

















Lunch Menu

HFIS/FMES

March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Homemade Mac & Cheese   Dinner Rolls Mixed Fruit Fat Free Chocolate Milk Unflavored 1% Milk Steamed Broccoli	4 Chicken and Waffles Baked Beans Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk	5 Mini Blueberry Bash Waffles  Fresh Baby Carrots Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk 1/2 Day Parent Teacher Conferences	6 Cheeseburger Oven Baked Fries Sweet Corn Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk	7 Fluffy Whole Grain Waffles  Celery & Carrot Sticks w/ Low Fat Dressing Unflavored 1% Milk Fat Free Chocolate Milk 1/2 Day Grab & Go Lunches
National School Breakfast week				
10 Grilled Cheese Sandwich Meltdown Café  Tomato Soup Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	11 Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese</i> Side of Beans Salsa Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	12 Crispy Popcorn Chicken Brown Rice Orange Glazed Carrots Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	13 Yard Bird Classic Chicken Sandwich Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk 	14 Cheese Pizza   Applesauce Unflavored 1% Milk Fat Free Chocolate Milk Spiced Roasted Green Beans w/ Parmesan
17  SCHOOL CLOSED TODAY ST PATRICK'S DAY	18 Sloppy Joe on a Bun Crispy Potato Puffs Sriracha Garbanzo Beans Mixed Fruit Unflavored 1% Milk National Sloppy Joe Day	19 Cinnamon French Toast  Oven Baked Fries Sausage Patty Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk	20 Beef Hot Dog on Bun Baked Beans Fresh Apple Unflavored 1% Milk Fat Free Chocolate Milk Sauerkraut	21 Cheese Pizza   Steamed Broccoli Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk
24 Mozzarella Sticks  Tomato Sauce Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk Confetti Garbanzo Bean Salad Whole Wheat Dinner Roll	25 Nachos Grande Salsa Side of Beans Grape Tomatoes Unflavored 1% Milk Fat Free Chocolate Milk STUDENT APPRECIATION DAY	26 Baked Chicken Tenders Vegetable Rice Pilaf Green Beans Dinner Rolls Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk	27 Two Cheese Grilled Cheese Meltdown Café  Oven Baked Fries Fresh Apple Unflavored 1% Milk Fat Free Chocolate Milk Tomato Soup	28 Cheese Pizza   Steamed Broccoli Applesauce Unflavored 1% Milk Fat Free Chocolate Milk

31 Homemade Baked Pasta with Cheese  
 Steamed Peas
 Fresh Baby Carrots
 Dinner Rolls
 Mixed Fruit
 Fat Free Chocolate Milk
 Unflavored 1% Milk
Lucky Tray Day!

IT'S **BRUNCH!**
 FOR **LUNCH!**
 TIME

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HARVEST
 of the month
chickpeas




Choose **MyPlate.gov**

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Price

First Lunch: no cost 2nd Meals
 FMES \$3, HFIS \$3.25 Adult: \$5.09
 (\$5.25 with tax) Milk: \$0.85

If you have any questions or would like more information, please contact your Food Service Director
 Kathy Coakley 845-446-4914

extv2890

 Vegetarian  Made With Natural Ingredients  Pork



Daily Lunch Offerings:

Fresh Vegetable sides

Grab and Go Sandwiches - Turkey/Ham with Or Without Cheese on WG breads, Entree Salads: Chicken Salads, Garden Salads with Cheese (all served with WG Roll).

A variety of Fresh Fruits and Vegetables available daily.

Apples, Oranges, baby carrots.

 Smart Choice  Made With Organic Ingredients