

# Calhoun County Schools

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Middle School Breakfast

Sep 11, 2025

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 10/1/2025 Sausage & Pancake Stick Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 10/2/2025 Biscuit Scrambled Eggs Jelly Juice Fruit 1% Milk Chocolate Milk	Fri - 10/3/2025 Honey Bun Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 10/6/2025 Sausage Biscuit Fruit Juice 1% Milk Chocolate Milk	Tue - 10/7/2025 Cheesy Hashbrown Juice Fruit 1% Milk Chocolate Milk	Wed - 10/8/2025 Mini Berry Pancakes Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 10/9/2025 Breakfast Sausage Pizza Juice Fruit 1% Milk Chocolate Milk	Fri - 10/10/2025 Apple Strudel Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 10/13/2025 Fall Break	Tue - 10/14/2025 Fall Break	Wed - 10/15/2025 Fall Break	Thu - 10/16/2025 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Fri - 10/17/2025 Strawberry Yogurt Parfait Juice 1% Milk Chocolate Milk
Mon - 10/20/2025 CinnaMinis Yogurt Fruit Juice 1% Milk Chocolate Milk	Tue - 10/21/2025 French Toast Sticks Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Wed - 10/22/2025 Breakfast Bagel Fruit Juice 1% Milk Chocolate Milk	Thu - 10/23/2025 Froot Loop Waffles Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Fri - 10/24/2025 Cherry Frudel Yogurt Juice Fruit 1% Milk Chocolate Milk
Mon - 10/27/2025 Chicken Biscuit Fruit Juice 1% Milk Chocolate Milk	Tue - 10/28/2025 Bacon & Cheese Egg Bites Apple Muffin Fruit Juice 1% Milk Chocolate Milk	Wed - 10/29/2025 Biscuit & Gravy NutriGrain Bar Fruit Juice 1% Milk Chocolate Milk	Thu - 10/30/2025 Breakfast Taco Salsa Juice Fruit 1% Milk Chocolate Milk	Fri - 10/31/2025 Bagel Strawberry Cream Cheese Fruit Juice 1% Milk Chocolate Milk

Meals must have 1/2 cup fruit or vegetable.

Menu is subject to change.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.