

# Breakfast Menu

## James I. O'Neill HS

### March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

3 Egg and Cheese Sandwich ✓  
Or Chocolate Glazed Donut with Cereal Topping 🍩  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Diced Peaches

4 Egg and Cheese Sandwich ✓  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Diced Pear Cup  
Sausage, Egg & Cheese Burrito\* 🌯

5 WG Donut ✓  
Egg and Cheese Sandwich ✓  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Diced Pear Cup

6 Bacon, Egg and Cheese Breakfast Sandwich P  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Diced Pear Cup  
Ham & Cheese Bagel Melt P

7 Egg and Cheese Sandwich ✓  
100% Apple Juice  
Fat Free Chocolate Milk  
Unflavored 1% Milk  
Diced Pear Cup  
McGriddle Sausage Sandwich 🌯

## National School Breakfast Week

10 Maple Mini Waffles ✓  
Egg and Cheese Sandwich ✓  
Fresh Apple  
100% Apple Juice  
Fat Free Chocolate Milk  
Unflavored 1% Milk  
Mixed Fruit

11 Egg and Cheese Sandwich ✓  
Or Sausage, Egg and Cheese Sandwich  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Mixed Fruit

12 Or Sausage, Egg and Cheese Sandwich  
WW Honey Bun ✓  
100% Apple Juice  
Fresh Apple  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Mixed Fruit

13 Egg and Cheese Sandwich ✓  
Chocolate Glazed Donut with Cereal Topping 🍩  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Mixed Fruit

14 Egg and Cheese Sandwich ✓  
Or Maple Mini Waffles ✓  
Fresh Orange  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Mixed Fruit

17 **SCHOOL CLOSED TODAY**

18 Sausage, Egg and Cheese Sandwich  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Diced Peaches  
Veggie Frittata 🌯

19 Egg and Cheese Sandwich ✓  
Sausage, Egg and Cheese Sandwich  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Diced Peaches

20 WW Honey Bun ✓  
Egg and Cheese Sandwich ✓  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Diced Peaches

21 Egg and Cheese Sandwich ✓  
Maple Mini Waffles ✓  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Diced Peaches

24 Cinnamon French Toast ✓  
Egg and Cheese Sandwich ✓  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice

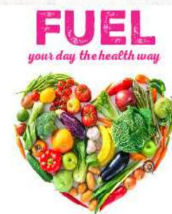
25 Maple Mini Waffles ✓  
Egg and Cheese Sandwich ✓  
Fresh Orange  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice

26 Bacon, Egg and Cheese Breakfast Sandwich P  
Sausage, Egg and Cheese Sandwich  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice

27 Egg and Cheese Sandwich ✓  
Fresh Apple  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
100% Apple Juice  
Mini Cinnamon Pull Apart Roll ✓

28 Egg and Cheese Sandwich ✓  
Fresh Orange  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Glazed Donut with Cereal Topping 🍩

31 Egg and Cheese Sandwich ✓  
100% Apple Juice  
Unflavored 1% Milk  
Fat Free Chocolate Milk  
Diced Peaches



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### Breakfast Prices

1st Meal no charge  
2nd \$2.75

Adult Breakfast: \$4.00  
(+Tax = \$4.24)

Extra Milk \$0.85

### Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~  
Bagels ~ Egg Sandwiches - Milk and  
Fruit / Fruit Juices.  
String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service

director Kathy Cook at 845-446-4914 ext 2890

