Emergency Preparedness: Tips for Families

GUILFORD County Schools
SOAR TO GREATNESS

- Make sure your child's school has your up-to-date contact information, in case school is cancelled or closes early. Follow your school and the district on social media for updated information.

- Make a family plan. Decide on a place to meet – one in your neighborhood and one outside your neighborhood – in case you cannot return to your home.

- Put fuel in all vehicles and withdraw some cash from the bank. Gas stations and ATMs may be closed after a hurricane or other weather emergency.

- Be alert to flooded or washed-out roads. Just a few inches of water can float a car. Remember: Turn Around, Don't Drown.

- Plan for your pets. Most evacuation shelters allow service animals only.

- Sign up for alerts from Guilford County Emergency Management at readyguilford.com.

- Track the storm at https://www.nhc.noaa.gov/.

Prepare an emergency supply kit. It should include:

- Water – 1 gallon per person per day for 3 to 7 days
- Food – non-perishable and canned food supply for 3 to 7 days
  - Ready-to-eat canned meats, fruits, vegetables and a can opener
  - Protein or fruit bars
  - Dry cereal or granola
  - Peanut butter
  - Dried fruit
  - Nuts
  - Crackers
  - Canned juices
  - Non-perishable pasteurized milk
  - High energy foods
  - Vitamins
  - Food for infants
  - Comfort/stress foods
- Battery-powered or hand crank radio and NOAA Weather Radio with extra batteries
- Cell phone with charger
- First aid kit and first aid book
- Flashlight and extra batteries
- Manual can opener for food
- Anti-bacterial hand wipes or gel
- Wrench or pliers to turn off utilities
- Blanket or sleeping bag per person
- Prescription medications and glasses
- Seasonal change of clothing, including sturdy shoes
- Toiletries – toothbrush, toothpaste, soap, feminine supplies
- Extra house and car keys
- Important documents – insurance policies, identification, bank account records
- Fire extinguisher – ABC-type
- Cash and change
- Books, games or cards

Source: ReadyGuilford.com, Guilford County Emergency Management