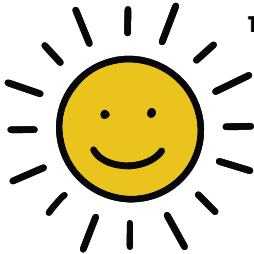
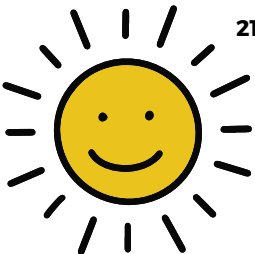




NUTRITION & FOOD SERVICES

March 2025 VISTAS Breakfast Menu

Promotions:
March 3-7: Celebrate National School Breakfast Week with a chance to win a **fun giveaway** with the purchase of a **school breakfast**.
March 4th: Happy Mardi Gras! We will be serving **baby beignets** at **lunch**.
Every Friday: We will serve fish sandwiches and tartar sauce every Friday **for lunch** in March.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: Program.Intake@usda.gov This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Biscuit ³ Fruit Loop Waffle Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache ⁴ Overnight Oats Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Bowl ⁵ Mini Bagels Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache ⁶ French Toast Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Cinnamon Roll ⁷ Pancake Bites Cereal Donuts Toast Seasonal Fruit & Juice Milk
Chicken Biscuit ¹⁰ Fruit Loop Waffle Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache ¹¹ Muffin Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Taco ¹² French Toast Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache ¹³ Soft Cereal Bar Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Homemade Cinnamon Roll ¹⁴ Chocolate Crescent Cereal Chocolate Donuts Toast Seasonal Fruit & Juice Milk
 ¹⁷	¹⁸	¹⁹	²⁰	 ²¹
SPRING BREAK!				
Chicken Biscuit ²⁴ Fruit Loop Waffle Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage Kolache ²⁵ Overnight Oats Cereal Strawberry Poptarts Toast Seasonal Fruit & Juice Milk	Breakfast Bowl ²⁶ Mini Bagels Cereal Donuts Toast Seasonal Fruit & Juice Milk	Sausage & Cheese Kolache ²⁷ French Toast Yogurt Parfait Cereal Fudge Poptarts Toast Seasonal Fruit & Juice Milk	Cinnamon Roll ²⁸ Pancake Bites Cereal Donuts Toast Seasonal Fruit & Juice Milk
Chicken Biscuit ³¹ Fruit Loop Waffle Cereal Donuts Toast Seasonal Fruit & Juice Milk	<i>Variety of milk options available daily.</i>	Breakfast Prices Paid: \$1.50 Reduced: \$0.00 Free: \$0.00 Adult: \$3.30		

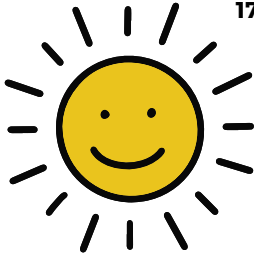
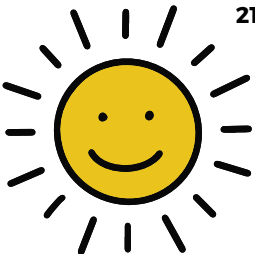


Menu subject to change



March 2025 KAEC/TRC Breakfast Menu

Promotions:
March 3-7: Celebrate National School Breakfast Week with a chance to win a **fun giveaway** with the purchase of a **school breakfast**.
March 4th: Happy Mardi Gras! We will be serving **baby beignets** at lunch.
Every Friday: We will serve fish sandwiches and tartar sauce every Friday for lunch in March.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	4 Sausage Kolache Overnight Oats Cereal Toast Seasonal Fruit & Juice Milk	5 Breakfast Bowl Monkey Bread Cereal Toast Seasonal Fruit & Juice Milk	6 Sausage & Cheese Kolache Mini Bagel Cereal Toast Seasonal Fruit & Juice Milk	7 Cinnamon Roll Pancake Bites Cereal Toast Seasonal Fruit & Juice Milk
10 Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	11 Sausage Kolache Muffin Cereal Toast Seasonal Fruit & Juice Milk	12 Breakfast Taco French Toast Cereal Toast Seasonal Fruit & Juice Milk	13 Sausage & Cheese Kolache Soft Cereal Bar Cereal Toast Seasonal Fruit & Juice Milk	14 Homemade Cinnamon Roll Chocolate Crescent Cereal Toast Seasonal Fruit & Juice Milk
17 	18	19	20	21 
<h1>SPRING BREAK!</h1>				
24 Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	25 Sausage Kolache Overnight Oats Cereal Toast Seasonal Fruit & Juice Milk	26 Breakfast Bowl Monkey Bread Cereal Toast Seasonal Fruit & Juice Milk	27 Sausage & Cheese Kolache Mini Bagel Cereal Toast Seasonal Fruit & Juice Milk	28 Cinnamon Roll Pancake Bites Cereal Toast Seasonal Fruit & Juice Milk
31 Chicken Biscuit Fruit Loop Waffle Cereal Toast Seasonal Fruit & Juice Milk	<i>Variety of milk options available daily.</i>	Breakfast Prices Paid: \$1.50 Reduced: \$0.00 Free: \$0.00 Adult: \$3.30		


