



# HAWTHORN MIDDLE SCHOOL BREAKFAST MENU

## March 2025

Menu subject to change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Egg & Cheese Muffin <b>3</b> Blueberry Muffin Assorted Whole Grain Cereals Graham Cracker Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk	Sun-butter Banana Wrap <b>4</b> Oatmeal Granola Bar Assorted Whole Grain Cereal Bars Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk	Breakfast Taco <b>5</b> Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk	Blueberry Lemon Scone <b>6</b> Assorted Whole Grain Cereal Bars Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk	Egg & Cheese Bagel <b>7</b> Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk
Pancake w/Syrup <b>10</b> Assorted Whole Grain Cereals Graham Cracker Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk	Hot Honey Chicken Biscuit <b>11</b> Oatmeal Granola Bar Assorted Whole Grain Cereal Bars Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk	Apple Nutri-Grain Bar <b>12</b> Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk	Egg & Cheese Quesadilla <b>13</b> Assorted Whole Grain Cereal Bars Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk	Mango Yogurt Parfait <b>14</b> Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk
Apple Nutri-Grain Bar <b>17</b> Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk	French Toast Bites <b>18</b> Oatmeal Granola Bar Assorted Whole Grain Cereal Bars Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk	Strawberry Nutri-Grain Bar <b>19</b> Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk	Egg, Bacon & Cheese Biscuit <b>20</b> Assorted Whole Grain Cereal Bars Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk	Blueberry Yogurt Parfait <b>21</b> Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk
<b>24</b> <b>SPRING BREAK!!!</b>	<b>25</b> <b>SPRING BREAK!!!</b>	<b>26</b> <b>SPRING BREAK!!!</b>	<b>27</b> <b>SPRING BREAK!!!</b>	<b>28</b> <b>SPRING BREAK!!!</b>
Blueberry Muffin <b>31</b> Assorted Whole Grain Cereals Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk				

In accordance with Federal Law and the US Department of Agriculture Policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age or disability.

### STUDENT MEAL CONSIST OF:

- 1 Entrée
- Fruit
- Juice
- Choice of Fat-Free Chocolate Milk or 1% White Milk

### ALLERGIES?

Please reach out to your child's school nurse so they can notify Quest employees.

### SEASONAL FRUITS OFFERED

AT LEAST 1/2 CUP SERVING

- Apple
- Grapes
- Orange
- Banana

### ASSORTED WHOLE GRAIN CEREAL and CERAL BARS

OFFERED:

- Cheerios
- Trix
- Cocoa Puffs
- Cinnamon Toast Crunch



# HAWTHORN MIDDLE SCHOOL LUNCH MENU

## March 2025

Menu subject to change.

