleball

C488 4 sessions \$219
9 a.m.-12 p.m. Mon-Thu Aug 11-14
Cottage Grove Elementary

Age 7-12 - Tennis

C489 4 sessions \$219
12:30-3:30 p.m. Mon-Thu Aug 11-14
Cottage Grove Elementary

CHEM Athletics (Character, Hand and Eye Coordination, Mind)-Tennis/Pickleball

Develop tennis and pickleball skills while building focus, confidence, and resilience. Coach brings pro-level experience to help players excel on and off the court.



Grade 2-8

C550 4 sessions \$87
6-7:30 p.m. Tue Jul 8-29
Park High School

Grade K-5

C551 4 sessions \$99
7:30-9 p.m. Tue Jul 8-29
Park High School

Soccer Shots

Engaging soccer programs focusing on skill development and character-building for children, with expert coaching and positive impact.



Age 2-3-Mini

C717 9 sessions \$195
5-5:30 p.m. Thu Jun 12-Aug 21
Pullman Elementary

C716 9 sessions \$195
5-5:30 p.m. Fri Jun 20-Aug 22
Hillside Elementary

C718 8 sessions \$173
9:30-10 a.m. Wed Jun 25-Aug 20
Pullman Elementary

Age 3-5-Classic

C720 9 sessions \$195
5:35-6:05 p.m. Thu Jun 12-Aug 21
Pullman Elementary

C719 9 sessions \$195
5:35-6:05 p.m. Fri Jun 20-Aug 22
Hillside Elementary

C721 8 sessions \$173
10:05-10:35 a.m. Wed Jun 25-Aug 20
Pullman Elementary

Age 5-8-Premier

C723 9 sessions \$195
6:10-6:40 p.m. Thu Jun 12-Aug 21
Pullman Elementary

C722 9 sessions \$195
6:10-6:40 p.m. Fri Jun 20-Aug 22
Hillside Elementary

C724 8 sessions \$173
10:40-11:10 a.m. Wed Jun 25-Aug 20
Pullman Elementary



All Sports Camp

Try multiple sports, build skills, and grow as an athlete and leader in a fun, supportive environment!

Sports include: football, basketball, volleyball, swimming, soccer, track and field, baseball/softball, and lacrosse.

Grades 1-8

4 sessions \$275
8:30 a.m.-4:40 p.m. M-Th Aug. 4-7
Lake Middle School

Register at allsportscamphu.com



DASH Sports Multi Sport Camp-Full Day

Play soccer, basketball, and flag football while building skills in dribbling, passing, shooting, and defense. Plus, enjoy fun games like Dodgeball, Kickball, and Capture the Flag!

Age 5-12

C500 2 sessions \$169
9 a.m.-4 p.m. Thu, Fri Jun 5-6
Valley Crossing Elementary

C501 4 sessions \$299
9 a.m.-4 p.m. M-Th Aug 18-21
Oltman Middle School

C502 4 sessions \$299
9 a.m.-4 p.m. M-Th Aug 25-28
Lake Middle School

DASH Sports T-ball Tykes Camp

Kids practice throwing, catching, batting, and baserunning in a fun, supportive environment. Final day features a game to showcase skills.

Age 2-4

C506 4 sessions \$85
4:30-5:10 p.m. M-Th Jun 9-12
Oltman Middle School

Age 4-6

C507 4 sessions \$85
5:20-6 p.m. M-Th Jun 9-12
Oltman Middle School

*Grades refer to the participants grade for the 2025-26 school year.

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

CAMPS AND CLINICS

DASH Sports Baseball Camp

Practice throwing, catching, batting, and baserunning while building confidence and teamwork.

Bring a baseball glove.



Age 6-12

C504 4 sessions \$159
1-4 p.m. M-Th Jun 9-12
Oltman Middle School

C505 4 sessions \$159
9 a.m.-12 p.m. M-Th Aug 11-14
Lake Middle School

DASH Sports Phy Ed Games Camp

Play favorite gym games like dodgeball, kickball, and capture the flag while learning teamwork and sportsmanship.



Age 6-12

C503 4 sessions \$159
9 a.m.-12 p.m. M-Th Jun 9-12
Oltman Middle School

DASH Lacrosse Camp

Learn lacrosse fundamentals in a no-contact setting, including stick handling, cradling, passing, and shooting.

Age 6-12

C509 3 sessions \$135
1-4 p.m. Mon-Wed Jun 16-18
Middleton Elementary

DASH Sports Lacrosse Tykes

Introduce young athletes to lacrosse with fun drills focused on cradling, passing, and shooting.

Age 3-6

C510 3 sessions \$79
4:30-5:15 p.m. Mon-Wed Jun 16-18
Middleton Elementary

DASH Sports Triple Sport Camp

Kids build skills in soccer, basketball, and flag football through drills, games, and scrimmages in a fun, active setting.



Age 6-12

C508 3 sessions \$135
9 a.m.-12 p.m. Mon-Wed Jun 16-18
Middleton Elementary

DASH Sports Soccer Tykes Camp

Learn dribbling, passing, and shooting through fun drills and skill-based games.

Parent participation encouraged for younger players.

Age 2-4

C518 4 sessions \$79
4:30-5 p.m. M-Th Jun 23-26
Middleton Elementary

Age 4-7

C519 4 sessions \$89
5:15-6 p.m. M-Th Jun 23-26
Middleton Elementary

DASH Sports MLS GO Soccer Mini-League

Develop soccer skills through training and games.

Participants receive an MLS GO uniform.

Age 6-12

C517 4 sessions \$189
1-4 p.m. M-Th Jun 23-26
Middleton Elementary

DASH Sports Basketball Camp

Develop shooting, passing, dribbling, and defense skills in a fun environment. Camp ends with scrimmages.

Age 6-12

C511 4 sessions \$189
9 a.m.-12 p.m. M-Th Jun 23-26
Middleton Elementary

C512 4 sessions \$159
9 a.m.-12 p.m. M-Th Jul 21-24
Oltman Middle School

DASH Sports Volleyball Camp

Practice passing, serving, and hitting while building confidence and game awareness. Camp ends with scrimmages and fun challenges.

Age 6-12

C524 4 sessions \$159
1-4 p.m. M-Th Jun 30-Jul 3
Oltman Middle School

DASH Sports Cheer Camp

Learn cheer fundamentals, including jumps, hand movements, and teamwork, in a positive atmosphere.

Age 6-12

C520 4 sessions \$159
9 a.m.-12 p.m. M-Th Jun 30-Jul 3
Oltman Middle School

DASH Floor Hockey Camp

Develop stickhandling, passing, shooting, and defense skills in a fun, supportive environment.

Age 6-12

C528 4 sessions \$159
9 a.m.-12 p.m. M-Th Jul 7-10
Lake Middle School

DASH Floor Hockey Tykes Camp

Introduce young athletes to hockey with fun drills and skill-based games.

Parent participation required for ages 2-3 and encouraged for 4+.



Age 3-6

C529 4 sessions \$89
4:45-5:30 p.m. M-Th Jul 7-10
Lake Middle School

DASH Sports Jr. NBA Basketball Camp

Build basketball skills through drills and scrimmages. Each participant receives a custom Jr. NBA jersey.

Age 6-12

C513 4 sessions \$184
1-4 p.m. M-Th Jul 7-10
Lake Middle School

DASH Sports Pickleball Camp

Learn serving, volleys, and game strategy in a fun environment.

Bring a pickleball paddle.

Age 6-12

C530 4 sessions \$159
9 a.m.-12 p.m. M-Th Jul 14-17
Middleton Elementary

DASH Sports SNAG Golf Camp

Learn golf fundamentals with the SNAG program, designed for young athletes.

Age 6-10

C531 4 sessions \$159
1-4 p.m. M-Th Jul 14-17
Middleton Elementary

DASH Sports SNAG Golf Tykes Camp

A fun introduction to golf using the SNAG system, designed for young players to learn putting, chipping, pitching, and driving.

Age 3-5

C532 4 sessions \$159
4:30-5:15 p.m. M-Th Jul 14-17
Middleton Elementary

DASH Sports Track and Field Camp

Develop sprinting, jumping, throwing, and relay skills through engaging drills and activities focused on technique and performance.

Age 6-12

C533 4 sessions \$159
1-4 p.m. M-Th Jul 21-24
Oltman Middle School

**Grades refer to the participants grade for the 2025-26 school year.*

South Washington County Schools Community Education | 651-425-6600 | commed.sowashco.org

DASH Sports Track and Field Tykes

Introduce young athletes to running, jumping, and throwing with fun drills and games.

Parent participation encouraged for younger players.

Age 3-6

C534 4 sessions \$89
4:30-5:15 p.m. M-Th Jul 21-24
Oltman Middle School

DASH Sports Beginner Volleyball Camp

Practice passing, serving, and hitting while building game confidence. Scrimmages on the final day.

Age 5-8

C525 4 sessions \$159
9 a.m.-12 p.m. M-Th Jul 28-31
Oltman Middle School

DASH Sports Flag Football Camp

Develop passing, catching, rushing, and defensive skills in a safe, low-contact setting.

Cleats and mouthguards optional.

Age 6-12

C521 4 sessions \$159
9 a.m.-12 p.m. M-Th Jun 30-Jul 3
Oltman Middle School

C522 4 sessions \$159
1-4 p.m. M-Th Aug 11-14
Lake Middle School

DASH Sports MS Volleyball Camp

Enhance volleyball skills with drills and scrimmages in a fun setting. Knee pads optional.

Grade 6-8

C527 4 sessions \$119
4:30-6 p.m. M-Th Jul 28-31
Oltman Middle School

DASH Sports Intermediate Volleyball Camp

Practice passing, serving, and hitting while building game confidence. Scrimmages on the final day.

Age 9-12

C526 4 sessions \$159
1-4 p.m. M-Th Jul 28-31
Oltman Middle School

DASH Sports Basketball Tykes Camp

Introduce young athletes to basketball with fun drills and mini-games.

Parent participation required for ages 2-3 and encouraged for 4-5.

Age 3-6

C516 4 sessions \$75
4:30-5:15 p.m. M-Th Aug 4-7
Oltman Middle School

DASH Sports Jr. NBA Basketball Mini League

Train in basketball fundamentals and gain game experience through a structured mini-league format.

Age 5-8

C514 4 sessions \$184
9 a.m.-12 p.m. M-Th Aug 4-7
Oltman Middle School

Age 8-12

C515 4 sessions \$184
1-4 p.m. M-Th Aug 4-7
Oltman Middle School

DASH Sports Flag Football Tykes Camp

Introduce young athletes to football with fun drills and skill-based games.

Parent participation required for ages 2-3 and encouraged for 4-5.

Age 3-6

C523 4 sessions \$89
4:30-5:15 p.m. M-Th Aug 11-14
Lake Middle School

Skyhawks Flag Football Camp

Learn passing, catching, and defense while building teamwork and confidence. The camp ends with a fun Skyhawks Super Bowl game.

Age 6-10

C100 4 sessions \$149
9 a.m.-12 p.m. M-W/F Jun 16-18, 20
Hillside Elementary

Skyhawks Mini-Hawk Flag Football

A fun introduction where young athletes learn flag football skills in a safe and structured environment.

Age 5-7

C101 4 sessions \$149
1-4 p.m. M-W/F Jun 16-18, 20
Hillside Elementary



Skyhawks Cheerleading Camp

Learn cheer movements, jumps, and cheers in a fun, energetic environment. The week ends with a choreographed performance.

Age 6-10

C102 4 sessions \$149
9 a.m.-12 p.m. M-W/F Jun 16-18, 20
Hillside Elementary

Skyhawks Volleyball Camp

Develop skills in passing, setting, spiking, and serving through drills, games, and scrimmages.



Age 5-7

C103 4 sessions \$149
1-4 p.m. M-W/F Jun 16-18, 200
Middleton Elementary

Skyhawks Mini-Hawk Basketball

A fun introduction where young athletes learn basketball skills in a safe and structured environment.

Age 5-7

C106 4 sessions \$149
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

C108 4 sessions \$149
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Bailey Elementary

Skyhawks Intermediate Basketball

Build on fundamentals of passing, shooting, defense, and teamwork with skill-based instruction and games.

Age 8-10

C107 4 sessions \$149
1-4 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

C109 4 sessions \$149
1-4 p.m. Mon-Thu Aug 4-7
Bailey Elementary

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Girl Scouts.

gsrv.gs/join



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CAMPS AND CLINICS

Skyhawks PickleBall

Learn pickleball basics, including serving, groundstrokes, and volleys, through fun drills and games.

Age 5-7

C110 4 sessions \$159
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

Skyhawks Mini-Hawk Soccer

A fun, multi-sport introduction where young athletes learn soccer skills in a safe and structured environment.

