



March Elementary Lunch



ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!

LUNCH PRICING
FULL PAY- \$3.25
MILK ONLY-.50
STAFF LUNCH-\$5.00

Thanks to the State of Connecticut all students eligible for reduced price meals will eat at no cost this school year

Bento Boxes served daily as an alternate lunch, please check your students school for the weekly options

This Institution is an equal opportunity provider

Mon	Tue	Wed	Thu	Fri
<p>3 ALL BEEF HOT DOG ON A WHEAT ROLL VEGETARIAN BEANS CRINKLE CUT FRIES</p>	<p>4 BRUNCH FRENCH TOAST STICKS TURKEY SAUSAGE LINKS HASH BROWN ROUNDS</p>	<p>5 POPCORN CHICKEN MASHED POTATO'S & GRAVY STEAMED CARROTS</p>	<p>6 CHEESEBURGER ON A WHEAT ROLL TATER TOTS ROASTED GREEN BEANS</p>	<p>7 PROFESSIONAL DEVELOPMENT! NO SCHOOL!</p>
<p>10 NACHO'S SEASONED BEEF WITH A CREAMY CHEESE SAUCE SEASONED RICE STEAMED CORN TORTILLA CHIPS</p>	<p>11 ROTINI & MEAT SAUCE DINNER ROLL EARLY DISMISSAL</p>	<p>12 CHICKEN NUGGETS SWEET POTATO FRIES STEAMED BROCCOLI</p>	<p>13 GRILLED HAM & CHEESE ON A CROISSANT POTATO SMILES CELERY STICKS</p>	<p>14 CHEESE PIZZA ROMAINE CAESAR SALAD</p>
<p>17 SHAMROCK SHAPED CHICEN NUGGETS STEAMED PEAS TATER TOTS St Patricks Day!</p>	<p>18 CHICKEN & WAFFLES STEAMED CARROTS</p>	<p>19 TURKEY & CHEESE GRINDER DORITOS</p>	<p>20 BRUNCH EGG & CHEESE ON A CROISSANT TURKEY SAUSAGE HASH BROWN ROUNDS</p>	<p>21 STUFFED CRUST PIZZA CAESAR SALAD</p>
<p>24 ALL BEEF HOT DOG ON A WHEAT ROLL VEGETARIAN BEANS CRINKLE CUT FRIES</p>	<p>25 BRUNCH FRENCH TOAST STICKS TURKEY SAUSAGE LINKS</p>	<p>26 POPCORN CHICKEN MASHED POTATO'S & GRAVY STEAMED CARROTS</p>	<p>27 CHEESEBURGER ON A WHEAT ROLL TATER TOTS ROASTED GREEN BEANS</p>	<p>28 CHEESE PIZZA ROMAINE CAESAR SALAD</p>
<p>31 NACHO'S SEASONED BEEF WITH A CREAMY CHEESE SAUCE SEASONED RICE STEAMED CORN TORTILLA CHIPS</p>	<p>APRIL 1 ROTINI & MEAT SAUCE DINNER ROLL</p>	<p>APRIL 2 CHICKEN NUGGETS SWEET POTATO FRIES STEAMED BROCCOLI</p>	<p>APRIL 3 GRILLED HAM & CHEESE ON A CROISSANT POTATO SMILES CELERY STICKS</p>	<p>APRIL 4 CHEESE PIZZA ROMAINE CAESAR SALAD</p>



8 oz low fat or fat-free milk, our fantastic fruit tray and rainbow veggie tray offered with every school lunch