

Gyeonggi Suwon International School Menu

<March>

	Mon(3.3)	Tue(3.4)	Wed(3.5)	Thu(3.6)	Fri(3.7)
Korean Menu	Stir Fried Chicken (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Steamed Rice Bean Paste Soup 1,2,4,5,7,8,12,13,15 Green Laver Salad 4,5 Cabbage Salad 1,4,5,10 White Kimchi/Radish Kimchi 4,7,12	Spicy Beef Soup (ES-Beef Soup) 1,2,4,5,7,8,12,13,15 Steamed Rice Korean Meat Balls & Ketchup 1,2,4,5,7,8,10,12,13,15 Seasoned Bean Sprouts w/ Crab meat 1,2,4,5,7,8,10,12,13,15,18 Braised Beans 4,5 White Kimchi/Radish Kimchi 4,7,12	Braised Pork (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Multigrain Rice/Steamed Rice Bean Paste Soup 1,2,4,5,7,8,12,13,15 Stir-Fried Potatoes & Ham 1,2,4,5,7,8,12,13,15 Cabbage Salad 4,5 White Kimchi/Kimchi 4,7,12	Hand-Made Dduckgalbi 1,2,4,5,7,8,10,12,13,15 Steamed Rice Soft Tofu Soup (ES-Clear Soft Tofu Soup) 1,2,4,5,7,8,12,13,15 Stir-Fried Mushroom 1,2,4,5,7,8,12,13,15,19 Jjolmyeon (ES-Jjolmyeon) 4,5 White Kimchi/Kimchi 4,7,12	Spicy Pork Bibimbap (ES-Pork Bibimbap) 1,2,4,5,7,8,12,13,15 Steamed Rice Seaweed Bean Paste Soup 1,2,4,5,7,8,12,13,15 Kelp Noodle Salad 1,4,5,13 Acorn Jelly & Soy Sauce 4,5 White Kimchi/Radish Kimchi 4,7,12
International Menu	Pork Steak 1,2,4,5,7,8,10,12,13,15 Fried Rice w/vegetables 1,2,4,5,7,10,12,13,15 Cream of Onion Soup 1,2,4,5,7,12,13,15 Salad 1,2,4,5,7,10,12,13,15	Sriracha Butter Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Caesar Salad 1,4,5,8,13	Spicy Chicken Burger (ES-Chicken Burger) 1,2,4,5,7,8,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Coleslaw 1,4,5,13	Spicy Rosé Spaghetti (ES-Rosé Spaghetti) 1,2,4,5,7,8,9,10,12,13,15 Garlic Bread 1,2,4,5 Hand-Made Pickle	Lemon Cream Chicken 1,2,4,5,7,8,9,10,12,13,15 Steamed Rice Grilled Cheese & Vegetables 1,2,4,5,7,8,10,12,13,15 Cucumber & Tomato Salad 10,17
	Mon(3.10)	Tue(3.11)	Wed(3.12)	Thu(3.13)	Fri(3.14)
Korean Menu	Spicy Dumpling Soup (ES-Dumpling Soup) 1,2,4,5,7,8,12,13,15 Steamed Rice Buckwheat Crepe 1,2,4,5,7,12,13,15,16 Stir-Fried Seaweed 4,5 Seasoned Radish (ES-Seasoned Radish) 4,5 White Kimchi/Kimchi 4,7,12	Stir-Fried Rice Cake (Tteokbokki) (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Ham Rice Burger 1,2,4,5,7,8,10,12,13,15 /Steamed Rice Udon Soup 1,2,4,5,6,7,8,12,13,15 Assorted Fries 4,5 Picked Radish 17 White Kimchi/Kimchi 4,7,12	Stir-Fried Pork w/ Squid (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Bean Paste Soup 1,2,4,5,7,12,13,15 Steamed Egg 1,4,5 Lettuce Wraps & Ssamjang 4,5 White Kimchi/Radish Kimchi 4,7,12	Suwon Galbi Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Kimchi Soup (ES-Bean Paste Soup) 1,2,4,5,7,8,12,13,15 Seasoned Bean Sprout (ES-Seasoned Bean Sprout) 1,2,4,5,7,8,12,13,15 White Kimchi/Radish Kimchi 4,7,12	Kimchi Flying Fish Roe Rice (ES-Flying Fish Roe Rice) 1,2,4,5,7,8,12,13,15,18 Steamed Rice Fish Cake Soup 1,2,4,5,7,8,12,13,15 Potato Croquette 4,5 Stir-Fried Broccoli 1,2,4,5,7,8,12,13,15 White Kimchi/Radish Kimchi 4,7,12
International Menu	Pancake 1,2,4,5,7,8,10,12,13,15 Cream of Mushroom 1,2,4,5,7,8,10,12,13,15 Grilled Sausage 1,2,4,5,7,8,10,12,13,15 Scrambled Eggs 1,2,4,5 Ricotta Cheese Salad 2,4,5,10,17	Texas Pork Barbecue 1,2,4,5,7,8,10,12,13,15 Steamed Rice Mixed Vegetables 4,5,15 Mexican Salad	Chicken Wrap 1,2,4,5,10,12 Fried Potatoes & Ketchup 4,5,10 Cream of Sweet Pumpkin Soup 1,2,4,5,7,8,12,13,15 Corn Salad 1,4,5	Lasagne 1,2,4,5,7,8,10,12,13,15 Butter Spinach 2,4,5	Pork Slider 1,2,4,5,7,8,10,12,13,15 Hot Vegetables 1,2,4,5,7,8,12,13,15 Coleslaw 1,4,5,13