Age 6-8

C111 4 sessions \$149
1-4 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

Skyhawks Mini-Hawks Volleyball

Learn volleyball fundamentals like bumping, setting, and serving through fun drills and games.

Age 5-7

C104 4 sessions \$149
9 a.m.-12 p.m. Mon-Thu Jul 21-24
Woodbury Middle School

Skyhawks Intermediate Volleyball

Refine your skills, focus on passing, spiking, and teamwork.

Age 8-10

C105 4 sessions \$149
1-4 p.m. Mon-Thu Jul 21-24
Woodbury Middle School

Skyhawks Intermediate Tennis

Refine your skills while learning match play strategies, and teamwork.

Age 8-11

C112 4 sessions \$149
9 a.m.-12 p.m. Mon-Thu Jul 21-24
Woodbury High School

Skyhawks T-Ball

Learn hitting, throwing, fielding, and baserunning while developing teamwork and sportsmanship.

Age 5-7

C113 4 sessions \$149
1-4 p.m. Mon-Thu Jul 21-24
Woodbury Middle School

Skyhawks Track and Field Camp

Practice running, jumping, and throwing while learning track and field fundamentals.

Age 6-10

C115 4 sessions \$149
1-4 p.m. Mon-Thu Aug 4-7
Bailey Elementary

Skyhawks Lacrosse Camp

Learn passing, catching, cradling, and shooting while building teamwork and confidence.



Age 9-11

C114 4 sessions \$149
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Bailey Elementary

Soar Tennis Academy Summer Camps

Learn tennis basics, improve skills, and build agility while having fun!

Age 8-10

C469 4 sessions \$160
9-9:55 a.m. Mon-Thu July 28-31
Park High School

Age 11-13

C470 4 sessions \$160
9-9:55 a.m. Mon-Thu July 28-31
Park High School



Raptor Speed and Strength Summer Program

Train with East Ridge's Head Strength Coach to build explosive speed, strength, agility, and injury prevention for athletes of all levels.

Grade 9-12 - Girls

C403 34 sessions \$325
7-8:15 a.m. Mon-Fri Jun 9-Aug 1
East Ridge High School

Grade 9-12 - Boys

C404 34 sessions \$325
7-8:15 a.m. Mon-Fri Jun 9-Aug 1
East Ridge High School

Grade 9-12 - Football

C405 34 sessions \$375
8:15-9:45 a.m. Mon-Fri Jun 9-Aug 1
East Ridge High School

Grade 7-8 - Boys

C406 27 sessions \$275
9:45-10:45 a.m. Mon-Thu Jun 9-Jul 31
East Ridge High School

Grade 7-8 - Girls

C407 27 sessions \$275
9:45-10:45 a.m. Mon-Thu Jun 9-Jul 31
East Ridge High School

Grade 9-12 - Boys and Girls

C408 21 sessions \$225
10:45-11:45 a.m. M/W/F Jun 9-Aug 1
East Ridge High School

Grade 5-6 - Boys and Girls

C409 13 sessions \$150
10:45-11:45 a.m. Tue/Thu Jun 10-Jul 31
East Ridge High School

Extended Raptor Speed and Strength Summer Program

Continue your athletic development with strength, speed, agility, and injury prevention training. Open to all athletes not in a fall sport.

Grade 9-12

C410 12 sessions \$150
8-9 a.m. M/W/F Aug 4-29
East Ridge High School

Grade 7-8

C411 12 sessions \$150
9-10 a.m. M/W/F Aug 4-29
East Ridge High School

Grade 5-6

C412 12 sessions \$150
10-11 a.m. M/W/F Aug 4-29
East Ridge High School

Raptors Girls Youth Soccer Camp

Focus on individual soccer skills, confidence-building, and fun! Learn from Varsity players and coaches from East Ridge High School.

Age 8-13

C456 5 sessions \$150
9:30 a.m.-12 p.m. Mon-Fri Jun 16-20
M Health Fairview Sports Center Red Fields

East Ridge High School Girls Soccer Camp

The camp focuses on athletic development, skill refinement, and preparing for the high school fall soccer season.

Grade 8-12

C457 4 sessions \$150
9:30 a.m.-12 p.m. Mon-Thu Jul 21-24
Location TBD



Park Girls Basketball Skills Workouts

Aspiring girls basketball players will improve skills through competitive training, games, and drills with the Park High coaching staff.

Grade 7-12

C453 18 sessions \$150
8-10 a.m. Mon-Thu Jun 9-Jul 24
Oltman Middle School

Grade 4-6

C458 18 sessions \$100
8-9:30 a.m. Mon-Thu Jun 9-Jul 24
Oltman Middle School

Wolfpack Pups Basketball Camp

Learn basketball skills through fun games and drills with Park High School coaches and players.

Participants will receive a t-shirt.

Grade K-3

C452 4 sessions \$50
10:15-11:15 a.m. Mon-Thu Jun 9-12
Oltman Middle School

Wolfpack Power

Develop speed and strength for all sports with customized training programs, lifting, and conditioning.

Grade 9-12

C421 22 sessions \$185
9-10:30 a.m. M, T/Th Jun 9-Jul 31
Park High School

C422 22 sessions \$185
10-11:30 a.m. M, T/Th Jun 9-Jul 31
Park High School

C423 22 sessions \$185
11 a.m.-12:30 p.m. M, T/Th Jun 9-Jul 31
Park High School

C424 22 sessions \$185
12-1 p.m. M, T/Th Jun 9-Jul 31
Park High School

Park Wolfpack Boy's/Girls' High Performance Tennis Camp

Intense training for middle and high school players within Park High School boundaries to improve technique, strategy, and match play.

Grade 7-12

C428 10 sessions \$100
8:30-10:30 a.m. T/Th/F Jun 10-Jul 17
Park High School

Park Wolfpack Boy's/Girls' Tennis Camp

The first two sessions (ages 5-10) focus on Quickstart tennis. The third (ages 11-17) covers fundamentals, techniques, and scoring for beginners.

Age 5-8

C429 4 sessions \$65
9-10:15 a.m. Mon-Thu Jul 21-24
Park High School

Age 9-10

C430 4 sessions \$65
10:30-11:45 a.m. Mon-Thu Jul 21-24
Park High School

Age 11-17

C431 4 sessions \$65
12-1:15 p.m. Mon-Thu Jul 21-24
Park High School

Park Girls Volleyball Skills and Drills Camp

Camp develops individual skills (setting, passing, hitting, blocking) and team concepts (defense, offense, serve receive), progressing from skill development to team play and ending with 6v6 competition.

Participants will receive a t-shirt.

Grade 5-8

C446 12 sessions \$200
2:15-3:45 p.m. Mon-Thu Jul 7-24
Oltman Middle School

Grade 9-12

C447 12 sessions \$250
12-2 p.m. Mon-Thu Jul 7-24
Oltman Middle School

Park Wolf Pups Boys and Girls Soccer Camp

Introduces kids to soccer with fun drills and games led by Park High School coaches and players.

If registered by July 1, participants will receive a t-shirt.

Age 3-5

C420 4 sessions \$75
9-10:30 a.m. Mon-Thu Jul 21-24
Park High School

Park Wolfpack Boys and Girls Soccer Camp

Focuses on soccer fundamentals with fun drills and scrimmages, led by Park High School coaches and players.

If registered by July 1, participants will receive a t-shirt.

Grade K-7

C448 4 sessions \$100
9-11 a.m. Mon-Thu Jul 21-24
Park High School

Park Wolfpack Girls Soccer Camp

Prepare for high school soccer with skill-building drills, small-sided games, and coaching from Park High School staff.

Participants will receive a t-shirt.

Grade 8-12

C455 4 sessions \$100
11:30 a.m.-1:30 p.m. Mon-Thu Jul 21-24
Park High School

PWER Nordic Ski Summer Training Camp

Skiers are made in the summer! Build endurance with trail running, improve technique with roller skiing, and strengthen with bodyweight training. Perfect for all skill levels

Grade 7-12

C480 21 sessions \$120
7-8:30 a.m. M/T/Th Jun 9-Jul 31
Location varies



Woodbury Boys and Girls Summer Tennis Camps

Learn tennis basics, play games, and enjoy match play. All ages and skill levels welcome!

Age 9-18

C432 4 sessions \$70
9-10:30 a.m. Mon-Thu Jun 9-12
Woodbury High School

C433 3 sessions \$52.50
9-10:30 a.m. Mon-Wed Jun 16-18
Woodbury High School

C434 4 sessions \$70
9-10:30 a.m. Mon-Thu Jun 23-26
Woodbury High School

C435 4 sessions \$70
9-10:30 a.m. Mon-Thu Jul 7-10
Woodbury High School

C436 4 sessions \$70
9-10:30 a.m. Mon-Thu Jul 14-17
Woodbury High School

C437 4 sessions \$70
9-10:30 a.m. Mon-Thu Jul 21-24
Woodbury High School

Woodbury Royals Tennis Team Summer Camp

Open to current and future Woodbury High School players (Varsity, JV, C) for the 2025-2026 season. Participants must live in the WHS attendance area.

Grade 7-12

C438 4 sessions \$70
10:30 a.m.-12 p.m. Mon-Thu Jun 9-12
Woodbury High School

C439 3 sessions \$52.50
10:30 a.m.-12 p.m. Mon-Wed Jun 16-18
Woodbury High School

C440 4 sessions \$70
10:30 a.m.-12 p.m. Mon-Thu Jun 23-26
Woodbury High School

C441 4 sessions \$70
10:30 a.m.-12 p.m. Mon-Thu Jul 7-10
Woodbury High School

C442 4 sessions \$70
10:30 a.m.-12 p.m. Mon-Thu Jul 14-17
Woodbury High School

C443 4 sessions \$70
10:30 a.m.-12 p.m. Mon-Thu Jul 21-24
Woodbury High School

**Grades refer to the participants grade for the 2025-26 school year.*

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

RECREATION

Serenity Farm Horse Camp

Discover the basics of horse care, grooming, and riding. Equipment and supplies will be provided.



Age 6-12

YE4526 1 session \$125
9 a.m.-2 p.m. Wed Jun 11
Serenity Farm

YE4527 1 session \$125
9 a.m.-2 p.m. Wed Jun 18
Serenity Farm

YE4528 1 session \$125
9 a.m.-2 p.m. Wed Jun 25
Serenity Farm

YE4529 1 session \$125
9 a.m.-2 p.m. Wed Jul 9
Serenity Farm

YE4530 1 session \$125
9 a.m.-2 p.m. Wed Jul 16
Serenity Farm

YE4531 1 session \$125
9 a.m.-2 p.m. Wed Jul 23
Serenity Farm

YE4532 1 session \$125
9 a.m.-2 p.m. Wed Jul 30
Serenity Farm

YE4533 1 session \$125
9 a.m.-2 p.m. Wed Aug 6
Serenity Farm

YE4534 1 session \$125
9 a.m.-2 p.m. Wed Aug 13
Serenity Farm

YE4535 1 session \$125
9 a.m.-2 p.m. Wed Aug 20
Serenity Farm

YE4536 1 session \$125
9 a.m.-2 p.m. Fri Aug 22
Serenity Farm

YE4537 1 session \$125
9 a.m.-2 p.m. Wed Aug 27
Serenity Farm

YE4538 1 session \$125
9 a.m.-2 p.m. Fri Aug 29
Serenity Farm

Intro to Esports

Turn your love for video games into real-life skills! Play, compete in tournaments, and explore exciting opportunities in the world of Esports.

Grade 3-9

YE4114 3 sessions \$100
1-4 p.m. M-W Jun 30-Jul 2
Cottage Grove Middle School



Ninja Summer Camp

Give your child an American Ninja Warrior Experience! Develop strength and agility during this camp by learning different styles and techniques to master all obstacles!

Age 6-13

YE4271 4 sessions \$175
9-11 a.m. M-Th Jun 9-12
Conquer Ninja Gym

YE4272 4 sessions \$175
9-11 a.m. M-Th Jun 16-19
Conquer Ninja Gym

YE4273 4 sessions \$175
9-11 a.m. M-Th Jun 23-26
Conquer Ninja Gym

YE4274 4 sessions \$175
9-11 a.m. M-Th Jul 7-10
Conquer Ninja Gym

YE4275 4 sessions \$175
9-11 a.m. M-Th Jul 14-17
Conquer Ninja Gym

YE4276 4 sessions \$175
9-11 a.m. M-Th Jul 21-24
Conquer Ninja Gym

YE4277 4 sessions \$175
9-11 a.m. M-Th Jul 28-31
Conquer Ninja Gym

YE4278 4 sessions \$175
9-11 a.m. M-Th Aug 4-7
Conquer Ninja Gym

YE4279 4 sessions \$175
9-11 a.m. M-Th Aug 11-14
Conquer Ninja Gym

YE4280 4 sessions \$175
9-11 a.m. M-Th Aug 18-21
Conquer Ninja Gym

YE4281 4 sessions \$175
9-11 a.m. M-Th Aug 25-28
Conquer Ninja Gym

Parents Day Out

No School? No Problem! Sign up for 2 hours of activities and fun, including 40+ obstacles and a warped wall challenge.

