



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd Fresh Fruit and Assorted Cereal Offered Berry and Yogurt Parfait Topped with Granola	4th Continental Breakfast Selection of Muffins Cereals & Fruit	5th Breakfast sandwich with Sausage, egg, and Cheese Meatless Available Fresh Fruit & Cereal Available	6th Continental Breakfast Selection of Muffins Cereals & Fruit	7th Oatmeal Bar Assorted Toppings Fruit Cereal Available
10th Fresh Fruit and Assorted Cereal Offered Berry and Yogurt Parfait Topped with Granola	11th Continental Breakfast Selection of Muffins Cereals & Fruit Fruit	12th Fresh Baked Muffins Fruit Yogurt Cereal Available	13th Continental Breakfast Selection of Muffins Cereals & Fruit	14th Hash Brown Bacon and cheese Toppings Fruit Yogurt Cereal Available
17th Fresh Fruit and Assorted Cereal Offered Berry and Yogurt Parfait Topped with Granola	18th Continental Breakfast Selection of Muffins Cereals & Fruit	19th Warm Cinnamon Buns Yogurt and Fruit Cereal Offered	20th Continental Breakfast Selection of Muffins Cereals & Fruit	21st No School Have A Great Weekend!
24th Fresh Fruit and Assorted Cereal Offered Berry and Yogurt Parfait Topped with Granola	25th Continental Breakfast Selection of Muffins Cereals & Fruit	26th Oatmeal Bar with Assorted Toppings Fruit Cereal Offered	27th Continental Breakfast Selection of Muffins Cereals & Fruit	28th Breakfast Sandwich With Bacon, Egg, and Cheese Fruit Cereal Available
31st Fresh Fruit and Assorted Cereal Offered Berry and Yogurt Parfait Topped with Granola				

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK (0.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUNBUTTER AND JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION. WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US. OUR PREPAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.