

March 2025
MES Breakfast Menu

3	4	5	6	7
Crispy Hashbrown, Sausage, & Toast or Cinna-Mini Bagel	Sausage Breakfast Pizza or Sausage, Egg, & Cheese Burrito or Assorted Cereal	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Mini Donut Holes in a Cup or Hashbrown Casserole or Assorted Cereal	Chicken Breakfast Sandwich or Blueberry Muffin Loaf
10	11	12	13	14
Blueberry Eggo Waffle Bites or Assorted Cereal	Sausage Biscuit or Strawberry Pop Tart	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal
17	18	19	20	21
Pancake on a Stick or Assorted Cereal	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage & Cheese Croissant or Assorted Cereal
24	25	26	27	28
Crispy Hashbrown, Sausage, & Toast or Cinna-Mini Bagel	Sausage Breakfast Pizza or Assorted Cereal	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Mini Donut Holes in a Cup or Assorted Cereal	Chicken Breakfast Sandwich or Blueberry Muffin Loaf

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

March 2025
MES Lunch Menus

3	4	5	6	7
Chicken Tenders w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Corn on the Cob Black Bean Salad	Steak Nuggets w/ Roll or Ham & Cheese Sandwich Rice & Gravy Sweet Potatoes Green Beans	Chili Cheese Fries w/ Garlic Breadstick or Grilled Cheese Sandwich Baby Limas Cucumber & Tomato Cup w/ Ranch	Chicken Sandwich or Spicy Chicken Sandwich or Ham Sub Tater Tots Fresh Veggie Cup w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
10	11	12	13	14
Popcorn Chicken w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Baby Limas	Beef & Cheese Nachos or Deli Ham Wrap w/ Chips Green Beans Shredded Lettuce, Diced Tomatoes, Cheese, Salsa	Oven Fried Chicken w/ Roll or Cheeseburger Macaroni Oven Fried Okra Steamed Broccoli w/ Cheese Sauce	Fish Sticks & Grits w/ Garlic Breadstick or Assorted Cerals w/ Cheese Stick Baked Beans Coleslaw	Hot Dog w/ Bun or Grape Uncrustable w/ Cheese Stick Fresh Baby Carrots w/ Ranch Fresh Broccoli Cup w/ Ranch
17	18	19	20	21
Cheeseburger or Grape Uncrustable w/ Cheese Stick Crinkle Cut Fries Steamed Broccoli w/ Cheese Sauce Lettuce & Tomato	Beef Soft Shell Tacos w/ Mexican Rice or Grape Uncrustable w/ Cheese Stick Buttery Corn Shredded Lettuce, Diced Tomatoes, Cheese, Salsa	Spaghetti w/ Meat Sauce & Garlic Breadstick or Grilled Cheese Sandwich English Peas Side Salad w/ Ranch	Corn Dog Nuggets or Grape Uncrustable w/ Cheese Stick Baked Beans Fresh Baby Carrots w/ Ranch Potato Wedges	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
24	25	26	27	28
Boneless Chicken Wings w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Steamed Broccoli w/ Cheese Sauce	Creamy Chicken Alfredo w/ Garlic Bread Stick or BBQ Rib Sandwich English Peas Fresh Veggie Cup w/ Ranch	Hamburger Steak w/ Gravy & Roll or Ham & Cheese Sandwich Rice w/ Stewed Tomatoes Blackeye Peas	BBQ Sandwich w/ Chips or Turkey Wrap w/ Chips Corn on the Cob Cucumber & Tomato Cup w/ Ranch	Chicken Fajitas w/ Roll or Grilled Cheese Sandwich Oven Fried Okra Black Bean Salad

A Variety of Milk, Fruit & Juice Available Daily