

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd MEATLESS MONDAY Rice and Beans Bowls Pico De Gallo Guacamole Sweet Corn Red and Green Grapes	4th Chicken Broccoli Ziti Steamed Broccoli Side Mixed Salad Watermelon	5th Hamburger & Cheese Burgers Veggie Burger Pickles L & T GF Bun Available Sweet Potato Fries Green Peas Strawberry Fruit Cup	6th Chicken Caesar Salad Garlic Bread Stick Minestrone Soup Green Beans Peaches and Cream	7th Specialty Pizza GF Pizza Garden Salad Mixed Fruit Medley Special Dessert
10th MEATLESS MONDAY Pasta w/Marinara GF PastaAvailable Roasted ChickPeas Peach Fruit Cup	11th Breakfast For Lunch French Toast Sticks With Eggs & Sausage Sweet Peas, Orange Smiles	12th Nachos Grande Topped with 3 Bean Chilli GF Available Sweet Corn, Apples	13th Oven Roast Turkey With Gravy & Stuffing Mashed Potatoes Spinach Salad Cranberry Sauce Cantaloupe	14th Specialty Pizza GF Pizza Celery and Carrot Sticks w/Ranch Dip Raisins, Special Dessert
17th MEATLESS MONDAY Black Bean Burger w/ chipotle Mayo GF Bun Av Variety of Toppings Oven Baked Fries Strawberry Fruit Cup	18th Chicken Fajita Sour Cream Black Bean & Corn Salsa Sweet Corn Red or Green Apples	19th Pork Dumplings and Veggie Dumplings Fluffy White Rice Edamame, Carrots Mandarin Oranges	20th Half Day Chicken Patty Pretzels Carrot Sticks Cranberries	21st No School Have A Great Weekend!
24th MEATLESS MONDAY Three Cheese Mac & Cheese Mixed Green Salad Sweet Corn Red and Green Grape	25th Chicken Nugget Day! Spring veggie Pasta Salad Green Beans Strawberry Fruit Cup	26th Fresh Catch of the day Cole Slaw or Side Mixed Salad Oven Baked Potatoes Peaches and Strawberries	27th Chicken Stir Fry Severed over Rice Sweet Peas Red and Green Grapes	28th Specialty Pizza GF Pizza Caesar Salad Cranberries Special Dessert
31st MEATLESS MONDAY Grilled Cheese Creamy Tomato Soup Goldfish Crackers Golden Corn Orange Smiles				

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK (0.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUNBUTTER AND JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION. WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US. OUR PREPAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.