Age 5-13

YE4247 1 session \$40
1-3 p.m. Fri Jun 6
Conquer Ninja Gym

YE4248 1 session \$40
1-3 p.m. Fri Jul 11
Conquer Ninja Gym

YE4249 1 session \$40
1-3 p.m. Fri Aug 15
Conquer Ninja Gym

Parent Child Ninja Class

Work together to tackle ninja obstacles and problem-solve courses while building self-esteem!

Age 5+ with an adult

YE4264 4 sessions
9-10 a.m. Sat Jun 7-28
Conquer Ninja Gym

Parent + 1 child\$139
Additional family member....\$50

YE4263 8 sessions
9-10 a.m. Sat Jul 5-Aug 23
Conquer Ninja Gym

Parent + 1 child ...\$275
Additional family member...\$100

Conquer Ninja Rec Team

Develop confidence, strength, endurance, balance, and friendships with a fun, unique sport! Includes 6 practices and 2 competitions.

Age 6-13

YE4266 8 sessions \$225
5-6 p.m. Fri Jul 11-Aug 29
Conquer Ninja Gym

YE4265 8 sessions \$225
9-10 a.m. Sat Jul 12-Aug 30
Conquer Ninja Gym

Intro to Ninja

Develop strength, flexibility, problem-solving and coordination while learning how to master all obstacles!

Age 5-13

YE4261 4 sessions \$108
4-5 p.m. Wed Jun 11-Jul 2
Conquer Ninja Gym

YE4262 4 sessions \$108
5-6 p.m. Wed Jun 11-Jul 2
Conquer Ninja Gym

YE4364 8 sessions \$215
4-5 p.m. Wed Jul 9-Aug 27
Conquer Ninja Gym

YE4365 8 sessions \$215
5-6 p.m. Wed Jul 9-Aug 27
Conquer Ninja Gym

Miss Laura's Little Athletes Summer Camp- Our Trip to the Mountains

Join Miss Laura for a high-energy fitness program with songs, games, and mountain-themed adventures kids will love!

Children must be accompanied by a caregiver.

Age 1 (walking)-5.5

YE4751 7 sessions \$125
9-9:45 a.m. Wed Jun 4-Jul 16
All Saints Lutheran

YE4752 7 sessions \$125
10-10:45 a.m. Wed Jun 4-Jul 16
All Saints Lutheran

Fishing in your Neighborhood: Family Fishing Clinic

Join the MN DNR's Fin program for a fun, no-experience-needed family fishing evening! Gear provided; dress for weather!



Please register with child's name. Students must be accompanied by an adult.

Age 5-13

YE4651 1 session Free
5-7 p.m. Tue Jun 10
Carver Lake Park in Woodbury

YE4652 1 session Free
5-7 p.m. Tue Aug 5
Ravine Park in Cottage Grove

Fencing 4.1 Summer

Teach It, Practice It, Play It® approach while learning fencing skills, practice in games, and compete in matches. All equipment provided.

Grade 2-5

YE4154 4 sessions \$150
9 a.m.-12 p.m. M-Th Jul 21-24
District Program Center

Grade 6-12

YE4155 4 sessions \$150
1-4 p.m. M-Th Jul 21-24
District Program Center

Fantasy Football for Beginners

Learn fantasy football basics: drafting, key terms, tools, and starting leagues. Perfect for beginners, families, and friends!

Age 10+

YE4205 1 session \$18
5-7 p.m. Mon Aug 18
East Ridge High School

CREATE

Creative Sewing

Learn to sew, including basic sewing techniques, tools, a variety of stitches and practice with a sewing machine. Create new projects each month.

Age 8-12

YE4181 4 sessions \$118
4-6 p.m. Wed Jun 4-25
Nena's Designs

YE4182 4 sessions \$118
4-6 p.m. Wed Jul 9-30
Nena's Designs

YE4183 4 sessions \$118
4-6 p.m. Wed Aug 6-27
Nena's Designs

Paint with Me by ART SPLASH

Create all kinds of fun art projects and paintings using acrylic paint on canvas and on paper.

Grade 2-6

YE4165 4 sessions \$100
10 a.m.-12 p.m. M-Th Jun 9-12
Lake Middle School

Flipping Art

Explore animation by creating flipbooks! Learn to turn drawings into moving stories through this fun and creative STEAM activity.

YE4041 5 sessions \$196
1-4 p.m. M-F Jun 9-13
Cottage Grove Middle School

Our Favorite Friends with Kidcreate Studio

Create fun art inspired by favorite characters like Bluey, Cocomelon, and Blippy using tons of different art materials and techniques!



Age 3-6

YE4117 4 sessions \$190
9 a.m.-12 p.m. M-Th Jun 9-12
Cottage Grove Middle School

Coconuts and Crowns YR Art Workshop

Explore Polynesian art through drawing! Create characters, ocean scenes, and traditional flower crowns using vibrant, no-mess materials.

YE4042 4 sessions \$163
9 a.m.-12 p.m. M-W/Fri Jun 16-20
Lake Middle School

AbraKadoodle Dare to Draw Camp

Learn techniques to make drawing easier and bring your art to life. Draw dogs, tropical birds and a human face, silly cartoon characters and a beautiful landscape using perspective. Gain creativity and confidence.

Grade 1-5

YE4104 2 sessions \$80
9:30 a.m.-12 p.m. Mon, Tue Jun 16-17
Lake Middle School

AbraKadoodle It's Clay Time Camp

Use model magic clay as we sculpt, mix colors and add texture to our creations including alligators, silly animals and more.

Grade 1-5

YE4105 2 sessions \$80
12:30-3 p.m. Mon, Tue Jun 16-17
Lake Middle School

*Grades refer to the participants grade for the 2025-26 school year.

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CREATE

All About Sparkles with Kidcreate Studio

Create glittery masterpieces like a pony portrait, trinket box, and butterfly painting using sparkly supplies like Model Magic and plaster.



Age 3-6

YE4118 3 sessions \$160
1-4 p.m. M-W Jun 16-18
Cottage Grove Middle School

Messy Fun Clay Factory with Kidcreate Studio

Unleash creativity with clay! Kids will create geodes, tic-tac-toe games, leaf pots, and more while learning fun building techniques.



Age 4-9

YE4119 3 sessions \$160
9 a.m.-12 p.m. M-W Jun 16-18
Cottage Grove Middle School

Pajama Jam with Kidcreate Studio

Wear your favorite jammies and get creative! Make a ring toss game, a ship, 3D bug, and more.

Age 4-9

YE4120 4 sessions \$190
9 a.m.-12 p.m. M-Th Jun 23-26
Lake Middle School

Creating with Clay Summer Camp

Love to create things by hand? Explore pottery by making bowls, animals, and more with a wheel and slab roller, then add colorful glazes.



Projects will be finished in a high-temperature kiln and will be available for pick up at the District Program Center at a later date.

Grade 3-7

YE4138 4 sessions \$150
9:30 a.m.-12 p.m. M-Th Jun 23-26
Craig Seath's Pottery Studio

YE4139 4 sessions \$150
1-3:30 p.m. M-Th Jun 23-26
Craig Seath's Pottery Studio

Kings and Queens of the Castle Art Workshop

Travel to the Middle Ages and learn to draw knights, princesses, castles, and dragons while strengthening your drawing and coloring skills.

YE4043 5 sessions \$196
1-4 p.m. M-F Jun 23-27
Lake Middle School

Intensive Sewing Camp

Create two projects from scratch while learning basic sewing skills including hand and machine sewing techniques.



Grade 4-8

YE41208 1 session \$96
9 a.m.-1 p.m. Tue Jun 24
Nenda's Designs

YE41209 1 session \$96
9 a.m.-1 p.m. Tue Jul 22
Nenda's Designs

YE41210 1 session \$96
9 a.m.-1 p.m. Fri Aug 29
Nenda's Designs

Ahoy, Pirates! YR Art Workshop

Set sail on a pirate adventure, drawing treasure maps, ships, parrots, and more using fun cartoon and realistic techniques.

YE4044 4 sessions \$163
9 a.m.-12 p.m. M-Th Jun 30-Jul 3
Cottage Grove Middle School

Calling All Swifties by ART SPLASH

Create a variety of paintings, cool decorative bowls, friendship jewellery, tissue pom flowers, painted rocks, drawings, and more!



Grade 5-8

YE4164 4 sessions \$100
10 a.m.-12 p.m. M-Th Jun 30-Jul 3
Lake Middle School

Cake Decorating

Learn to decorate with frosting, gum paste and food coloring, play fun games and win prizes while decorating a delicious 6" cake to enjoy at home.



Summer Theme "Let's have some fun in the sun (and in frosting)" - Age 8-18

YE470 1 session \$82
10 a.m.-12:30 p.m. Fri Jun 27
East Ridge High School

Fourth of July Theme "Red, white, and blue, and fireworks too!" - Age 8-18

YE471 1 session \$82
10 a.m.-12:30 p.m. Thu Jul 3
East Ridge High School

Favorite Art in Apps and Video Games

Learn to illustrate and color characters like plants and zombies with fun techniques.

YE4045 5 sessions \$196
9 a.m.-12 p.m. M-F Jul 7-11
Lake Middle School

Pink Art by ART SPLASH

Make paintings, slime, paper machine, hats, drawings, moon sand, and more!

Grade 1-5

YE4166 4 sessions \$100
10 a.m.-12 p.m. M-Th Jul 7-10
Lake Middle School

Papier Mache Day with Kidcreate Studio

Create papier mache bugs, bowls, and monsters too!

Age 5-12

YE4128 1 session \$115
9 a.m.-3 p.m. Fri Jul 11
Lake Middle School

Design Your Own T-Shirt

Create your own custom T-shirt! Learn digital design tools and craft your vision. Your design will be professionally printed and shipped directly to your home.

Grade 3-9

YE4110 1 session \$56
9 a.m.-12 p.m. Tue Jul 8
Cottage Grove Middle School

Intro to Digital Art

Learn digital drawing basics, use creative tools, and apply skills to real-world projects.

Your design will be professionally printed on a canvas or shirt and shipped directly to your home.

Grade 3-9

YE4111 3 sessions \$125
1-4 p.m. Tue-Thu Jul 8-10
Cottage Grove Middle School

Exploring Cinematography

Discover the art of filmmaking! Learn storytelling, acting, and video editing while bringing your creative ideas to life in a hands-on, engaging experience.

Grade 3-9

YE4113 3 sessions \$100
9 a.m.-12 p.m. M-W Jul 14-16
Lake Middle School

Exploring Photography

Discover the art of photography and turn ordinary moments into extraordinary snapshots!

Grade 3-9

YE4112 3 sessions \$100
1-4 p.m. M-W Jul 14-16
Lake Middle School

Abakadoodle - "I Love Art" Camp

Make a paper mache puppy, learn to draw a loon, weave on paper plates, paint a colorful canvas and more!

Grade K-5

YE4101 4 sessions \$124
10 a.m.-12 p.m. M-Th Jul 14-17
Lake Middle School

T. Swift Era with Kidcreate Studio

Create art inspired by Taylor Swift's music and style! Draw, paint, and sculpt in this tribute to her legacy.

Age 5-12

YE4124 4 sessions \$190
9 a.m.-12 p.m. M-Th Jul 14-17
Lake Middle School

Tie Dye and Slime with Kidcreate Studio

Create tie-dye shirts and custom slime in this fun, hands-on camp filled with color, creativity, and messy excitement!

Each participant needs to bring their own white cotton t-shirt to camp.

Age 5-12

YE4125 4 sessions \$190
1-4 p.m. M-Th Jul 14-17
Lake Middle School

Anime and Manga Action

Create expressive characters and dynamic scenes while learning unique techniques to enhance your artistic skills.

YE4046 5 sessions \$196
1-4 p.m. M-F Jul 14-18
Cottage Grove Middle School

Abakadoodle - Art Experiments Camp

Experiment with tinfoil, shaving cream, glow in the dark paint, chalk, glue, salt and watercolor!

Grade K-5

YE4103 4 sessions \$124
12:30-2:30 p.m. M-Th Jul 14-17
Lake Middle School

Mini Mania with Kidcreate Studio

Sculpt an itty bitty bowling set, a magnificent mini cake, and more teeny tiny creations!

