

March 2025

Pharr-San Juan-Alamo ISD 9th - 12th Breakfast & Lunch Menu (PTI, Buell & Ballew)



Announcements:

Choices of Low Fat or Skim Milk (flavored & unflavored) offered daily. Assorted 100% Juice & Fruit offered daily for Breakfast.

*Menu is subject to change without notice due to deliveries and location-wide shortages

Water Available

REV. 1
2/28/25

Monday

Tuesday

Wednesday

Thursday

Friday

3 PANCAKE ON A STICK(S) OR CEREAL(S), RAISELS(S) OR CHERRY MIXED FRUIT(G)

CHICKEN SMACKERS(S) OR ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S)
STEAMED BROCCOLI(G), BABY CARROTS(G)
FRESH ORANGE WEDGES(G)
DICED PEARS(S)
KETCHUP

4 WARM TAMALES(S), CHOLULA SAUCE(S) OR UBR(S), FRESH APPLE(G)

HAMBURGER/CHEESEBURGER(S)
SUNCHIPS(S)
SIDE SALAD(G), RANCH STYLE BEANS(G)
PEACH POP(G), CHERRY MIX CUP(G)
KETCHUP/MAYO/MUSTARD/LF DRESSING

5 BREAKFAST MUFFIN W/ CHEESE STICK(S) OR CEREAL(S), FRESH BANANA(G)

CHEESY PULL-APARTS(S)
MARINARA SAUCE(G)
FIRE ROASTED CORN(G)
SEASONED GREEN BEANS(G)
FRESH PEAR(G), APPLESAUCE CUP(G)

6 EGGO MINI WAFFLES(S), SYRUP(S) OR UBR(S), RAISELS(G) OR CHERRY MIXED FRUIT(G)

PEPPERONI PIZZA & WINGS(S)
BABY CARROTS(G)
CUCUMBER SLICES(G)
DICED PEACHES(S)
100% FRUIT JUICE SLUSH(G)
LF DRESSING/TAJIN

7 MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G)

SALISBURY STEAK(S)
DINNER ROLL(S) (2 EA) OR STUFFED PEPPERONI SANDWICH(S)
CALIFORNIA BLEND VEGGIES(G)
TATOR TOTS(S)
CHERRY MIXED FRUIT(G), ASSORTED FRESH FRUIT(G)
KETCHUP/BROWN GRAVY

10 BREAKFAST POCKET(S) CEREAL(S), RAISELS(S)

HAMBURGER/CHEESEBURGER(S)
SUN CHIPS(S)
BABY CARROTS(G)
GARBANZOS IN A CUP(G)
APPLESAUCE CUP(S), PEACH POP(G)
LF RANCH DRESSING/
MAYO/MUSTARD/KETCHUP

11 APPLE FRUDEL(S) OR UBR(S), FRESH APPLE(G)

CHICKEN SMACKERS(S) W/ DINNER ROLL(S)
MARINARA SAUCE(G)
FIRE ROASTED CORN(G)
STEAMED BROCCOLI(G)
FRESH PEAR(G), CHERRY MIX CUP(G)
KETCHUP/MAYO

12 MINI CINNIS(S) OR CEREAL(S), FRESH BANANA(G)

ARTISAN CHICKEN SANDWICH(S)
CURLY FRIES(G), BABY CARROTS(G)
FRESH ORANGE WEDGES(G)
APPLESAUCE CUP(S)
KETCHUP/MAYO/MUSTARD/
LF DRESSING

13 FRENCH TOAST STICKS(S), SYRUP(S) OR UBR(S), RAISELS(S)

PEPPERONI PIZZA(S)
TATOR TOTS(S)
STEAMED ZUCCHINI(G)
100% FRUIT JUICE SLUSH(G)
DICED PEACH CUP(G)
KETCHUP/
LF DRESSING

14 MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G)

BEAN & CHEESE BURRITO(S) W/ CHEESE CUP(S) OR STUFFED PEPPERONI SANDWICH(S)
CORN ON THE COB(G), SEASONED GREEN BEANS(G)
CHERRY MIXED FRUIT(G)
ASSORTED FRESH FRUIT(S)
MAYO, BUTTER CUP/KETCHUP

24 BREAKFAST POCKET(S) OR CEREAL(S) RAISELS(S)

TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S)
CARROT COINS(G)
STEAMED BROCCOLI(G)
PEACH POP(G), MIXED FRUIT CUP(S)

25 CONFETTI PANCAKES(S), SYRUP(S) OR UBR(S), APPLESAUCE CUP(G)

CHICKEN SMACKERS(S) W/ DINNER ROLL(S)
BUTTERY MASHED POTATOES(G), RANCH STYLE BEANS(G)
FRESH ORANGE WEDGES(G), DICED PEARS(S)
KETCHUP

26 WARM TAMALES(S), CHOLULA SAUCE(S) OR CEREAL(S), FRESH BANANA(G)

HAMBURGER/CHEESEBURGER(S)
CRINKLE CUT FRIES(S), SIDE SALAD(G)
FRESH APPLE(G), MANDARIN ORANGES(G)
MAYO/MUSTARD/KETCHUP

27 LOW-FAT YOGURT & CEREAL BAR(S) OR UBR(S), DICED PEACH CUP(G)

PEPPERONI PIZZA & WINGS(S)
BABY CARROTS(G), CUCUMBER SLICES(G)
100% FRUIT JUICE SLUSH(G) OR PINEAPPLE TIDBITS(S)
LF DRESSING/
KETCHUP/TAJIN

28 POTATO & EGG BREAKFAST TACO(S), CHOLULA SAUCE(S) OR CEREAL(S), RAISELS(S)

BEAN & CHEESE PUPUSA(S) OR STUFFED PEPPERONI SANDWICH(S)
FIRE ROASTED CORN(G)
CABBAGE & TOMATO SALAD W/ LEMON WEDGE(G)
CHERRY MIXED FRUIT(G)
ASSORTED FRESH FRUIT(G)
LF DRESSING

31 BREAKFAST POCKET(S) OR CEREAL(S), RAISELS(S)

ORANGE CHICKEN BOWL(S)
STEAMED BROCCOLI(G), BABY CARROTS(G)
FRESH ORANGE WEDGES(G)
MIXED FRUIT CUP(S)



Asparagus

Season in Texas: March - April

Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



Food and Nutrition Division
www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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