

Helping Students Succeed

Elementary Counseling attempts to help *all children* get the most out of school.

Through Mountain View's Comprehensive School Counseling Program, I can help students with:

- Friendship problems
- Setting goals
- Working well with others
- Self-esteem
- Adjusting to new situations and changes
- Learning how to make decisions
- Managing feelings (stress, worry, anger, etc)
- Dealing with peer pressure and bullying
- Developing self-awareness
- Facilitating career exploration
- Learning and using coping skills
- Discovering your best self!

Contact Us!

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Meet the Counselor!

Hello, My name is Carole Rainey. I am a K-6 PA certified School Counselor and will be the School Counselor, K-3. I started out my career as a Music Therapist and worked in Mental Health for 16 years before coming to Mountain View. I grew up in Scranton and currently live in the Poconos. I am a cat person, but I also love dogs. I love working with students and families and look forward to assisting in any way I can!

Meet the Counselor!

Hi! My name is Maggie Breese and I am the 4th-6th grade counselor at Mountain View. I am so excited to be joining the counseling team at Mountain View! I have a Master's Degree in Counseling Education and am also a Nationally Certified Counselor. My favorite food is Mexican food, I enjoy many outdoor activities, and spending time with my family. I personally think that school counseling is the best job in the world and can't wait to meet all of the Mountain View students and families!



MVES School Counseling Program

Carole Heier-Rainey, MS

Maggie Breese, MS



Parents

We are available to assist and provide you with the following:

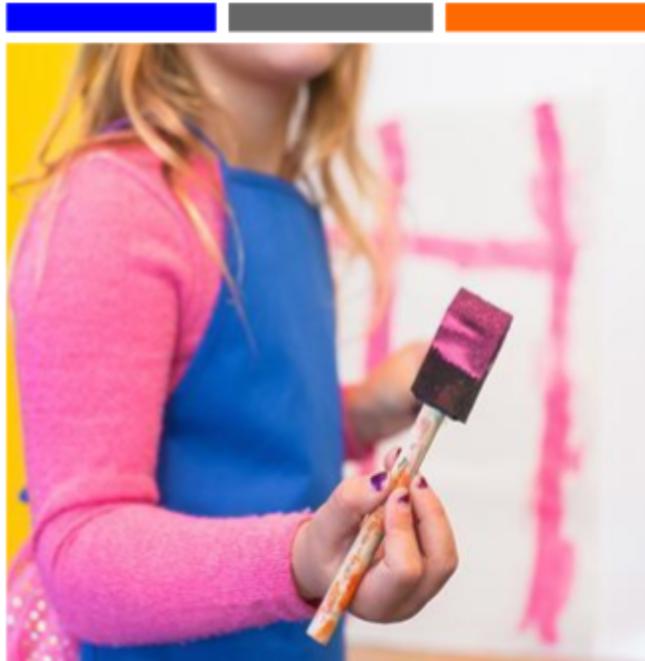
- Exploring ways to help your child succeed
- Improving parent-child communication
- Referrals for community resources
- Understanding the developmental changes of childhood
- Supply information materials
- Information to help understand your child's special needs
- Any questions or concerns that may arise during the school year

Our Vision

The MVSD Counseling Department is committed to helping students attain their full academic potential and become responsible, respectful, contributing members of society. As certified school counselors our mission is to provide a comprehensive K-12 program that promotes and enhances the learning process for all students through the integration of academic, career, and personal/social development.

Our Mission

The mission of the Mountain View School Counseling Program is to enhance the academic, career, and personal/social development within all of our students. It is with your support and cooperation that can make your child's school years a rewarding experience.



“Life isn’t about waiting for the storm to pass; it’s about learning to dance in the rain.”

Services Provided

Our counseling program is designed with students in mind. We strive to be visible and accessible to all students.

Here's how:

- Classroom Guidance Lessons focusing on friendship, personal safety, etc.
- Small Group Counseling (grief, divorce, social skills, study skills, etc)
- Brief Solution-Focused Counseling via individual meetings
- Parent Consultations
- Community Resource Referrals

*Please note that school counselors do not provide “therapy” or traditional counseling. If needed, referrals for outside counseling services are available for children experiencing strong concerns related to grief, family, and mental health.