

MEASLES-MUMPS-RUBELLA (MMR) VACCINE RECOMMENDATIONS SUMMARY

Age/Status	Recommendations
Under one year of age	<p>Under routine circumstances MMR is not recommended for children under 12 months of age.</p> <p>MMR can be given to children as young as six months of age if they have been exposed, if they are in an outbreak setting, or if they are travelling to a measles-endemic area. Children who receive MMR before their first birthday should receive two additional doses according to the routine schedule.</p>
1-6 years old	<p>The first MMR dose is recommended at 12-15 months of age.</p> <p>The second MMR dose is recommended at 4-6 years of age. If both doses are needed for catch-up, they should be given at least 28 days apart.</p>
7-19 years old	<p>Children who have not received two doses of MMR should get the vaccine. If both doses are needed for catch-up, they should be given at least 28 days apart.</p>
Adults	<p>Adults who have not had two doses of MMR and have not had the measles should get the vaccine if they meet the following criteria:</p> <ul style="list-style-type: none"> ● Born after 1957 ● Attend school beyond high school (e.g. college, trade school) ● Work or volunteer in a healthcare facility of any type ● Travel internationally, including on cruise ships ● Women of childbearing age (and not currently pregnant)
Pregnant women	<p>Pregnant women should not receive the MMR vaccine.</p>
People exposed to measles	<p>People exposed to measles should receive MMR within 72 hours of exposure if they are:</p> <ul style="list-style-type: none"> ● Not fully vaccinated or had measles, and ● Born after 1957, and ● Over six months of age, and ● Not pregnant, and ● Not immunocompromised