



NYS Apples
NYS Potatoes
NYS Onions

March
2025 6-12



Lunch
Southwestern MS/HS



Monday	Tuesday	Wednesday	Thursday	Friday
3  Hop on Pop-corn Chicken Cat and the Hat Noodles 1/2c Truffula trees (Broccoli) 3/4c Sam I Am Corn 1/2c Milk-8oz ** Hooray ** Sidekick Frozen fruit juice = 1/2 cup fruit	4 Chicken Alfredo	5 Combo Basket	6 Turkey Rice Soup w/ Garlic Toast	7  Superintendent's Day No Classes
10 Sweet & Sour Meatballs w/ Rice Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Chicken Patty on WG Bun Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Deluxe Burger on WG Bun Mixed Vegetables 1/2c Fresh Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Macaroni & Cheese NYS Carrots 3/4c Mixed Vegetables 1/2 Fresh or Prepared Fruit 1/2c Milk-8oz	14 Grilled Ham & Cheese Sandwich 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17  Meatball Sub Steamed Carrots 1/2c Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 BBQ Chicken Pizza Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Chicken Tender Sub Mixed Vegetables 1/2c Green Pepper Strips 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Chicken Alfredo NYS Carrots 3/4c Garbanzo Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Chicken Fajita 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c or Prepared Fruit 1/2c Milk-8oz
24 Chicken Nuggets Mixed Vegetables 1/2c Grape Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 Grilled Cheese Sandwich Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	26 Combo Basket Green Beans 1/2c Fresh Baby Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	27 Chicken & Waffles NYS Potatoes w/ Onion 1/2c Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Deluxe Burger on WG Bun 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
31 Chicken Patty on WG Bun Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz				

NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Preston Farms
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:
Available Daily
 Salad Bar or Premade Salad
 Hamburger/Cheeseburger
 Premade Subs & Wraps
 PBJ
 Pizza M,W, Fri
 Tacos Tue/Thurs

On call substitute positions available in the Bemus Point, Panama, and Southwestern Cafeterias.
 Call 716- 664-6940 for more information.

Offered daily with all School Lunches:
 Fresh or Prepared Fruit
 (Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)
 NY State 8oz 1% or Skim White Milk
 Fat Free Chocolate Milk



If your Student has a particular food allergy, please contact the food service office @
 spaden@swcsk12.org