Age 5-12

YE4127 1 session \$115
9 a.m.-3 p.m. Fri Jul 18
Lake Middle School

Abakadoodle Sharks and Sea Creatures

Learn about sea creatures as we use our imagination to sculpt underwater creatures, and create translucent jelly fish and scary sharks.

Grade K-5

YE4106 1 session \$47
9:30 a.m.-12 p.m. Fri Jul 18
Lake Middle School

Nailed It! with Kidcreate Studio

Test your creativity and puzzle-solving skills by sculpting, painting, and collaging in challenges inspired by Nailed It!, Kidcreate-style!

Age 5-12

YE4126 4 sessions \$190
1-4 p.m. M-Th Jul 21-24
Cottage Grove Middle School

Cute Chibi Creations

Learn to draw cute, Japanese-inspired chibi characters in this fun, beginner-friendly workshop perfect for young artists!

YE4047 5 sessions \$196
1-4 p.m. M-F Jul 21-25
Lake Middle School

Abakadoodle - Art-rageous Art Camp

Explore your imagination as we paint with fish, make sand art, create a jumping frog, paint a colorful canvas, make egg carton animals and more.

Grade K-5

YE4102 4 sessions \$124
10 a.m.-12 p.m. M-Th Jul 28-31
Lake Middle School

Create-N-Sniff with Kidcreate Studio

Explore creativity through sight and smell! Sculpt a birthday cake and paint an ocean scene with delightful scents.

Age 4-9

YE4122 4 sessions \$190
1-4 p.m. M-Th Jul 28-31
Cottage Grove Middle School

Squishy Squashmallows with Kidcreate Studio

Create a clay version of your favorite Squishmallow! Use air-dry clay, paint, and more to make your own!

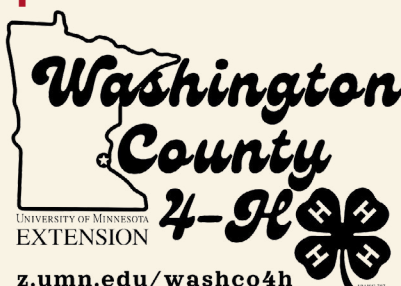
Age 4-9

YE4123 4 sessions \$190
9 a.m.-12 p.m. M-Th Jul 28-31
Cottage Grove Middle School

**Grades refer to the participants grade for the 2025-26 school year.*

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4-H prepares young people to be BEYOND READY for their future!

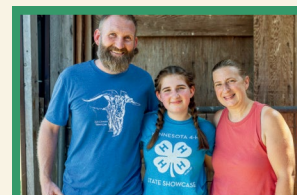


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CREATE

Colorful Critters-Pastel Workshop

Learn pastel techniques to create whimsical bees and more critters filled with texture and detail.

YE4048 5 sessions \$196
9 a.m.-12 p.m. M-F Jul 28-Aug 1
Lake Middle School

Art Masters

Create vibrant masterpieces inspired by famous artists like Van Gogh, Matisse, Cezanne, and Derain!

YE4049 5 sessions \$196
9 a.m.-12 p.m. M-F Aug 4-8
Cottage Grove Middle School

IlluminArt with Kidcreate Studio

Create clay, paint and other luminescent materials to craft extraordinary pieces of art that really glow-in-the-dark!



Age 4-9

YE4121 3 sessions \$160
9 a.m.-12 p.m. Tue-Thu Aug 5-7
Lake Middle School

Foam, Slime and Potions with KidScientific

Explore science with fun experiments —create color-changing potions, bouncy balls, homemade PopRocks, and more!

Age 5-12

YE4129 4 sessions \$190
9 a.m.-12 p.m. M-Th Aug 11-14
Lake Middle School

Ocean Life-Pastel Drawing Workshop

Explore ocean life through pastel drawing! Create vibrant sea stars, clownfish, turtles, crabs, and jellyfish.

YE4051 5 sessions \$196
9 a.m.-12 p.m. M-F Aug 11-15
Lake Middle School

MUSIC

Miss Laura's A Little Music In Me

Make music, move, and explore life in the mountains with Miss Laura through songs, orchestral music, and fun-themed activities!

Children must be accompanied by a caregiver.

Ages 1 (walking)-5

YE4792 8 sessions \$125
9-9:45 a.m. Thu Jun 5-Jul 17
All Saints Lutheran

YE4793 8 sessions \$125
10-10:45 a.m. Thu Jun 5-Jul 17
All Saints Lutheran

30-minute Private Music Lessons

One-on-one instruction with an experienced musician.

String, piano, voice, etc. with Michelle Dunkirk - Age 9.5+

30 minutes 10 sessions \$380
Varies Tue Jun 10-Aug 12
Red Rock Elementary

30 minutes 10 sessions \$380
Varies Wed Jun 11-Aug 13
Red Rock Elementary

Guitar or banjo with George McCorkell - Grade 4-12

30 minutes 9 sessions \$279
Varies Tue Jun 10-Aug 12
East Ridge High School

PERFORMING ARTS

Songs and Scenes from Moana 2

Learn theater skills, play games, sing songs, and perform scenes from Moana 2. Build imagination, social skills, and confidence!

Join us for a showcase during the last class!

Grade 2-6

YE4141 5 sessions \$169
9 a.m.-12 p.m. Mon-Fri Jun 9-13
Lake Middle School

IMPROV: Acting without a Script

Play exciting improv games, learn theater basics, and boost your communication skills, confidence, and creativity while working together!

New and returning students are welcome. Join us for a showcase during the last class!

Grade 6-12

YE4321 5 sessions \$169
10 a.m.-12 p.m. Mon-Fri Jun 23-27
Lake Middle School

Grade 5-8

YE4322 5 sessions \$169
10 a.m.-12 p.m. Mon-Fri Jul 14-18
Lake Middle School

YE4323 5 sessions \$169
10 a.m.-12 p.m. Mon-Fri Aug 4-8
Cottage Grove Middle School

Songs and Scenes from the Land of Oz

Learn stage skills, play theater games and rehearse your favorite songs and scenes from The Wizard of Oz and Wicked!

Join us for a showcase during the last class!

Grade 2-6

YE4142 5 sessions \$169
9 a.m.-12 p.m. Mon-Fri Jul 7-11
Lake Middle School

Alice's Adventures in Wonderland with Locally Grown Theatre

Journey with Alice and talking animals, a mad tea party, and the Queen of Hearts.

Grade 6-8

YE4131 11 sessions \$400
9 a.m.-4 p.m. M-Sa Jul 21-Aug 2
Woodbury High School

Beauty and the Beast with Locally Grown Theatre

Step into Beauty and the Beast's magical world! Bring this classic tale to life with a fun, imaginative twist.

Performances: Friday, June 28 at 6:30 p.m. and Saturday, June 29 at 1 p.m.

Grade 2-5

YE4130 6 sessions \$250
9 a.m.-4 p.m. M-Sa Jun 23-28
Woodbury High School

Locally Grown Theatre Sprouts Camp: Witches and Wizards

Learn the art of acting while exploring enchanting realms filled with spells, potions, and magical creatures.

Join us for a show and tell during the last class!

Grade K-2

YE4133 5 sessions \$200
9 a.m.-3 p.m. Mon-Fri Aug 11-15
Armstrong Elementary

The Outsiders with Locally Grown Theatre

Step into a powerful story about friendship and identity. Bring complex characters to life in a challenging and inspiring production.

Performers - Age 14-20

Test your acting skills, bring complex characters to life through a powerful, heartfelt story.

YE4176 11 sessions \$400
9 a.m.-4 p.m. Mon-Sat Jul 7-19
Lake Middle School

Tech Crew - Age 14-20

Enhance your technical skills in set building, costume design, lighting, and sound.

YE4177 11 sessions \$160
12-4 p.m. Mon-Sat Jul 7-19
Lake Middle School

The Wizard of Oz with Locally Grown Theatre

Join Dorothy and her friends on an unforgettable adventure through Oz with teamwork, creativity, and fun!

Grade 2-5

YE4132 6 sessions \$250
9 a.m.-4 p.m. Mon-Sat Aug 4-9
Armstrong Elementary

**Grades refer to the participants grade for the 2025-26 school year.*

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Carrie: The Musical, SoWashCo Summer Stock Theater

Join this summer production of Carrie: The Musical. Carrie White is an outcast with a secret power. Bullied at school and controlled at home, she'll use her strength if pushed too far.

Age 14+

YE4460 27 sessions \$100
5-10 p.m. M-F Jun 24-Aug 1
Oltman Middle School

SKILLS AND DEVELOPMENT

GRASP Math and Reading Skills

Maintain math and reading skills over summer break. Sign up for GRASP, a 9-week correspondence program. Weekly lessons take approximately one hour per week. For full program details visit sowashco.ce.eleyo.com.

The registration deadline is April 23.

IMPORTANT NOTE: Changes cannot be made once we receive your registration.

GRASP Math - Grade K-8

YE40401 \$38

GRASP Reading - Grade K-8

YE40400 \$38



Summer Online Academic Resource (SOAR) for Students currently enrolled in a SoWashCo School

SOAR is a 9-week online summer course for SoWashCo students in grades 1-6, offering self-paced reading and math lessons. New lessons release weekly on SeeSaw (elementary) or Schoology (middle school).

Online lessons will begin on June 16 and final work must be submitted by Aug. 18. Some activities might require parental input or supervision.

SOAR Reading - Grade 1-6

9 weeks \$39

SOAR Math - Grade 1-6

9 weeks \$39

Advantage ACT Prep Course

Improve test-taking skills and overall scores. Including an introduction to ACT format, subject area instruction, test strategies, overcoming test anxiety and time management.

Grade 9-12

YE46151 4 sessions \$180
6-9 p.m. Thu Jul 31-Aug 21
East Ridge High School

YE46101 4 sessions \$180
9 a.m.-12 p.m. Sat Aug 2-23
Woodbury High School

Virtual Advantage ACT Prep Class ONLINE

Instructors teach and answer questions live via citurral classroom.

Grade 9-12

YE46932 4 sessions \$180
9 a.m.-12 p.m. Sat Aug 2-23

Self-Paced Online Advantage ACT Prep Course ONLINE

An alternative for any student unable to attend in-school classes or a student preferring to prepare on their own and at their desired pace.

Grade 10-12

YE46777 \$80

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SKILLS AND DEVELOPMENT

Driver Education

Prepare to take the Minnesota permit test. Safeway Driving School provides 30 hours of classroom structured into 10 lessons. After completing class, students who are 15 years old are eligible to take the permit test at any Minnesota exam center.

Behind-the-wheel instruction includes three, two-hour private lessons for a total of six hours of instruction in a Safeway car on city streets, highways and freeways with a responsible, licensed Safeway instructor.

Age 14.3-18

DE41001 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Jun 9-23
Cottage Grove Middle School

DE43001 10 sessions \$439
1-4 p.m. Mon-Fri Jun 9-23
Lake Middle School

DE41002 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Jul 7-18
Cottage Grove Middle School

DE43002 10 sessions \$439
1-4 p.m. Mon-Fri Jul 7-18
Lake Middle School

DE44001 10 sessions \$439
1-4 p.m. Mon-Fri Jul 21-Aug 1
Lake Middle School

DE41003 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Jul 21-Aug 1
Cottage Grove Middle School

DE44002 10 sessions \$439
1-4 p.m. Mon-Fri Aug 4-15
Lake Middle School

DE41004 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Aug 4-15
Cottage Grove Middle School

Driver Education ONLINE

Class is conducted through a secure Zoom platform. Safeway will email the classroom handouts and the MN Driver's Manual in PDF format.

Age 14.5-18

DE449001 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Jun 16-30

DE449004 10 sessions \$439
1-4 p.m. Mon-Fri Jun 16-30

DE449002 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Jul 21-Aug 1

DE449005 10 sessions \$439
1-4 p.m. Mon-Fri Jul 21-Aug 1

DE449003 10 sessions \$439
9 a.m.-12 p.m. Mon-Fri Aug 4-15

DE449006 10 sessions \$439
1-4 p.m. Mon-Fri Aug 4-15

Unicorn Cake Magic

It's all magical, a Unicorn Cake to take home. Each student will use two 6-inch cakes to assemble and decorate a unicorn cake using buttercream icing and fondant.



Grade 3-5

YE4206 1 session \$38
10-11:30 a.m. Wed Jun 18
East Ridge High School

Spanish Summer Camp: ¡Vamos por la Galaxia! "Let's go through the Galaxy!"

Join a Spanish adventure exploring space! Learn key vocabulary through astronaut role-plays, crafts, and activities. Fun, bilingual class for young explorers, plus access to a parent/student resource portal and a Spanish-themed water bottle.