### SPECIAL PROMOTIONS:

Boneless Wing Wednesday  
National Meatball day—3/10

National Food on a stick day— 3/31



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Popcorn Chicken Bowl <b>3</b> Cheese Quesadilla with Fresh Salsa Steamed Corn Cobb Salad 100% All Beef Hamburger Grilled Chicken Sandwich Applesauce Whole Banana</p>	<p>Mini Chicken Corn Dogs <b>4</b> Hummus &amp; Vegetable Plate Turkey, Bacon, Cheese Wrap 100% All Beef Cheeseburger Baked Chicken Sandwich Fresh Banana Fresh pineapple Chunks Baked Curly Fries</p>	<p>BBQ Beef Rib Sandwich <b>5</b> Sun-Butter and Jelly Sandwich Boneless Wings with Roll Celery &amp; Carrots Mozzarella Sticks with Marinara Sauce Peaches Whole Apple</p>	<p>Pancakes with Strawberry Compote <b>6</b> and Turkey Sausage or String Cheese Spinach &amp; Berry Salad with Garlic Herb Breadstick 100% All Beef Hamburger Spicy Chicken Sandwich Fresh Banana Orange Wedges Baked Curly Fries</p>	<p>Sweet &amp; Sour Chicken Bowl <b>7</b> Sweet &amp; Sour Tofu Bowl Edamame Fortune Cookies Hummus &amp; Roasted Veggie Wrap Bosco Sticks with Marinara Sauce 100% All Beef Cheeseburger Fresh Pineapple Whole Pear</p>
<p>Spaghetti &amp; Meatballs <b>10</b> Spaghetti w/Plant Based Bolognese Steamed Broccoli Fresh Garden Salad Chopped Chicken Salad Bosco Sticks with Marinara Sauce 100% All Beef Hot Dog Peaches Whole Apple</p>	<p>Beef Tacos <b>11</b> Vegetarian Burrito Bowl Seasoned Black Beans Salsa Cobb Salad 100% All Beef Hamburger Baked Chicken Tenders Fresh Pineapple Whole Apples</p>	<p>Chicken Nuggets <b>12</b> Baked Sweet Potato Fries Steamed Corn Grilled Cheese Sandwich 100% All Beef Cheeseburger Boneless Wings with Roll Celery &amp; Carrots Baked Chicken Sandwich Fresh Banana Fresh Pineapple Chunks</p>	<p>Cheese Tortellini with Marinara Sauce <b>13</b> and Garlic Breadstick Turkey, Bacon, Cheese Wrap 100% All Beef Cheeseburger Baked Chicken Tenders Sweet Potato Fries Fresh Banana Orange Wedges</p>	<p>Chicken &amp; Broccoli over Brown Rice <b>14</b> Tofu &amp; Broccoli Stir Fry over Brown Rice Edamame Fortune Cookies 100% All Beef Hamburger Baked Spicy Chicken Sandwich Bosco Sticks with Marinara Sauce Baked Curly Fries Fresh Pineapple Whole Pear</p>
<p>Chicken Nuggets <b>17</b> Macaroni and Cheese Steamed Green Beans Chicken Chopped Salad 100% All Beef Cheeseburger Grilled Cheese Sandwich Baked Curly Fries Fresh Banana Orange Wedges</p>	<p>Beef Nachos <b>18</b> Cheesy Nachos Fresh Salsa Seasoned Black Beans 100% All Beef Cheeseburger Baked Chicken Sandwich Roasted Potato Wedges Fresh Banana Fresh Pineapple Chunks</p>	<p>Chicken Alfredo <b>19</b> Penne Alfredo Steamed Broccoli Fresh Garden Salad Chopped Chicken Salad Boneless Wing Celery &amp; Carrots 100% All Beef Hot Dog Peaches Whole Apple</p>	<p>Homemade French Toast with Turkey <b>20</b> Sausage Spinach &amp; Berry Salad 100% All Beef Cheeseburger Baked Chicken Tenders Roasted Potato Wedges Fresh Banana Orange Wedges</p>	<p>Pulled BBQ Chicken Sandwich <b>21</b> Vegetarian Baked Beans Sun-Butter &amp; Jelly Sandwich Bosco Sticks with Marinara Sauce 100% All Beef Cheeseburger Fresh pineapple Whole Pear</p>
<p><b>24</b> <b>SPRING BREAK!!!</b></p>	<p><b>25</b> <b>SPRING BREAK!!!</b></p>	<p><b>26</b> <b>SPRING BREAK!!!</b></p>	<p><b>27</b> <b>SPRING BREAK!!!</b></p>	<p><b>28</b> <b>SPRING BREAK!!!</b></p>
<p>Chicken Corn Dog <b>31</b> Cheese Ravioli with Marinara Sauce and Whole Grain Breadstick Steamed Broccoli Mozzarella Sticks BBQ Beef Rib Sandwich Peaches Whole Apple</p>	<p><i>In accordance with Federal Law and the US Department of Agriculture Policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age or disability.</i></p>			

### STUDENT MEAL CONSIST OF:

1 Entrée  
Fruit & Veggie Bar  
Choice of Fat-Free Chocolate Milk or 1% White Milk

### ALLERGIES?

Please reach out to your child's school nurse so they can notify Quest employees.

### SEASONAL FRUITS OFFERED

AT LEAST ½ CUP SERVING

Apple Applesauce  
Banana Orange  
Pineapple Pear  
Peaches

### SEASONAL VEGGIES OFFERED

AT LEAST ¾ CUP SERVING

Romaine Lettuce Tomatoes  
Cucumbers Broccoli  
Celery Bell Peppers  
Carrots

### PIZZA OFFERED

Cheese (Mon – Fri)  
Pepperoni (M/W/F)  
Roasted Vegetable (Tue/Thur)