



March 2025

Ferndale Area High School Lunch Menu * Menu Subject to Change*

Monday	Tuesday	Wednesday	Thursday	Friday
3. Hot Dog or Ham & Cheese Sand or Chef Salad, French Fries, Vegetarian Beans, Mixed Fruit, Pears, Milk	4. Chicken Fajita, or Ham & Cheese Sand or Chef Salad, Lettuce, Cheese, Salsa, Steamed Rice, Corn, Pineapple, Applesauce, Milk	5. Grilled Cheese or Ham & Cheese Sand., Tomato Soup, Steamed, Carrot/ Celery Cup, Goldfish, Pears, Mixed Fruit, Milk	6. Chicken Sandwich or Ham & Cheese Sand, Lettuce/ Tomato, French Fries, Baby Carrots W Dip, Peaches, Pineapple, Milk	7. Cheese Sticks W Sauce or Egg Salad Sand. or Ham & Cheese Sand., or Chef Salad, Tossed Salad, Steamed Green Beans, Peaches, Applesauce, Milk
10. Pasta W/ Meat Sauce or Deli Sand., or Chef Salad, Steamed Broccoli, Tossed Salad W Dsg, Garlic Bread Stick, Pears, Peaches, Milk	11. Taco or Deli Sand or Chef Salad, Black Beans, Lettuce, Tomato, Shredded Cheddar Cheese, Salsa, Steamed Rice, Mixed	12. General Tso or Chicken Strips. or Deli Sand or Chef Salad, Steamed Rice, Steamed Broccoli, Oranges, Mandarin Peaches, Milk	13. Hamburger, or Deli Combo Sand or Chef Salad, Lettuce/Tomato, French Fries, Baby Carrots, Peaches, Mixed Fruit, Milk	14. Pizza Crunchers or Egg Salad Sand. or Chef Salad, Steamed Green Beans, Tossed Salad, Pineapple, Pears, Snack Bag. Milk
17. No School	18. Meatballs W Gravy or Ham & Cheese Sandwich, or Chef Salad, Seasoned Noodles, Green Beans, Dinner Roll, Mixed Fruit, Pears, Milk	19. Popcorn Chicken or Ham & Cheese Sand., or Chef Salad, Mashed Potatoes W Gravy, Steamed Corn, Cheddar Cheese, Dinner Roll, Hot Apple Slices, Peaches, Milk	20. Turkey Sub or Ham & Cheese Sand. or Chef Salad, Lettuce/Tomato, Chicken Noodle Soup, Vegetable Cup, Pineapple, Pears, Milk	21. Pizza, or Ham & Cheese or Chef Salad, or Egg Salad Sand., Tossed Salad, Steamed Carrots, Mixed Fruit, Mandarin Oranges, Snack Bag, Milk
24. Chicken & Gravy over Biscuit or PB&J or Chef Salad, Steamed Peas, Pears, Apple Slices, Sherbet, Milk	25. Walking Taco or PB&J, Steamed Rice, Shredded Lettuce, Cheddar Cheese, Black Beans, Salsa, Pears, Mixed Fruit, Milk	26. Chicken Alfredo, or PB&J, Steamed Broccoli, Dinner Roll, Pineapple, Pudding, Milk	27. Stromboli w/ Sauce or PB&J or Chef Salad, Tossed Salad, Steamed Carrots, Pears, Peaches, Milk	28. Pizza or Buffalo Chicken Pizza, or PB&J, Tossed Salad, Steamed Green Beans, Pineapple, Banana, Milk
31. Hot Ham & Cheese on Pretzel Bun or Deli Sand., French Fries, Veggie Cup, Pears, Peaches, Milk		Milk Choices: Fat Free Chocolate, Strawberry, 1% Adult Prices: Lunch \$4.75 Breakfast \$2.85, Milk \$.50		** Free Breakfast & Lunch for all Students!!