Grade 1-5

YE4162 4 sessions \$182
9 a.m.-12 p.m. M-W, F Jun 16-20
Lake Middle School

Grade 1-5 ONLINE

YE4163 4 sessions \$75
4:15-5 p.m. M-Th Jun 23-26

Intensive Etiquette Camp

Learn manners and etiquette with a fun, hands-on approach, including proper behavior at the table and in public, conversation skills and public speaking. Lunch demo on the last day.

Age 8-12.5

YE4370 1 session \$84
2-5 p.m. Tuesday Jun 24
Nenda's Designs

YE4371 1 session \$84
2-5 p.m. Tuesday Jul 22
Nenda's Designs

YE4372 1 session \$84
2-5 p.m. Friday Aug 29
Nenda's Designs

Project Runway

New summer projects! Create a swimsuit coverup, mini messenger bag, ear bud case and your personalized sewer's handbook. Showcase your creations on the final day.



Grade 4-8

YE4156 4 sessions \$167
9 a.m.-12 p.m. M-Th Jul 14-17
Lake Middle School

Flavors from Around the World

Learn practical kitchen skills and make dishes like egg rolls, samosas, Pad Thai, fresh pasta, and blueberry muffins. Celebrate diverse cultures, discover cooking techniques, and earn a culinary diploma.



Grade 6-12

YE4115 3 sessions \$188
11 a.m.-2 p.m. Mon-Wed Jul 14-16
East Ridge High School

YE4116 3 sessions \$188
11 a.m.-2 p.m. Tue-Thu Aug 5-7
East Ridge High School

Cooking with Chemistry

All the things in your kitchen are chemicals and compounds that react with each other to create the food you love! Eat your results...if you dare!

Grade 4-9

YE4147 4 sessions \$173
1-4 p.m. M-Th Jul 21-24
East Ridge High School

Sweet Treats

Learn to make your favorite desserts such as caramel, gummies, muffins and more, while learning fundamental cooking techniques!

Grade 4-9

YE4146 4 sessions \$173
9 a.m.-12 p.m. M-Th Jul 21-24
East Ridge High School

American Sign Language

Learn American Sign Language (ASL) to communicate, connect with Deaf culture, and gain valuable skills.

Grade 1-2

YE4203 5 sessions \$125
10-11 a.m. Mon-Fri Jul 21-25
Lake Middle School

Grade 3-5

YE4204 5 sessions \$125
11 a.m.-12 p.m. Mon-Fri Jul 21-25
Lake Middle School

Project Knit

Hats, scarfs, blankets and more! Learn basic skills in knitting and crocheting to create a fantastic finished project.

Grade 6-9

YE4148 4 sessions \$173
1-4 p.m. M-Th Aug 4-7
Cottage Grove Middle School

*Grades refer to the participants grade for the 2025-26 school year.

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Summer Sugar Cookies

Decorate summertime themed cookies. Bring home 12 of your own decorated cookies!

Grade K-3

YE4208 1 session \$38
10-11:30 a.m. Wed Aug 13
East Ridge High School

Summer Cupcake Fun

Decorate summertime themed cupcakes. Each student will bring home 12 boxed cupcakes that they will have decorated.

Grade 3-6

YE4207 1 session \$38
10 a.m.-12 p.m. Thu Aug 14
East Ridge High School

STEM

Camp Invention - Discover!

Explore science, engineering, and innovation! Build a DIY claw machine, create optical illusions, discover AI, and launch penguins. Campers collaborate, invent, and develop problem-solving skills through fun, hands-on activities.



Grade 1-6

YE4918 5 sessions \$280
9 a.m.-3:30 p.m. Mon-Fri Jun 9-13
Lake Middle School

YE4919 5 sessions \$280
9 a.m.-3:30 p.m. Mon-Fri Jun 23-27
Cottage Grove Middle School

Craziest Inventor's Lab!

Unleash your inner inventor as you design, experiment, and build gizmos and gadgets, like a robotic arm and a slingshot rocket!

Grade 1-4

YE4011 4 sessions \$184
9 a.m.-12 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

GigaTech Robotics - Robotics and STEM Program

Discover programming and engineering by building motorized models. Explore STEM concepts like energy, Newton's laws, and centrifugal force.

Grade 1-5

YE4071 4 sessions \$199
9 a.m.-12 p.m. Mon-Thu Jun 9-12
Lake Middle School

Advanced Build-A-Bot Camp NEW

Build a fully articulated OWI robotic arm to take home, then explore and program LEGO robots for added fun!

Grades 4-7

YE4168 4 sessions \$194
1-4 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Computer Club

Build a computer, learn Python coding, and explore AI/ML topics while developing research, presentation, and computer skills in a group.

Grade 6-8

YE4191 2 sessions \$65
9 a.m.-12 p.m. Mon, Tue Jun 9-10
Lake Middle School

YE4192 2 sessions \$65
9 a.m.-12 p.m. Wed, Thu Jun 11-12
Lake Middle School

YE4193 2 sessions \$65
9 a.m.-12 p.m. Mon, Tue Jun 16-17
Lake Middle School

3D Printing: Poké Monsters

Design your own unique 3D Pokémon using TinkerCAD to be printed and sent home. Experiment with SimLab and create themed video games.

Grade 3-7

YE4053 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Jr Engineering

Build and explore simple machines using LEGO components, learning math, science, and engineering to solve fun, hands-on challenges.

Grade K-3

YE4054 4 sessions \$150
9 a.m.-12 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Build-A-Bot Camp

Discover robotics! Build and program LEGO robots, design bristlebots, and assemble an OWI robot kit to take home.



Grades 2-5

YE4167 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Multiplayer Minecraft: World Builder

Work together to create a world of four unique, themed quadrants. Meld your quadrants with bridges and separate them with moats of water, lava, or even the void!

Grade 1-5

YE4055 4 sessions \$165
1-4 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Extreme Robotics: Bionic Beasts & Creatures

Program robots to move, act and think on their own while continuing to make your robots better, stronger, and faster.

Grade 3-7

YE4056 4 sessions \$156
1-4 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Goopy, Gunky, Glopoly: Ultimate Slime Blast-STEAM

Dive into slime, eruptions, hovercrafts, and glowing lamps in this fun-filled, hands-on STEAM adventure!



Grade K-3

YE4012 4 sessions \$184
1-4 p.m. Mon-Thu Jun 9-12
Cottage Grove Middle School

Minecraft Escape Room: Puzzle, Build, and Outsmart!

Create escape maps with puzzles, traps, and hidden rooms in Minecraft EDU using redstone and commands.

Grade 2-6

YE4013 4 sessions \$190
9-11:55 a.m. M-W/F Jun 16-18, 20
Lake Middle School

Roblox Game Development: Build, Play, and Share!

Level up your skills by creating multiplayer games in Roblox Studio, then share your custom Capture the Flag game!

Grade 2-6

YE4014 4 sessions \$190
1-4 p.m. M-W/F Jun 16-18, 20
Lake Middle School

Magical Wizards Minecraft Adventures NEW

Build iconic Harry Potter locations in Minecraft, create magic effects with Redstone, and design mini-games using custom plugins.

Students should have basic reading skills and be comfortable using a computer.

Grade 1-5

YE4057 3 sessions \$124
1-4 p.m. Mon-Wed Jun 16-18
Cottage Grove Middle School

STEM

Robotic Builders: Marine Explorers

Build and program LEGO robots with motors and sensors. Learn engineering, programming, and robotics.

Grade K-3

YE4058 3 sessions \$118
9 a.m.-12 p.m. Mon-Wed Jun 16-18
Cottage Grove Middle School

D&D STEAM Camp

Explore the world of Dungeons & Dragons! Learn about the game, create your own character, embark on a short one-shot adventure and more.

Grade 2-6

YE4059 3 sessions \$124
9 a.m.-12 p.m. Mon-Wed Jun 16-18
Lake Middle School

3D Printing: Jewelry Fabrication & Arts

Design and 3D print custom jewelry using TinkerCAD. Design pair of earrings, a ring, or a pendant in this class. Print two of your 3D creations to bring home.

Grade 2-6

YE4060 3 sessions \$136
1-4 p.m. Mon-Wed Jun 16-18
Lake Middle School

Drone Racing

Learn to fly drones like a pro, assemble your own, and compete in exciting races and challenges while mastering safety and maintenance.



Drones will be provided for use during camp. Students can choose to purchase a UFO 4000 drone to use at home for an additional \$40.

Grade 3-9

YE4107 3 sessions \$100
9 a.m.-12 p.m. Mon-Wed Jun 16-18
Lake Middle School

AeroCode Academy

Program drones using block-based tools, sharpen coding skills, and battle drones in challenges that teach programming, teamwork, and collaboration.

Drones will be provided for use during camp. Students can choose to purchase a CoDrone Pro drone to use at home for an additional \$100 (\$215 value).

Grade 3-9

YE4108 3 sessions \$100
1-4 p.m. Mon-Wed Jun 16-18
Lake Middle School

NextGen Robotics - Robotics and STEM Program

Build and program motorized models while exploring STEM concepts like radar, gears, and vibrations. Boost creativity, logic, and engineering skills!

Grade 1-5

YE4072 4 sessions \$199
9 a.m.-12 p.m. M-W/F Jun 16-18, 20
Lake Middle School

Space Exploration

3... 2... 1... Lift Off! Build and launch rockets, explore the solar system, create constellations, and take home your STEM projects!

**Grades 2-5**

YE4169 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

{YEL!} Chess Summer Camp

All levels welcome. Keep progressing with 60+ chess lessons, thousands of puzzles, guided games and an end-of-week in-class tournament.

Class fee includes ChessKid.com membership for the session.

Grade 1-5

YE4152 4 sessions \$142
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

Video Game Design: Platformer NEW

Learn the basics and structure of programming, develop engaging gameplay, experiment with power-ups, enemies, and boss battles to make your game exciting and fun.

Grade 5-9

YE4061 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

Engineering: Crazy Action Contraptions

Build, customize, and improve fun models like racers, cable cars, and action contraptions.

Grade K-3

YE4062 4 sessions \$150
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

Extreme Battlebots

Build and program advanced LEGO robots with NXT sensors and motors. Compete in challenges like Tug-O-War, hammer-bot, and Sumo-bot!

Grade 3-7

YE4065 4 sessions \$156
1-4 p.m. Mon-Thu Jun 23-26
Lake Middle School

Hogwarts Secret Magic Lab: A Wizardly fun Adventure!

Create light-up wands, mix potions, engineer locomotives, and craft a Golden Snitch.

Grade 1-4

YE4016 4 sessions \$191
1-4 p.m. Mon-Thu Jun 23-26
Lake Middle School

Hogwarts Film School & Coding Camp

Create a stop-motion animation using characters from the Harry Potter and Fantastic Beasts series. Build and design scenes and props, use stop-motion film techniques, digital editing, special effects, and transitions.

Students should have basic reading skills and be comfortable using a computer.

Grade 1-4

YE4063 4 sessions \$165
1-4 p.m. Mon-Thu Jun 23-26
Lake Middle School

Unreal Game Engine Development & Modding NEW

Make and mod micro-video games using the Unreal game programming suite. Build speed booster pad, custom triggers, track twists, animations, and more.

Grade 4-8

YE4064 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

Glam Lab: Fabulous Science for Creative Girls!

Sparkle and shine while creating bath bombs, lip balm, soaps, and more! Mix, design, and take home your creations!

**Grade 1-4**

YE4015 4 sessions \$189
9 a.m.-12 p.m. Mon-Thu Jun 23-26
Lake Middle School

Beginner Coder: Pokémon Quest!

Begin coding by creating your own Pokémon game! Build maps, catch Pokémon, design teams, and battle friends in fun adventures.

Grade 1-4

YE4017 4 sessions \$190
9 a.m.-12 p.m. Mon-Thu Jun 30-Jul 3
Cottage Grove Middle School

Coding My First Game: Minecraft Adventures!

Design creatures, create treasure maps, and program exciting challenges like lava, creatures, and hidden diamonds.

Grade 1-4

YE4018 4 sessions \$190
1-4 p.m. Mon-Thu Jun 30-Jul 3
Cottage Grove Middle School

Nintendo-Themed Coding & STEAM Adventures NEW

Create your own Super Mario Odyssey-inspired mini-movie, build immersive sets, and solve engaging challenges! *Students should have basic reading skills.*

Grade 1-4

YE4066 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jun 30-Jul 3
Cottage Grove Middle School

Robotic Builders: Battlebots

Let the battles begin! While using LEGO WeDo Robotics, learn about simple machines, engineering, programming, and so much more.

Grade K-3

YE4067 4 sessions \$156
1-4 p.m. Mon-Thu Jun 30-Jul 3
Cottage Grove Middle School

Hacking and Cybersecurity NEW

Dive into coding, ethical hacking, and cybersecurity! Solve puzzles, crack codes, and protect data in exciting Capture the Flag challenges.

