



# Carlynton School District

2024-2025 Curriculum Survey

Elementary Parent Health and Physical Education Program Survey

## OVERVIEW

The **Elementary Parent Health & Physical Education (HPE) Survey** received **47 responses** from parents of students in **Carnegie and Crafton Elementary Schools**. The feedback strongly indicates that parents **believe the current schedule does not provide enough physical education or health education** for students.

## CONCERNS ABOUT PHYSICAL EDUCATION TIME

- **45 parents (96%)** feel that having **only one Physical Education class per six-day cycle is not enough**.
- **45 parents (96%)** also believe that **3-4 Physical Education classes per month is insufficient** for their child's physical activity needs.

Parents repeatedly expressed that **students need more frequent opportunities for physical activity**, citing concerns about **overall well-being, movement, and fitness development**.

## CONCERNS ABOUT HEALTH EDUCATION

- **44 parents (94%)** believe that **there is not enough time dedicated to Health Education** in elementary schools.
- **44 parents (94%)** support **adding Health Education to the elementary school rotation**, rather than relying on occasional guest speakers.

Many parents suggested that **structured health education should be introduced early**, focusing on **nutrition, hygiene, mental health, and wellness topics**.

## OVERALL TAKEAWAYS

The survey results indicate **parental concern over the limited amount of Health & Physical Education time provided in elementary schools**. There is a clear desire for:

1. **Increased Physical Education frequency** to support student movement, fitness, and well-being.
2. **A formalized Health Education curriculum** to ensure students receive structured instruction on important health topics.