



**Meal Price:**  
**Students – No cost**  
**Adults \$2.84+tax**




**March 2025**

**SECONDARY SCHOOL |  
 BREAKFAST MENU**

**Available Daily:**

- WG Bagel with Cream Cheese or Butter
- Assorted Cold Cereal \*
- Assorted Cereal Bars \*
- Assorted Pop Tarts \*
- Yogurt Parfait \*

Items with a \* are served with Graham Crackers

MON	TUES	WED	THURS	FRI
Bacon, Egg, & Cheese <sup>3</sup> on a WG Bun or WG Mini French Toast Fruit & Milk	Bacon, Egg, & Cheese <sup>4</sup> on a WG Bun or WG Blueberry Waffles Fruit & Milk	Bacon, Egg, & Cheese <sup>5</sup> on a WG Bun or WG Confetti Pancakes Fruit & Milk	Bacon, Egg, & Cheese <sup>6</sup> on a WG Bun or Fresh Baked Blueberry or Chocolate Chip Fruit & Milk	Bacon, Egg, & Cheese <sup>7</sup> on a WG Bun or WG Cinnamon Bun Fruit & Milk
Bacon, Egg, & Cheese <sup>10</sup> on a WG Bun or WG Mini French Toast Fruit & Milk	Bacon, Egg, & Cheese <sup>11</sup> on a WG Bun or WG Blueberry Waffles Fruit & Milk	Bacon, Egg, & Cheese <sup>12</sup> on a WG Bun or WG Confetti Pancakes Fruit & Milk	Bacon, Egg, & Cheese <sup>13</sup> on a WG Bun or Fresh Baked Blueberry or Chocolate Chip Fruit & Milk	Bacon, Egg, & Cheese <sup>14</sup> on a WG Bun or WG Cinnamon Bun Fruit & Milk
Bacon, Egg, & Cheese <sup>17</sup> on a WG Bun or WG Mini French Toast Fruit & Milk	Bacon, Egg, & Cheese <sup>18</sup> on a WG Bun or WG Blueberry Waffles Fruit & Milk	Bacon, Egg, & Cheese <sup>19</sup> on a WG Bun or WG Confetti Pancakes Fruit & Milk	Bacon, Egg, & Cheese <sup>20</sup> on a WG Bun or Fresh Baked Blueberry or Chocolate Chip Fruit & Milk	Bacon, Egg, & Cheese <sup>21</sup> on a WG Bun or WG Cinnamon Bun Fruit & Milk
Bacon, Egg, & Cheese <sup>24</sup> on a WG Bun or WG Mini French Toast Fruit & Milk	Bacon, Egg, & Cheese <sup>25</sup> on a WG Bun or WG Blueberry Waffles Fruit & Milk	Bacon, Egg, & Cheese <sup>26</sup> on a WG Bun or WG Confetti Pancakes Fruit & Milk	Bacon, Egg, & Cheese <sup>27</sup> on a WG Bun or Fresh Baked Blueberry or Chocolate Chip Fruit & Milk	Bacon, Egg, & Cheese <sup>28</sup> on a WG Bun or WG Cinnamon Bun Fruit & Milk
Eid al-Fitr <sup>31</sup> Schools Closed	 			

**Powering  
 potential.**

**Menus are subject to change.**

**All Breakfasts MUST Include Choice of:**  
 Fresh Fruits (Apples, Oranges and Bananas) and 100% Fruit Juice

**And May Include:**

1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain



This institution is an equal opportunity provider.








**Meal Price:**  
**Students – No cost**  
**Adults \$5.05 + tax**

# March 2025

## SECONDARY SCHOOL | LUNCH MENU

### Daily Lunch Offerings:

- Nacho Bar
- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ Granola & Fruit
- Cheese, Ham(P), Turkey or Tuna Sandwich/Wrap
- Bagel w /2 String Cheese & Yogurt
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Hamburger/Cheeseburger
- Spicy Chicken Sandwich
- Crispy Chicken Sandwich

MON	TUES	WED	THURS	FRI
Homemade Baked Ziti w/ Grilled Chicken Red Pepper Strips Fresh Apple <sup>3</sup>	Turkey Barbacoa Quesadilla w/ Salsa Baked Waffle Fries Fresh Orange <sup>4</sup>	Chicken Drumstick Cheesy Mash Potato Roasted Corn Fresh Strawberries <sup>5</sup>	<b>Brunch for Lunch</b> WG French Toast Sticks w/ Syrup Chicken Sausage Red Pepper Strips Ripe Banana <sup>6</sup>	Boneless Chicken Wings <sup>7</sup> w/ BBQ, Buffalo Sauce or Teriyaki Glaze Garden Salad Fresh Grapes
<b>MEATBALL DAY</b> Buffalo Meatball Mac & Cheese Red Pepper Strips Fresh Apple <sup>10</sup>	WG Mozzarella Sticks Marinara Sauce Baked Curly Fries Fresh Orange <sup>11</sup>	General Tso's Chicken over Brown Rice Roasted Broccoli Fresh Strawberries <sup>12</sup>	Chicken and Vegetable Dumplings Roasted Squash Ripe Banana <sup>13</sup>	Spaghetti w/ Chicken Meatball Tomato Salad Fresh Grapes <sup>14</sup>
Chicken Drumstick Cheesy Mash Potato Red Pepper Strips Fresh Apple <sup>17</sup>	Cheezy Chicken Burrito w/ Tater Tots Black Bean Salad Fresh Orange <sup>18</sup>	Penne Alfredo Plain or w/ Grilled Chicken Dinner Roll Roasted Corn Fresh Strawberries <sup>19</sup>	WG Mozzarella Sticks Marinara Sauce Baked Curly Fries Ripe Banana <sup>20</sup>	Grilled Cheese Plain or with Bacon Baked Waffle Fries Fresh Grapes <sup>21</sup>
<b>Brunch for Lunch</b> WG Dutch Waffle w/ Syrup Chicken Sausage Red Pepper Strips Fresh Apple <sup>24</sup>	Boneless Chicken Wings w/ BBQ, Buffalo Sauce or Teriyaki Glaze Steamed Corn Fresh Orange <sup>25</sup>	Chicken Quesadilla w/ Pico, Salsa, & Sour Cream Baked Waffle Fries Fresh Strawberries <sup>26</sup>	Chili Garlic Popcorn Chicken w/ Lo Mein Celery Sticks Ripe Banana <sup>27</sup>	Jerk Chicken & Cheddar Wrap Garden Salad Fresh Grapes <sup>28</sup>
Eid al-Fitr Schools Closed <sup>31</sup>	  			

Powering potential.

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Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

- Meat/Meat Alternative
- Bread/Grain
- Fruit (includes Fruit Juice)
- Vegetable

Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)  
**\*\*One of the Choices MUST be a Fruit or Vegetable!\*\***



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