Students should have good keyboarding skills.

Grade 4-8

YE4068 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jun 30-Jul 3
Lake Middle School

Mod Development: Minecraft Superhero Mods NEW

Use MCreator to create your own mods based on your favorite superheroes. Design unique superhero abilities and tools.

Students should have basic reading skills and be comfortable using a computer.

Grade 3-7

YE4069 4 sessions \$165
1-4 p.m. Mon-Thu Jun 30-Jul 3
Lake Middle School

Growing and Cooking with the Sun

Learn solar cooking, drying food, and purifying water while building your own mini sun oven and growing plants.

Grade K-6

YE4304 4 sessions \$199
1-4 p.m. M-Th Jun 30-Jul 3
Cottage Grove Middle School

SkyLens Workshop

Capture stunning aerial photos and videos with drones, learn piloting, editing, and create visual stories from above.

Drones will be provided for use during camp. Students can choose to purchase a Blue Heron drone with camera used during camp to bring home for an additional \$50.

Grade 4-10

YE4109 3 sessions \$100
9 a.m.-12 p.m. M-W Jun 30-Jul 2
Cottage Grove Middle School

GoSolar! Kidz: Solar Car, Robot, and Machines

Build solar-powered cars, robots, and machines while exploring solar energy, problem-solving, and creativity.

Grade K-6

YE4303 4 sessions \$199
9 a.m.-12 p.m. M-Th Jun 30-Jul 3
Cottage Grove Middle School

Rubik's for Beginners: Solve Your First Cube

Learn to solve the Rubik's Cube with easy techniques and fun strategies.

Build problem-solving skills, boost confidence, and challenge yourself while making new friends on your cubing journey!



Grade 3-8

YE4251 4 sessions \$165
1-4 p.m. Mon-Thu Jun 30-Jul 3
Lake Middle School

Summer Rubik's: Solve, Compete, Create

Improve your speed and skills with advanced cubing techniques, friendly competitions, and new twisty puzzles in a fun environment!

Grade 3-8

YE4252 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jun 30-Jul 3
Lake Middle School

Let's Build It NEW

Jr. Engineers will explore the design cycle, build catapults, bridges, rockets, and more while discovering engineering's impact on our world.

Grades 2-5

YE4171 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jun 30-Jul 3
Lake Middle School

Chess Camp: Tactics & Strategies for Beginning to Intermediate Players

Take your chess skills to the next level with tactics and strategies for players ready to move beyond the basics.

Grade 6-9

YE4144 4 sessions \$147
1-4 p.m. Mon-Thu Jul 7-10
Lake Middle School

Chess N Motion

Learn chess and improve your skills while playing fun physical games like badminton and tag for a balanced workout.

Grade K-5

YE4145 4 sessions \$147
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Lake Middle School

Super Science Camp NEW

Dive into hands-on science fun with dinosaur digs, circuits, slime, hovercrafts, ocean animals, forensic mysteries, bubbles, and more!

Grades 1-5

YE4172 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Lake Middle School

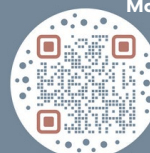


STEADY STRIDES PEDIATRIC PHYSICAL THERAPY

Play-based physical therapy for infants and children, designed to develop foundational motor skills and promote strong, independent mobility.

No referral needed!

Physical Therapy Evaluations & Treatment
Physical Therapy Intensives
Motor Development Coaching



651-900-5629
Lake Elmo, MN
www.steady-strides.com

**Grades refer to the participants grade for the 2025-26 school year.*

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

STEM

Adventures in Aviation NEW

Prepare for takeoff! Explore aviation history, build gliders, test da Vinci's parachute, fly blimps, and discover pioneers from flight to space.

Grades 2-5

YE4170 4 sessions \$181
1-4 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

Destination Mars: Rocketry Course

Build and launch your own rockets, explore aerodynamics, and learn about space travel. Make and take home multiple rockets of varying difficulty throughout this session.

Grade 2-5

YE4153 4 sessions \$167
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Lake Middle School

Artificial Intelligence with Python

Explore the future of technology! Learn how computers think, make decisions, and discover the exciting possibilities of AI and machine learning.

Students should have good keyboarding skills.

Grade 5-9

YE4070 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

Video Production for YouTube: Gaming

Learn to create YouTube Let's Play videos! Capture gameplay, add sound effects, edit footage, and share your gaming masterpiece.

Grade 5-9

YE4073 4 sessions \$165
1-4 p.m. Mon-Thu Jul 7-10
Cottage Grove Middle School

Pokémon-Themed Coding & STEAM Adventures

Learn coding, animation, and more while creating your own Pokémon-themed stop-motion film. Build imaginative sets and props, and complete STEAM challenges.

Students should have basic reading skills.

Grade K-3

YE4074 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Lake Middle School

**3D Engineering: Architectural & Structural Design**

Build houses, castles, and towers with architectural LEGO kits while learning construction principles, teamwork, and math concepts like scale and size.

Grade K-3

YE4075 4 sessions \$150
1-4 p.m. Mon-Thu Jul 7-10
Lake Middle School

Video Game Design

Get hands-on experience developing your own version of asteroids from scratch. You'll learn the basics and structure of programming.

Students should have basic computer skills, including good keyboarding and mouse skills.

Grade 3-6

YE4076 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 7-10
Lake Middle School

Multiplayer Minecraft: Olympic Games NEW

Join us for a thrilling week of Minecraft competitions, where you'll test your skills against other players in a variety of exciting events.

Grade 3-6

YE4077 4 sessions \$165
1-4 p.m. Mon-Thu Jul 7-10
Lake Middle School

Kids vs. Wild: The Ultimate STEM Survival Challenge!

Do you have what it takes to survive in the wild? Teams will face fun challenges and engineer cool gadgets to "survive" the great outdoors!

Grade 2-4

YE4019 4 sessions \$184
9-11:55 a.m. Mon-Thu Jul 7-10
Lake Middle School

Robotic Pet Lab: Build Your Own Pet Family

Create a family of robotic pets! Use motors, batteries, and other supplies to bring them to life.

Grade 1-4

YE4021 4 sessions \$184
1-4 p.m. Mon-Thu Jul 7-10
Lake Middle School

Cookie Lab-STEAM Edition

Explore STEAM with cookies! Decorate STEM-themed treats, tackle hands-on projects, and enjoy your creations while learning through fun, edible activities!

Not appropriate for kids with food allergies.

Grade K-3

YE4022 4 sessions \$184
9-11:55 a.m. Mon-Thu Jul 14-17
Lake Middle School

Minecraft Pokémon Adventures: Craft, Catch, and Explore!

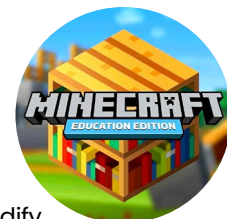
Two epic worlds collide. Discover Minecraft Pokémon Worlds and learn to import mods, add texture packs, and transform your Minecraft experience.

Grade 2-5

YE4023 4 sessions \$190
9-11:55 a.m. Mon-Thu Jul 14-17
Cottage Grove Middle School

Minecraft World Edit Mastery: Build, Edit, and Transform!

Take your building skills to the next level! Dive deep into Minecraft World Edit as you learn powerful commands to modify, shape, and build incredible creations.

**Grade 2-5**

YE4024 4 sessions \$190
1-4 p.m. Mon-Thu Jul 14-17
Cottage Grove Middle School

FIRST LEGO League Robotics Camp

Build, code, and solve engineering challenges with LEGO Spike Robots under the mentorship of the East Ridge Robotics Team.

Grade 3-6

YE4711 5 sessions \$150
9 a.m.-12 p.m. Mon-Fri Jul 14-18
Lake Middle School

YE4712 5 sessions \$150
9 a.m.-12 p.m. Mon-Fri Jul 21-25
Lake Middle School

Coding & STEAM Adventures with Minecraft NEW

Learn the basics of coding, animation, and STEAM with Scratch. Learn coding through fun games and other Minecraft-inspired activities.

Students should have basic reading skills and be comfortable using a computer.

Grade 1-4

YE4078 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 14-17
Cottage Grove Middle School

Robotic Builders: Mighty Machines

Build and program robots using LEGO WeDo, exploring simple machines, programming, and more while working in teams on creative projects.

Grade K-2

YE4079 4 sessions \$156
1-4 p.m. Mon-Thu Jul 14-17
Cottage Grove Middle School

D&D: Minecraft Adventure NEW

Dive into a custom-built Minecraft server designed to bring the magic and excitement of D&D to life. Plus, get ready for a thrilling mini-D&D one-shot featuring iconic Minecraft creatures!

Grade 3-6

YE4080 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 14-17
Lake Middle School

Super Smash Brawlers Game Coding NEW

Create a Super Smash Bros.-style game. Learn to design, develop, and implement game mechanics, including character selection, combat systems, and stage design.

Grade 3-7

YE4081 4 sessions \$165
1-4 p.m. Mon-Thu Jul 14-17
Lake Middle School

3D Printing: Product Development & Fabrication

Explore product design by creating and modifying 3D models. Use 3D printers to design and print functional fishing lures and more.

Grade 5-9

YE4082 4 sessions \$181
1-4 p.m. Mon-Thu Jul 21-24
Lake Middle School

JavaScript Coding NEW

Master JavaScript basics, improve coding skills, and build creative projects to make websites interactive and dynamic. *Students should have good keyboarding skills.*

Grade 5-9

YE4083 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 21-24
Lake Middle School

Multiplayer Minecraft: City Builder

Collaborate with fellow students to construct a city! Beginners and experienced Minecrafters will love this action-packed camp!

Grade 1-5

YE4084 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 21-24
Cottage Grove Middle School

Robotic Builders: Space & Star Wars

Learn about simple machines, engineering and programming. Working in pairs, create Star Wars and space-inspired robots!



Grade 1-4

YE4085 4 sessions \$156
1-4 p.m. Mon-Thu Jul 21-24
Cottage Grove Middle School

3D Printing: Harry Potter-Themed

Create a wand and magical pendant. Complete Harry Potter-inspired challenges, and design themed games. *Student-designed pendants will be printed and sent home.*

Grade 2-6

YE4086 4 sessions \$181
9 a.m.-12 p.m. Mon-Thu Jul 21-24
Cottage Grove Middle School

Extreme Robotics: Robo-Wars

Working in teams of 2-3, you'll build and refine remote-controlled robots inspired by Discovery Channel's BattleBots. Compete in a tournament on the last day.

Grade 2-6

YE4087 4 sessions \$156
1-4 p.m. Mon-Thu Jul 21-24
Cottage Grove Middle School

Pokémon Power Lab: The Ultimate STEAM Adventure!

Calling all Pokémon fans! Engineer your own light-up Pokémon card, build a marching Pokémon and a launching Pokéball contraption.

Grade 1-4

YE4025 4 sessions \$184
9-11:55 a.m. Mon-Thu Jul 21-24
Lake Middle School

Glow in the Dark: Light-Up Engineering Lab!

Create glowing STEAM projects like flashlights, lamps, and sea monsters! Explore fluorescent science and take home a light-up masterpiece daily!

Grade 1-4

YE4026 4 sessions \$184
1-4 p.m. Mon-Thu Jul 21-24
Lake Middle School

Fantastic Electric Toys: Build, Play, and Electrify!

Engineer outrageous toys and contraptions using the power of electricity! Learn all about circuits while building your very own electric toys to take home.

Grade 1-4

YE4027 4 sessions \$184
9-11:55 a.m. Mon-Thu Jul 28-31
Cottage Grove Middle School

Stocks & Start-Ups Camp

Create a stock portfolio, design products, and start your own business while learning about 3D modeling, printing, and marketing.

Grade 6-9

YE4151 4 sessions \$173
1-4 p.m. Mon-Thu Jul 28-31
Lake Middle School

Robotics: Scout 'Bots

Build and code space rovers to scout out Mars or the moon! Create a dragster and volcano alarm while learning basic computer programming.

Grade 1-5

YE4157 4 sessions \$135
9 a.m.-12 p.m. Mon-Thu Jul 28-31
Lake Middle School

Robotics Builders: Hogwarts and Other Magical Creatures

Learn foundational building and programming skills. Explore sensors, motors, and engineering concepts through magical-themed projects!

Grade 1-4

YE4088 4 sessions \$156
9 a.m.-12 p.m. Mon-Thu Jul 28-31
Cottage Grove Middle School

3D Printing: Star Wars-Themed

Design 3D objects with TinkerCAD, create a droid, tackle CAD challenges, and bring home two printed models!

