

415 N. Poplar Street Newton, KS 67114 (316) 283 - 7330

Spring Break Swim Clinic

Fri./Mon./Tues./Thurs.

March 14th, 17th, 18th & 20th

Aquaducks: 4:00 PM - 4:35 PM

Goldfish: 4:00 PM - 4:55 PM

Sunfish & Penguin: 5:00 PM - 5:55 PM

Fee: \$38

Deadline: Monday, March 7th

St. Patrick's Day Party Monday, March 17th

St. Patrick's Day is coming! Don't let the Leprechauns have all the fun! Participants will play games, go SWIMMING, have a pizza lunch, and make their very own Leprechaun house.

9:30 AM - 3:00 PM

Fee: \$35 Ages: 7 years - 12 years Deadline: Monday, March 10th Note: Pizza lunch is provided. Children must be comfortable in the water and be able to reasonably follow verbal

instructions with little help.

Splash of Color - Youth

Wednesday, March 12th - Vase of Wildflowers

Join Connie Rhodes and Barbara Gabel for a fun, interactive acrylic painting class.

3:30 PM - 5:00 PM

Fee: \$25

Ages: 10 years - 16 years

Deadline: Sunday, March 9th

Leprechaun Magic Rainbows Thursday, March 13th

They say everyone's Irish on St. Patrick's Day -- so get your kids in the spirit with Leprechauns Magic. We will be making crafts with Rainbows and Gold.

10:00 AM (Class is 30 - 45 minutes)

Fee: \$17

Ages: 18 months - 5 years

Deadline: Sunday, March 9th

Note: Parents/Caregivers need to stay and help their child.

Squeaky Soles - Running Club

Tuesdays & Thursdays, March 25th - May 1st

This is a fantastic opportunity to enhance running skills in a supportive and motivating environment. Squeaky Soles participants will end the program at the Battle of the Schools 1-Mile Fun Run.

4:00 PM - 5:00 PM

Fee: \$69 (t-shirt & water bottle included in fee)

Ages: 3rd - 6th Grade Deadline: Tuesday, March 11th





Fees: Full Day \$34 OR 1/2 Day \$19 *Weekly rates available, call NRC for more information. (6:30 AM - 12:30 PM OR 12:30 PM - 6:00 PM) **Paperwork available for pick up at NRC.

BRING A JACKET, SACK LUNCH & WATER BOTTLE!

ESE

Prices not determined by membership. Activity fees the same for everyone.

Those who currently receive Free/Reduced School Lunches or that have a current KanCare Card can receive a 50% reduced rate on our ESP programs.

Splash of Color - Adult

Thursday, March 20th Vase of Wildflowers

This is a fun interactive class that will have your imagination running wild.

6:00 PM - 8:00 PM

Fee: \$30 Ages: 16 years and up

Deadline: Sunday, March 16th

NRC Clubhouse Early Release School Day Care Wednesday, April 2nd Pre-Registration Required:

Parents must pre-register for childcare on Early Release School Days. **Registration will open on Wednesday, March 19th & will close Wednesday, March 26th. How to Register:** Call (316) 283-7330 to register your child.

Building Better Balance

Fridays, March 7th - March 28th

Building Better Balance is a dynamic 45-minute standing class designed to decrease the risk of falls with focus on improving balance and lower body

strength.

10:00 AM - <mark>10</mark>:45 AM

Fee: \$20 Deadline: Wednesday, March 5th

Pre-School Exploratory Art & Sensory Class Wednesday, March 26th

Experience art in a setting where exploration and discovery are the main focus. This class is based on sensory experience and the process of creating art. Young artists will experience different textures, colors, and media in each class.

10:00 AM (Class is <mark>30 - 45 minut</mark>es)

Fee: \$12 Ages: 18 months - 5 years Deadline: Sunday, March 23rd

Note: Parents need to stay and participate with children.

Scout Night

Wednesday, March 5th

Boys & girls of all ages involved in scouting can swim for \$0.75 by showing proof of membership.

7:30 PM - 9:00 PM

Fee: \$0.75

**Leaders swim for FREE Location: NRC Center Pool

Try-It-Out-Tuesday Tuesday, March 18th:

Cardio Boost

Join us for a fun and energizing water workout offered once a month! *No swimming skills needed.*

6:15 PM -7:00 PM

Fees: \$4.50 - drop-in fee

OR \$35 - 10-class card

Location: NRC Center Pool

Cornhole Spring League League Begins Wednesday, April 2nd

Come out and play Cornhole with us on Wednesday nights. Your team is guaranteed 4 sessions along with an end-of-season tournament. Fee: \$35 per team Divisions: Upper and Lower

Cornhole & Pickleball Registration Deadline: Friday, March 21st

Pickleball Spring League

League Begins Friday, April 4th

Time to come out and have some fun! Players will call their own games and lines. A single-elimination tournament at the end of the season. Fee: \$35 per team

Divisions: Upper & Lower League; leagues may be combined if needed.

Introductory Tae Kwon Do Class Saturday, March 15th

Have you ever thought about taking a martial arts class but did not know what to expect? Here is an opportunity to attend a FREE, one-time, introductory class and experience what the traditional martial art of Tae Kwon Do is all about.

1:00 PM - 2:00 PM

Fee: FREE!!! Ages: 6 years and up (families welcomed) Deadline: Tuesday, March 11th

Adult Kickball League

Registration Deadline: Friday, March 7th

Kickball is no longer just for kids! Form a team and join the NRC in our outdoor Coed Kickball League every Sunday evening for 6 weeks! Teams must have an equal amount of females and males in their lineup at all times.

League Begins: Sunday, March 22nd

Entry Fee: \$130

Game Guarantee: 6 games with a possible end of season tournament. **Note:** *Teams will not be accepted without a registration fee.*

Upcoming Activities		
<u>Activity</u>	Dates	Deadline
Tot Time	04/01, 04/08 & 04/15	call for more info.
Gymnastics	4/05-05/17 & 04/02-05/14	03/29
Sat. Swim Lessons	04/05	03/31
MonThurs. Swim Les	ssons 04/07	03/31
Mini Cheer & Fundam	entals 04/11-05/23	04/04
Eggcelent Goodies	04/11	04/06
Tumbling & Stunting	04/13-05/25	04/06
• Where is our Rabbit?	04/14-04/18	04/07
Eggstravaganza	04/18	call for more info.
Disc Golf Spring Tour	n. 04/19 & 04/26	04/11
Blast Ball Deadline	05/05	04/18
Try it out Tues	04/22	call for more info.
 Baseball Softball Dear 	dline 06/02	04/25