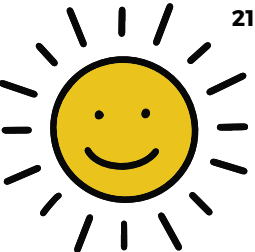
Menu subject to change



NUTRITION & FOOD SERVICES

March 2025 KAEC/TRC/VISTAS Lunch Menu

Promotions:
March 3-7: Celebrate National School Breakfast Week with a chance to win a **fun giveaway** with the purchase of a **school breakfast**.
March 4th: Happy Mardi Gras! We will be serving **baby beignets** at lunch.
Every Friday: We will serve fish sandwiches and tartar sauce every Friday for lunch in March.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Taco Crisp Up 3 Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	Nacho Grande 4 Cheesy Nachos (v) , Pork Roja Tamales Southwestern Salad Spanish Rice (HS) Refried Beans Fresh Veggie Line Seasonal Fruit Minj Beignets Milk	Pepperoni Pizza 5 Cheese Pizza (v) Potstickers & Sauce Chef Salad Garlic Bacon Green Beans Fresh Veggie Line Seasonal Fruit Milk	Chicken Nuggets & Roll 6 Rebelyous Chick'n Sandwich (v) Cobb Salad Mashed Potatoes Fresh Veggie Line Seasonal Fruit Milk	Cheeseburger/Hamburger 7 Fish Sandwich Grilled Cheese (v) Chicken Nugget Salad Curly Fries Fresh Veggie Line Seasonal Fruit Milk
Orange Chicken & Rice 10 Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	Nacho Grande 11 Cheesy Nachos (v) Cheeseburger/Hamburger Southwestern Salad Spanish Rice (HS) Corn Fresh Veggie Line Seasonal Fruit Milk	Pepperoni Pizza 12 Cheese Pizza (v) Lasagna & Breadstick Chef Salad Broccoli Fresh Veggie Line Seasonal Fruit Milk	Chicken Nuggets & Roll 13 Green Chile & Cheese Tamale (v) Cobb Salad Baked Beans Fresh Veggie Line Seasonal Fruit Milk	Spicy Chicken Sandwich 14 Fish Sandwich Grilled Cheese (v) Chicken Nugget Salad Curly Fries Fresh Veggie Line Seasonal Fruit Milk
 17	18 19 20 <div style="font-size: 4em; color: green; font-weight: bold; text-shadow: 2px 2px 0px #008000;">SPRING BREAK!</div>			 21
Chicken Egg Rolls 24 Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	Nacho Grande 25 Cheesy Nachos (v) BBQ Pulled Pork Sandwich Southwestern Salad Spanish Rice (HS) Elote Fresh Veggie Line Seasonal Fruit Milk	Pepperoni Pizza 26 Cheese Pizza (v) Breaded Chicken Sandwich Chef Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	Chicken Nuggets & Roll 27 Rebelyous Chick'n Sandwich (v) Cobb Salad Baked Beans Fresh Veggie Line Seasonal Fruit Milk	Cheeseburger/Hamburger 28 Fish Sandwich Chicken Nugget Salad Sweet Potato Fries Fresh Veggie Line Seasonal Fruit Milk
Sweet & Sour Chicken & Rice 31 Bosco Sticks (v) Crispy Chicken Caesar Salad Steamed Broccoli Fresh Veggie Line Seasonal Fruit Milk	Turkey & Cheese offered daily		Lunch Prices: Paid: \$2.50 Reduced: \$0.40 Free: \$0.00 Adult: \$5.00	Variety of Milk options available daily. (v) = vegetarian



Menu subject to change

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