Grade 2-6

YE4089 4 sessions \$181
1-4 p.m. Mon-Thu Jul 28-31
Cottage Grove Middle School

Intro to Computer Science with Python

This beginner-friendly language makes learning computer science concepts easy with simple syntax and fewer code lines.

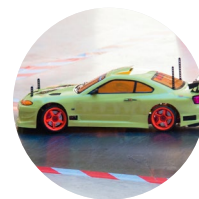
Students should have good keyboarding and basic computer skills.

Grade 3-7

YE4090 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Jul 28-31
Lake Middle School

RC Wars NEW

Design, build, and program RC LEGO models to compete in epic battles while learning teamwork, engineering, and winning strategies!



Grade 3-7

YE4091 4 sessions \$156
1-4 p.m. Mon-Thu Jul 28-31
Lake Middle School

Mega Boat Engineering: Build & Race using LEGO!

Using advanced LEGO Technic bricks and motors, design and engineer a self-propelled boat and race it!

Grade 1-5

YE4028 4 sessions \$187
1-4 p.m. Mon-Thu Jul 28-31
Cottage Grove Middle School

**Grades refer to the participants grade for the 2025-26 school year.*

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

STEM

Ultimate YouTube Super Star: Create, Edit, and Shine!

Learn the ins & outs of producing your own YouTube videos, with tips on how to take your content to the next level.

**Grade 3-7**

YE4029 4 sessions \$190
1-4 p.m. Mon-Thu Jul 28-31
Lake Middle School

Multiplayer Minecraft: Poke-Mods and Games NEW

Join a Pokémon-themed Minecraft adventure! Build landscapes, create custom Pokémon with Pixelmon mod, and battle in gyms with friends.

Grade 1-5

YE4092 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Lake Middle School

Jr Engineering: Theme Parks

Explore STEM with LEGO Technics engineering kits! Build theme park rides, machines, and models like go-karts and catapults in team challenges.

Grade K-3

YE4093 4 sessions \$150
1-4 p.m. Mon-Thu Aug 4-7
Lake Middle School

Video Production for YouTube: Podcasting & Vlogging

Learn to produce a YouTube video podcast! Plan ideas, script, edit with Audacity, add transitions, a soundtrack, and share your creation.

**Grade 3-6**

YE4094 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Cottage Grove Middle School

Game Design with Roblox

Learn game design basics by creating your own 3D games in Roblox Studio! Explore endless possibilities and creativity.

Grade 2-6

YE4095 4 sessions \$165
1-4 p.m. Mon-Thu Aug 4-7
Cottage Grove Middle School

Candy Lab: Sweet Science & Delicious Discoveries!

Discover the science of sweets! Make gummy bears, edible slime, and more in this fun, hands-on STEAM adventure.

Not appropriate for kids with food allergies.

Grade K-4

YE4030 4 sessions \$187
1-4 p.m. Mon-Thu Aug 4-7
Lake Middle School

Drone Racing & Rocket Launch Challenge!

Learn to fly and race them in thrilling aerial competitions while discovering the science behind flight.

Grade 2-5

YE4031 4 sessions \$191
9-11:55 a.m. Mon-Thu Aug 4-7
Cottage Grove Middle School

X-Treme Build & Race! RC Cars using LEGO

Design, build, and race remote-controlled LEGO cars in this exciting camp full of challenges, teamwork, and high-speed fun!

Grade K-3

YE4032 4 sessions \$184
1-4 p.m. Mon-Thu Aug 4-7
Cottage Grove Middle School

Woodbury High School Robotics Team Middle School Camp

Join the Royal T-Wrecks for a week of robot-building, design, and programming with workshops led by high school robotics experts.

Grade 6-8

YE4160 5 sessions \$185
9 a.m.-12 p.m. Mon-Fri Aug 4-8
Woodbury High School

YE4161 5 sessions \$185
1-4 p.m. Mon-Fri Aug 4-8
Woodbury High School

Solar Power your Drone

Build a solar-powered charging station for your drone, then challenge others with your solar-powered drone and station.

Grade K-6

YE4305 4 sessions \$199
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Lake Middle School

Solar Go Karts Race

Build a mini solar race car and compete in a Solar Go Kart race while learning about solar-powered vehicles.

Grade K-6

YE4306 4 sessions \$199
1-4 p.m. Mon-Thu Aug 4-7
Lake Middle School

Woodworking

Build a paddle boat, a bird house, trophy stand and garden tote. Builders will learn to measure, cut, sand, paint and then take home each project they build.



SAFETY IS OUR FIRST PRIORITY. Use of basic tools will be taught (hammers, nails, screwdriver, measuring tape, t-square and more). No power tools will be used in class.

Grade 4-7

YE4158 4 sessions \$185
9 a.m.-12 p.m. Mon-Thu Aug 4-7
Lake Middle School

YE4159 4 sessions \$185
1-4 p.m. Mon-Thu Aug 4-7
Lake Middle School

Strategy Game Buffet

Explore and play popular strategy games like Settlers of Catan and Exploding Kittens while learning new game tactics.

Grade 6-9

YE4149 4 sessions \$135
9 a.m.-12 p.m. Mon-Thu Aug 11-14
Lake Middle School

Dungeon Adventures

Embark on an entry-level dungeon adventure, solving challenges and navigating quests with your group in a role-playing game.

Grade 4-6

YE4150 4 sessions \$135
1-4 p.m. Mon-Thu Aug 11-14
Lake Middle School

Multiplayer Minecraft: Escape the Ender Dragon

Team up to build themed escape maps and race to escape the Ender Dragon in Minecraft Java Edition!

Grade 2-6

YE4096 4 sessions \$165
9 a.m.-12 p.m. Mon-Thu Aug 11-14
Lake Middle School

Star Wars-Themed Movie Making & Coding Camp

Bring Star Wars to life by creating a stop-motion animation, designing starships, and exploring Star Wars-themed coding activities!

Grade 1-5

YE4097 4 sessions \$165
1-4 p.m. Mon-Thu Aug 11-14
Lake Middle School

**Grades refer to the participants grade for the 2025-26 school year.*

South Washington County Schools Community Education | 651-425-6600 | commed.sowashco.org



Openings available!

Kids Club

School-age Child Care

Kids Club provides high-quality child care to elementary-age students within SoWashCo Schools. Our purpose is to support the healthy growth and development of students through strong relationships and engaging, skill-building experiences.

Key Learning Areas

We provide a weekly curriculum with a variety of theme-based activities. Children are offered options to participate in group and individual activities in eight key learning areas identified by our families, Kids Club staff and school day staff.



- Social Emotional Learning • Art • STEM • Literacy
- Health and Wellness • Physical Activity • Life Skills
- Language and culture



View schedules, fees and registration information at sowashco.org/kidsclub.

For more information, please contact us at 651-425-6639 or kidsclub@sowashco.org

Para más información, visite el sitio web sowashco.org/kidsclub

Space is available now for full or part-time care before and/or after school at most locations.

Fees apply.

Care Options

Before and After School

Before and after school care for elementary students in grades K-5.

- Full or part-time schedules.
- Monday-Friday, 6:30 a.m. until the start of the school day-after school until 6 p.m.
- **Registration for the 2025-26 school year will be held in April.**
- Care on non-school days is available to current Kids Club participants at limited locations. Registration is required for non-school days. **Watch your email closely for important updates!**

Summer

Full day summer care for students who have completed grades K-5.

- Full or part-time schedules.
- Monday-Friday, 6:30 a.m.-6 p.m.
- Held at consolidated locations.
- **Registration for summer 2025 was held in Feb.**

Registration and daily fees apply.

Discounts and fee assistance are available:

- 5% sibling discount
- 25% Educational Benefit
- Washington County Child Care Assistance Program

CONVENIENT | SAFE | AFFORDABLE

Register Online at sowashco.ce.eleyo.com | Spring and Summer 2025

EARLY LEARNING

Early Childhood Family Education (ECFE)

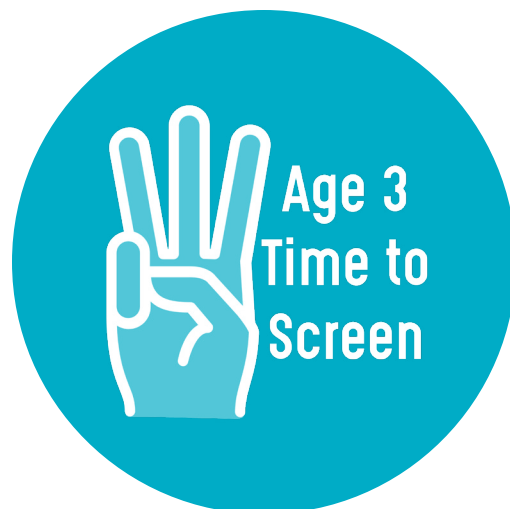
Early Childhood Family Education (ECFE) is a family education program that is only offered through Minnesota school district Community Education programs like SoWashCo Community Education. ECFE's goal is to support and enhance the ability of parents and other caregivers, through community and early school connection, to provide the best possible environment for their child's learning and growth. For more information, call 651-425-7181 or visit commed.sowashco.org/ecfe.

New ECFE classes!
Learn more at
commed.sowashco.org/ecfe



“Thank you so much to all the teachers and staff that made this past school year possible. We feel confident in sending our child to kindergarten knowing he has the base knowledge and skills to succeed in the classroom.”

– Preschool Parent



Early Childhood Screening

Early childhood screening is a free and simple check of how your child is growing, developing and learning. Families are recommended to have their child screened at age 3. Early Childhood Screening is required by the State of Minnesota for any child entering Kindergarten in a public school and in SoWashCo Schools required before enrollment in 4s Preschool (Sunny Scholars) program.

During screening a trained professional will check:

- Thinking, language and communication skills
- Social and emotional development
- Vision and hearing
- Height and weight
- Large and small muscles
- Immunization history

For further information or to schedule an appointment visit our website sowashco.org/screening.

Have questions on your child's development?

No two children develop, grow and learn in the same way or at the same pace. However, children do develop in certain predictable ways. To review developmental milestones, encourage healthy development, and learn additional resources for your child, visit Help Me Grow at www.helpmegrowmn.org or call 651-425-6121.

help me





Preschool

SoWashCo Schools Preschool program provides a highquality preschool environment with a variety of options for families. Families can enroll at one of our Early Learning centralized locations or at an elementary site. Learn more at sowashco.org/preschool.

2025-26 Preschool Registration

Priority preschool registration took place Jan. 6-Feb. 7, 2025. After Feb. 7, registrations will be taken on a first-come, first-served basis. Children must be 3 or 4 years old by Sept. 1, 2025 to register.

Families Learning Together

South Washington County Schools (SoWashCo Schools) Early Childhood Family Education (ECFE) is now accepting registrations for the Families Learning Together (FLT), an ECFE Program for Multilingual/Multicultural Families.

Join us for:

- Parent discussion with other parents about child development, culture, American schools and more.
- Fun activities during parent and child interaction time.
- A preschool experience for children ages 2.5 to 5 years.

Child care is provided for enrolled families who have additional children ages birth to 2.5 years.

Limited bussing may be available.

For more information, contact Katie Van Overmeiren at 651-425-7181 or kvanover@sowashco.org

\$0

This class
is FREE!



Home Based Support

Early Childhood Family Education (ECFE) Parent Consultations provide an opportunity for families with children birth to eight years of age, to ask parenting questions or share their concerns with a licensed parent educator. Parent consultations are provided in-person, by telephone, or virtually.

Connect with us today for help with:

- Supporting children's emotional well-being
- Answering developmental questions
- Adjusting to life with a new baby in the home
- Connecting with community resources and much more!

Questions about ECFE Parent Consultations?

Contact our ECFE Outreach Coordinator at 651-425-7163.



