

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025Mar-Mondays - ServingDate: 03/03/2025																			
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0	160.00	2.50	1.00	2.00	0.00	20.00	31.00	2.00	8.00	0.00	4.00	1.50	20.00	0.00	0.00	0.02	79.90	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Tuesdays - ServingDate: 03/04/2025																			
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	0	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	(M)	(M)	1.00	62.00	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	0	190.00	6.00	2.00	0.00	0.00	320.00	30.00	2.00	6.00	0.00	4.00	2.00	233.00	0.00(M)	0.00(M)	0.00	115.00	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Wednesdays - ServingDate: 03/05/2025																			
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	0	120.00	2.50	0.00	0.00	0.00	0.00	21.00	2.00	6.00	0.00	3.00	0.76	0.00	(M)	(M)	0.00	75.20	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	33.00	2.00	31.00	(M)	1.00	1.00	14.00	(M)	53.00	0.00	125.02	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar-Mondays - ServingDate: 03/03/2025	
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Tuesdays - ServingDate: 03/04/2025	
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Wednesdays - ServingDate: 03/05/2025	
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Trix Yogurt - LR1286 (1 portion)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	(M)
Banana - LR1147 (1 ea.)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025Mar-Wednesdays - ServingDate: 03/05/2025																			
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Thursdays - ServingDate: 03/06/2025																			
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	0	140.00	5.00	1.00	0.00	25.00	240.00	16.00	1.00	6.00	0.00	8.00	0.70	40.00	(M)	(M)	0.00	100.00	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Fridays - ServingDate: 03/07/2025																			
Pan Dulce - LR1015 (1 ea.)	0	200.00	6.00	1.50	0.00	5.00	90.00	34.00	2.00	8.00	(M)	5.00	0.00	40.00	0.00	0.00	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	5.00	29.00	2.00	27.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Mondays - ServingDate: 03/10/2025																			
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0	160.00	2.50	1.00	2.00	0.00	20.00	31.00	2.00	8.00	0.00	4.00	1.50	20.00	0.00	0.00	0.02	79.90	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL

Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar- Wednesdays - ServingDate: 03/05/2025	
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar- Thursdays - ServingDate: 03/06/2025	
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar- Fridays - ServingDate: 03/07/2025	
Pan Dulce - LR1015 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar- Mondays - ServingDate: 03/10/2025	
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)

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Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2025Mar-Mondays - ServingDate: 03/10/2025																				
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
2025Mar-Tuesdays - ServingDate: 03/11/2025																				
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	0	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	(M)	(M)	1.00	62.00	(M)	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	0	190.00	6.00	2.00	0.00	0.00	320.00	30.00	2.00	6.00	0.00	4.00	2.00	233.00	0.00(M)	0.00(M)	0.00	115.00	(M)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
2025Mar-Wednesdays - ServingDate: 03/12/2025																				
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)	(M)
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	0	120.00	2.50	0.00	0.00	0.00	0.00	21.00	2.00	6.00	0.00	3.00	0.76	0.00	(M)	(M)	0.00	75.20	(M)	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	33.00	2.00	31.00	(M)	1.00	1.00	14.00	(M)	53.00	0.00	125.02	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL

Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar-Mondays - ServingDate: 03/10/2025	
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Tuesdays - ServingDate: 03/11/2025	
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar- Wednesdays - ServingDate: 03/12/2025	
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Trix Yogurt - LR1286 (1 portion)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	(M)
Banana - LR1147 (1 ea.)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2025Mar-Thursdays - ServingDate: 03/13/2025																				
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	0	140.00	5.00	1.00	0.00	25.00	240.00	16.00	1.00	6.00	0.00	8.00	0.70	40.00	(M)	(M)	0.00	100.00	(M)	
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)	
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2025Mar-Fridays - ServingDate: 03/14/2025																				
Pan Dulce - LR1015 (1 ea.)	0	200.00	6.00	1.50	0.00	5.00	90.00	34.00	2.00	8.00	(M)	5.00	0.00	40.00	0.00	0.00	(M)	(M)	(M)	
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)	
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	5.00	29.00	2.00	27.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2025Mar-Mondays - ServingDate: 03/17/2025																				
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0	160.00	2.50	1.00	2.00	0.00	20.00	31.00	2.00	8.00	0.00	4.00	1.50	20.00	0.00	0.00	0.02	79.90	0.00	
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL

Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar-Thursdays - ServingDate: 03/13/2025	
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Fridays - ServingDate: 03/14/2025	
Pan Dulce - LR1015 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Mondays - ServingDate: 03/17/2025	
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025Mar-Tuesdays - ServingDate: 03/18/2025																			
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	0	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	(M)	(M)	1.00	62.00	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	0	190.00	6.00	2.00	0.00	0.00	320.00	30.00	2.00	6.00	0.00	4.00	2.00	233.00	0.00(M)	0.00(M)	0.00	115.00	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Wednesdays - ServingDate: 03/19/2025																			
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	0	120.00	2.50	0.00	0.00	0.00	0.00	21.00	2.00	6.00	0.00	3.00	0.76	0.00	(M)	(M)	0.00	75.20	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	33.00	2.00	31.00	(M)	1.00	1.00	14.00	(M)	53.00	0.00	125.02	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Thursdays - ServingDate: 03/20/2025																			
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	0	140.00	5.00	1.00	0.00	25.00	240.00	16.00	1.00	6.00	0.00	8.00	0.70	40.00	(M)	(M)	0.00	100.00	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL

Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar-Tuesdays - ServingDate: 03/18/2025	
Egg, Fried, 168ct/1.5oz - LR1899 (1 patty)	(M)
Biscuits, Honey, 100ct - LR1493 (1 biscuit)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar- Wednesdays - ServingDate: 03/19/2025	
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Trix Yogurt - LR1286 (1 portion)	(M)
Granola, Cinnamon, IW, 250ct - LR1925 (1 pkg.)	(M)
Banana - LR1147 (1 ea.)	(M)
Strawberry, Cup, Frozen, 96ct - LR1004 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Thursdays - ServingDate: 03/20/2025	
Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025Mar-Thursdays - ServingDate: 03/20/2025																			
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Fridays - ServingDate: 03/21/2025																			
Pan Dulce - LR1015 (1 ea.)	0	200.00	6.00	1.50	0.00	5.00	90.00	34.00	2.00	8.00	(M)	5.00	0.00	40.00	0.00	0.00	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	5.00	29.00	2.00	27.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025Mar-Mondays - ServingDate: 03/31/2025																			
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0	160.00	2.50	1.00	2.00	0.00	20.00	31.00	2.00	8.00	0.00	4.00	1.50	20.00	0.00	0.00	0.02	79.90	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary
Menu Line: Main
Serving Group: K-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025

Item Name (Serving Size)	Ash (g)
2025Mar-Thursdays - ServingDate: 03/20/2025	
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Fridays - ServingDate: 03/21/2025	
Pan Dulce - LR1015 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Raisins, Box, Individual, 144ct, USDA - LR1043 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2025Mar-Mondays - ServingDate: 03/31/2025	
Cinnabun, Pretzel Stick, 60ct/2.1oz - LR1860 (1 stick.)	0.00
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2025

Site: ALL
Date: 03/01/2025 - 03/31/2025