










March 2025

Medford Public Schools K-5 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Crunchers* Green Beans Diced Peaches 	No School! Teacher PD 	Mac and Cheese* Roasted Broccoli Garlic Bread* Fruit Selection 	Egg & Cheese Croissant* Tater Tots Fruit Selection 	Chicken or Cheese Quesadilla* Salsa, Sour Cream & Guacamole Seasoned Black Beans Fruit Selection 
Hamburger or Cheeseburger* w/ Local Lettuce Tomato & Pickles Veg Baked Beans Mixed Fruit	Chicken Drumstick Dinner Roll* Roasted Broccoli Fruit Selection	Ramen Noodle* Bowl w/ Egg Corn Fruit Selection 	Mozzarella Sticks* w/ Marinara cup Garden Salad Fruit Selection 	Local Haddock Fish Sticks Rice Pilaf Local Cole Slaw Mixed Berry Cup
Shepherd's Pie Garlic Knot Applesauce 	Chicken Enchilada Empanada* Corn Fruit Selection	Early Release! Super SnackPack Pirate's Booty Sunflower Seeds Crunchy Chickpeas Apple Juice 	Teriyaki Chicken Bowl Seasoned Brown Rice Fortune Cookie Steamed Broccoli Fruit Selection	French Toast Sticks* Maple Roasted Butternut Squash Strawberry cup 
Chicken Patty Sandwich* Local Lettuce Tomato Veg Baked Beans Diced Peaches	Beef & Cheese Nachos* Pinto Beans Sour Cream Fruit Selection	Egg & Cheese Croissant* Tater Tots Fruit Selection 	NEW Cheesesteak* w/ Peppers & Onions French Fries Local Apple	Cheese or Pepperoni Pizza* Garden Salad Fruit Selection 
Eid al-Fitr 	Pizza Crunchers* Garden Salad Mixed Fruit 	Halal Hot Dog* Veg Baked Beans Applesauce	Chicken Fajita Burrito Bowl Seasoned Brown Rice* Seasoned Black Beans Shredded Cheddar Sour Cream & Salsa Fruit Selection	French Toast Sticks* Tater Tots Strawberry cup 

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

 Ovo-lacto vegetarian option

*Whole-grain rich item

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