* This menu can be changed depending on its ingredients.

<Food Allergy Notice> 1. Egg 2. Milk 3. Peanut 4. Soybean 5. Wheat 6. Mackerel 7. Shrimp 8. Pork 9. Peach 10. Tomato 11. Walnut 12. Chicken

13. Beef 14. Squid 15. Shellfish 16. Buckwheat 17. Sulfite 18. Crab 19. Mushroom 20. Apple

Gyeonggi Suwon International School Menu

<March>

	Mon(3.17)	Tue(3.18)	Wed(3.19)	Thu(3.20)	Fri(3.21)
Korean Menu	Pork Short Rib (ES-Grilled Pork) 1,2,4,5,7,8,10,12,13,15,18 Steamed Rice Perilla Seed Soup 1,2,4,5,7,8,12,13,15 Seasoned Tofu & Green 4,5 Devil's Tongue Jelly & Vegetable (ES-Devil's Tongue Jelly & Vegetable) 4,5 White Kimchi/Kimchi 4,7,12	Janchi Noodles 1,2,4,5,7,8,12,13,15 Steamed Rice Fish Cutlet 1,2,4,5 Seasoned Greens (ES-Seasoned Greens) 4,5 White Kimchi/Kimchi 4,7	Stir-Fried Chicken w/ Cheese (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Steamed Rice Steamed Rice Red Chili Paste Soup (ES-Tofu Bean Paste Soup) 1,2,4,5,7,8,12,13,15 Japchae 4,5 Seasoned Cucumber (ES-Seasoned Cucumber) 4,5 Chicory Pineapple Salad White Kimchi/Radish Kimchi 4,7,12	Beef-Bone Soup w/ Water Celery 1,2,4,5,7,8,12,13,15 Steamed Rice Mushroom Pancake 1,2,4,5,19 Braised Spicy Soft Tofu (ES-Braised Soft Tofu) 1,2,4,5,7,8,12,13,15 Chili Pepper (ES-Braised Soybeans) White Kimchi/Radish Kimchi 4,7,12	Beef Bone Soup 1,2,4,5,7,8,10,12,13,15 Steamed Rice Buckwheat Crepe 4,5 Braised Tofu (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Seasoned Greens (ES-Seasoned Greens) 4,5 White Kimchi/Radish Kimchi 4,7
International Menu	Carnitas Taco 1,2,4,5,7,8,10,12,13,15 Tomato Salsa 10 / Sour Cream Sauce 2 Rosemary Potato 4,5,10 Pickle & Jalapeno	Roasted Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Mashed Potato 2,4,5 Grilled Vegetables 1,2,4,5,7,8,12,13,15	Pork Cutlet 1,2,4,5,6,7,8,10,12,13,15 Steamed Rice Peas & Carrot 2,4,5 Japanese Salad 1,4,5	Yaki Udon 1,2,4,5,7,8,10,12,13,15 Takoyaki 1,4,5,14 Lotus Root Chip Salad 4,5,10	Hamburger Steak 1,2,4,5,7,8,9,10,12,13,15 Steamed Rice Cream of Spinach Soup 1,2,4,5,7,12,13,15 Baked Vegetables 4,5 Chicory Salad 1,4,5,10