DIRECTORY AND DISTRICT MAP

District Locations

Armstrong Elementary (AES)

8855 Inwood Ave. S
Cottage Grove, MN 55016

Bailey Elementary (BES)

4125 Woodlane Drive
Woodbury, MN 55129

Cottage Grove Elementary (CGES)

7447 65th Street S
Cottage Grove, MN 55016

Cottage Grove Middle School (CGMS)

9775 Indian Blvd.
Cottage Grove, MN 55016

Crestview Elementary (CES)

7830 80th Street S
Cottage Grove, MN 55016

District Service Center (DSC)

7362 E. Point Douglas Road S
Cottage Grove, MN 55016

District Program Center (DPC)

8400 E. Point Douglas Road S
Cottage Grove, MN 55016

East Ridge High School (ERHS)

4200 Pioneer Drive
Woodbury, MN 55129

Grey Cloud Elementary (GCES)

9525 Indian Blvd. S
Cottage Grove, MN 55016

Hillside Elementary (HES)

8177 Hillside Trail S
Cottage Grove, MN 55016

Lake Middle School (LMS)

3133 Pioneer Drive
Woodbury, MN 55129

Liberty Ridge Elementary (LRES)

11395 Eagle View Blvd.
Woodbury, MN 55129

Liberty Ridge Site 2 (LR2)

11283 Eagle View Blvd.
Woodbury, MN 55129

Middleton Elementary (MES)

9105 Lake Road
Woodbury, MN 55125

Newport Elementary (NES)

851 6th Ave.
Newport, MN 55125

Nuevas Fronteras Spanish Immersion (NFSI)

1020 Third St.
St. Paul Park, MN 55071

Oltman Middle School (OMS)

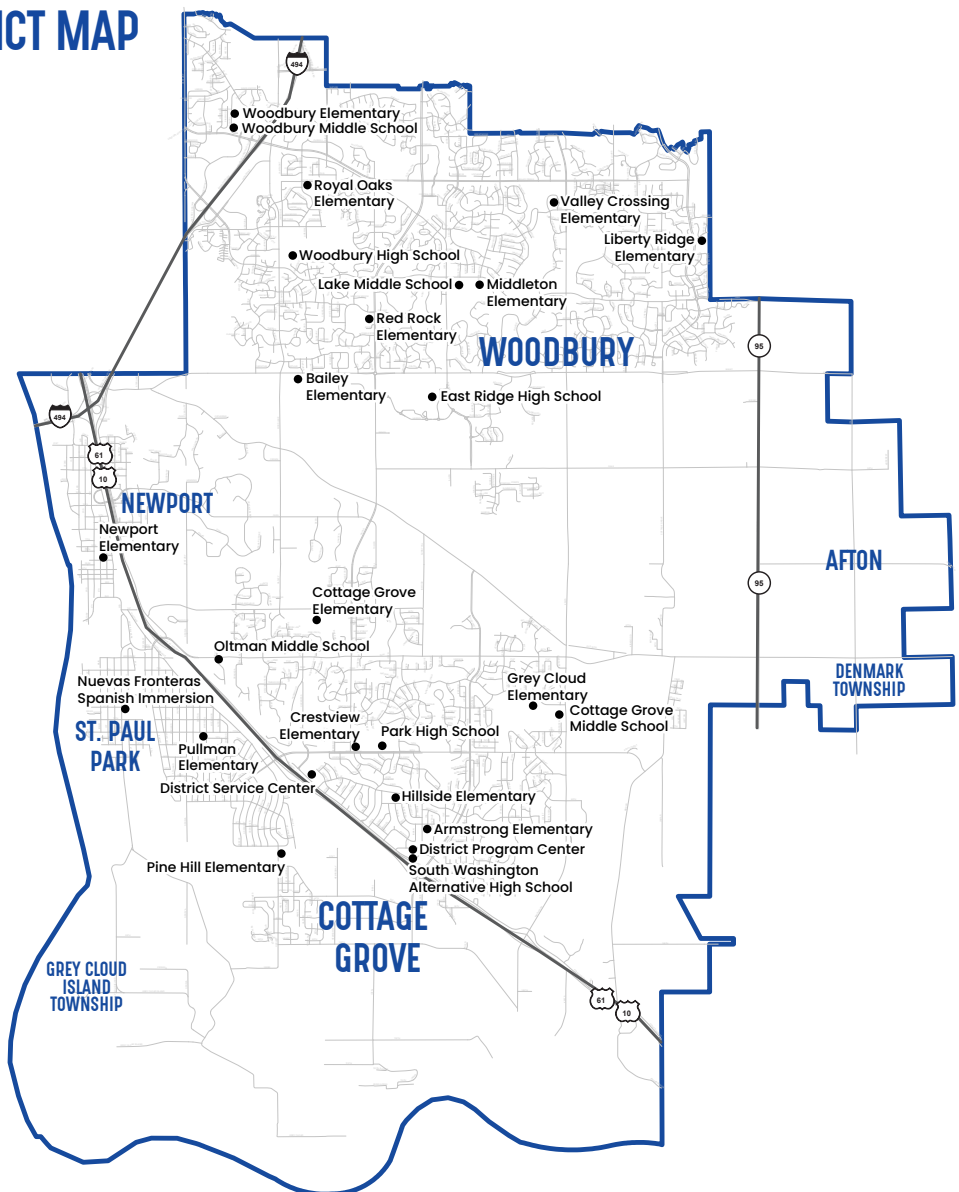
6625 Goodview Ave. S
Cottage Grove, MN 55016

Park High School (PHS)

8040 80th Street S
Cottage Grove, MN 55016

Pine Hill Elementary (PHES)

9015 Hadley Ave. S
Cottage Grove, MN 55016



Pullman Elementary (PES)

1260 Selby Ave.
St. Paul Park, MN 55071

Red Rock Elementary (RRES)

3311 Commonwealth Ave.
Woodbury, MN 55125

Royal Oaks Elementary (ROES)

7335 Steepleview Road
Woodbury, MN 55125

South Washington Alternative High School (SWAHS)

8400 E. Point Douglas Road S
Cottage Grove, MN 55016

Valley Crossing Elementary (VCES)

9900 Park Crossing
Woodbury, MN 55125

Woodbury Elementary (WES)

1251 School Drive
Woodbury, MN 55125

Woodbury High School (WHS)

2665 Woodlane Drive
Woodbury, MN 55125

Woodbury Middle School (WMS)

1425 School Drive
Woodbury, MN 55125

Off-Site Class Locations

All Saints Lutheran

8100 Belden Blvd.
Cottage Grove, MN 55016

Board & Brush Studio

2230 Eagle Creek Lane
Woodbury, MN 55129

Conquer Ninja Gym

707 Commerce Drive, Suite 120
Woodbury, MN 55125

Craig Seath's Pottery Studio

1023 7th Street
Hudson, WI 54016

Gladstone Community Education Center

1945 Manton Street
Maplewood, MN 55109

The Grove Church

8600 90th Street
Cottage Grove, MN 55016

Kidcreate Studio

1785 Radio Drive
Woodbury, MN 55125

Kok Funeral Home

7677 80th Street
Cottage Grove, MN 55016

M Health Fairview Sports Center

4125 Radio Dr.
Woodbury, MN 55129

Nena's Designs

434 Hale Ave. N, Suite 120
Oakdale, MN 55128

Pine Glen Park

9701 Hamlet Ave S
Cottage Grove, MN 55016

Serenity Horse Farm

11490 Julianne Ave. N
Stillwater, MN 55082

SoWashCo Registration

COMMUNITY EDUCATION

 **Register online at**
sowashco.ce.eleyo.com

 **Register by mail, fax or in-person**

District Program Center
8400 E Point Douglas Rd. S
Cottage Grove, MN 55016

Hours: Monday-Friday
7:30 a.m.-4 p.m.

Fax: 651-425-6620

 **Drop off** your form in the secure drop box located to the left of the main doors.

 **Questions?**
Call 651-425-6600 or email
communityeducation@sowashco.org

Policies and Procedures

Learn more at commed.sowashco.org

Cancellations and Refunds

Cancellations made at least seven business days before the course start date will be refunded. A processing fee of \$5-\$10 will apply. Procedures for Early Childhood Family Education, Preschool and Kids Club are program-specific. Learn more at commed.sowashco.org/cancellations.

Register early to ensure your space in class and to avoid course changes or cancellation due to low enrollment.

Inclusive Programming

Our programming is designed to be fun, welcoming and inclusive for all. Please let us know two-weeks before the course start date if any accommodations are needed to participate.

Financial Assistance

Families who qualify for Educational Benefits may request fee assistance to reduce the cost of youth activities and classes. Restrictions apply. Learn more at commed.sowashco.org/financial-aid.

UCare is not accepted.

Media Opt-Out

Photos and video may be taken within SoWashCo Community Education programs and activities and may be included in media created by the district or community partners. Media includes, but is not limited to, interviews, photos and videos. If you wish to opt-out, notify us at communityeducation@sowashco.org or 651-425-6600.

Participant's full name _____

Address _____

City _____ **State** _____ **Zip** _____

Phone _____
Home _____ Cell _____ Work _____

Email _____

Please provide an email address to receive program information including course confirmations, schedule updates or course cancellations.

Accommodations ☐ ASL Interpreter ☐ Allergies _____
☐ Wheelchair/Walker ☐ Other _____

Call 651-425-6600 if you or your child require additional assistance or if you have further concerns. Please provide a two-week notice for staff to arrange for assistance.

Emergency Contact A minimum of one guardian/emergency contact is required to register for youth courses or adult trips.

Full name _____ **Phone** _____

Full name _____ **Phone** _____

Youth If the participant is a child, please provide the following information.

Date of birth _____ **Grade** _____

Shirt size or instrument (if applicable) _____

Course Information

Course name _____ **Course fee** _____

Course # _____ **Start date/time** _____ **Discount** _____

Final fee _____

Course name _____ **Course fee** _____

Course # _____ **Start date/time** _____ **Discount** _____

Final fee _____

Course name _____ **Course fee** _____

Course # _____ **Start date/time** _____ **Discount** _____

Final fee _____

Total cost _____

Payment Information

☐ **Cash** ☐ **Check** (Payable to District 833 Community Education)

Credit card, please charge my:

☐  ☐  ☐  ☐ 
_____ - _____ - _____ - _____

Expiration date _____ **Signature** _____

Print name _____

Office use only ☐ Mail ☐ Walk-in ☐ Fax Date _____

Check # _____ Cash Receipt # _____ Amount Paid _____



Financial Assistance Application South Washington County Schools Community Education Youth Programs

Please submit this application with your registration form and a copy of your Educational Benefits letter for the current school year. Only one copy of the notification letter is necessary. If you have already submitted your family's letter to SoWashCo Community Education this year, please indicate that it was submitted below. Financial Assistance applications and Community Education registration forms are available online at commed.sowashco.org/financial-assistance.

Please complete a separate application form for each registration form.

Financial assistance MUST be requested ONE WEEK before the start of the class – late applications may be denied.

- You must live within the boundaries of South Washington County Schools (SoWashCo Schools) ISD #833 to qualify for financial assistance.
- Financial assistance does not cover the cost of uniforms. Participants must pay for uniforms.
- If your family has been approved for free Educational Benefits the cost of a class is \$15 or 25% of the program/class fee, whichever is greater.
- If your family has been approved for reduced Educational Benefits the cost of a class is \$15 or 30% of the program/class fee, whichever is greater.
- District residents may apply for financial assistance up to **\$250 per participant** (for the fiscal school year July 1-June 30).
- All information will be kept confidential.
- Applications can be completed online at commed.sowashco.org/financial-assistance.

Please complete all the information below:

Child's name		
Address		
City	State	Zip Code
School child currently attends		Grade
Parent/Guardian name		
Day phone	Evening phone	
Course number and name		
Course start date		
☐ Free or ☐ Reduced Educational Benefits letter for 2024-25 is attached or was submitted to Community Education		

To be completed by Community Education office staff:

Total/Course Fee: \$ _____

Amount of Financial Assistance Awarded: \$ _____

Amount from Participant: \$ _____

If you have questions regarding financial assistance please contact:
Mary Meier at 651-425-6616 or mmeier@sowashco.org

Revised 10/24/2024

EDUCATIONAL BENEFITS

Apply in August through your **School Café** account

Benefits In School



Field Trips



Athletics



Student Fees



Kids Club



Instrument
Rentals



Community
Education



School
Funding

Benefits Out of School



Some Energy
Providers



Some Internet
Providers



Some Phone
Providers



Public
Transportation



Theatres



Zoos



Museums



More



8400 E. Point Douglas Rd. S.
Cottage Grove, MN 55016

NON-PROFIT ORG.
Permit #12
COTTAGE GROVE, MN
55016-3324

Stay Connected



@sowashcoce

Sign up for our e-newsletter at
commed.sowashco.org/news

*Course dates, times and locations may change.
View the most up-to-date information online.*

Register Online at sowashco.ce.eleyo.com

Skoolie



Family Fun Nights

Skoolie is bringing free books, games, crafts and food to you!

Join us 5-6:30 p.m., Monday-Thursdays, June 16-Aug. 14.
No programming June 19 and June 30-July 4.

Mondays, Pullman Elementary, St. Paul Park
Tuesdays, Newport Elementary, Newport
Wednesdays, Royal Oaks Elementary, Woodbury
Thursdays, Armstrong Elementary, Cottage Grove



Join the Skoolie Squad.

Be a dynamic and positive role model for kids. Joining the Squad is a great opportunity for college students! For more information or to apply visit sowashco.org/careers.



SOWASHCO
CARES

Hosted by SoWashCo CARES Education Foundation and community partners. Visit our website to learn how you can help or to become a Skoolie Sponsor.



Learn more at commed.sowashco.org/skoolie