Korean Menu	Mon(3.24)	Tue(3.25)	Wed(3.26)	Thu(3.27)	Fri(3.28)
	Spicy Sausage Stew (ES-Clear Sausage Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Stir-Fried Pork w/ Perilla Seed 1,2,4,5,7,8,12,13,15 Stir-Fried Fishcake (ES-Stir-Fried Fishcake) 1,2,4,5,7,8,12,13,15 Korean Jelly Salad White Kimchi/Radish Kimchi 4,7	Fried Pork 1,2,4,5,7,8,10,12,13,15 Kimchi Fried Rice 1,2,4,5,7,8,10,12,13,15 /Steamed Rice Bean Paste Soup 1,2,4,5,6,7,8,10,12,13,15,19 Chicory Pineapple Salad White Kimchi/Radish Kimchi 4,7	Stir-Fried Chicken 1,2,4,5,8,12,13,15 Steamed Rice Bean Powder Cabbage Soup 1,2,4,5,7,8,12,13,15 Stir-Fried Pumpkin & Crab Stick 1,2,4,5,7,8,12,13,15,16 Mung Bean Sprout 1,2,4,5,7,8,12,13,15 White Kimchi/Kimchi 4,7,12	Stir-Fried Pork w/ Kimchi (ES-w/ Soy Sauce) 1,2,4,5,7,8,12,13,15 Steamed Rice Tofu & Egg Soup 1,2,4,5,7,8,12,13,15 Stir-Fried Anchovies 4,5 Seasoned Green 1,2,4,5,7,8,12,13,15 White Kimchi/Radish Kimchi 4,7,12	Beef Bone Soup (ES-Beef Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Leek Pancake 1,2,4,5 Spicy Stewed Potato (ES-Stewed Potato) 1,2,4,5,7,8,12,13,15 Seasoned w/ Red Pepper Paste (ES-Garlic Steam Salad) 4,5 White Kimchi/Radish Kimchi 4,7
International Menu	Barbequed Pork 1,2,4,5,7,8,10,12,13,15 Steamed Rice Mushroom & Onion 1,2,4,5,7,8,12,13,15,19 Macaroni & Cheese 1,2,4,5,7,8,10,12,13,15	Indian Curry 1,2,4,5,7,8,10,12,13,15 Steamed Rice Pita Bread 1,2,4,5 Cucumber Salad 2	Char Siu Ramen 1,2,4,5,7,8,9,10,12,13,15 Flakes Rice 4,5,7 Hard Pickle Radish 17	Chicken Cutlet 1,2,4,5 Steamed Rice Butter Corn 2,4,5 Dutch Salad 1,4,5,8	Pulled Pork Sandwich 1,2,4,5,7,8,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Hawaiian Salad 1,4,5

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13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

Gyeonggi Suwon International School Menu

<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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