



This institution is an equal opportunity providers



March 2025

Rye Neck Middle/High School LUNCH MENU

March 3 - 7

Powering
potential.

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Popcorn Chicken and Mash Potato Bowl with Gravy	Double Decker Grilled Cheese with Tomato Soup	Eggplant Parmesan With Garlic Bread	Teriyaki Chicken w Vegetable Fried Rice & Scallion	Sloppy Joe Sandwich with Seasoned Beef on Whole Grain Bun
PASTA	Alfredo Pasta with or without Grilled Chicken	Pasta with or without Bolognese Sauce	Baked Ziti	Pasta with Meatballs and Marinara	Pasta Primavera with Fresh Vegetables
GRILL	Tuscan Grill Flatbread	Grilled Cuban Sandwich	Chicken Cutlet BLT on Kaiser Roll	Pepperoni Stromboli	Vegetable Burger
PIZZA	Vegetable	Pepperoni	Sausage and Pepper	Three Cheese	Mushroom and Pepper
SIDE	Golden Corn Steamed Breen Beans French Fries	Sauteed Broccoli Seasoned Carrot Slices French Fries	Steamed Cauliflower Mixed Italian Vegetables French Fries	Steamed Edamame Seasoned Broccoli French Fries	Roasted Potato Wedges Brussel Sprouts French Fries

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STUDENT
NUTRITION

All Lunches Include Choice of:
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100% Juice and 1% White,
Skim White or Skim Chocolate
(no high fructose corn syrup)

Available Daily

Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken,
Grilled Chicken, Assorted Cheese & Toppings
Served on Choice of Breads, Rolls & Wraps
\$4.00

Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies,
Choice of Proteins, Toppings and Dressings
\$4.00

Pizza/Burgers/Pasta/Daily Features

\$3.00

Fresh Made Parfaits/Smoothies/Fruit Cups

\$3.00

Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange,
Grapefruit, Strawberries, Grapes,
Melon

Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby
Carrots, Bean Salads

For any questions contact the
Food Service Department at
914-777-4845

Director- Kaycee Czyzak
kczynzak@ryeneck.org



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March 2025

Rye Neck Middle/High School LUNCH MENU

March 10-14

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	MON	TUES	WED	THURS	FRI
ENTREE	Chicken Lo Mein with Teriyaki & Scallion	Brunch for Lunch Homemade Pancakes, Turkey Sausage, Warm Berry Compote	Soft Shell Taco Seasoned Ground Beef, Shredded Cheddar, Salsa, Guacamole, Sour Cream	Burger Bar Beef, Turkey, or Veggie with Bacon, Cheese, Lettuce, Tomato, Onion, Pickle on a Whole Grain Bun	Chicken Parmesan with Garlic Bread
PASTA <small>Offered with Fresh Breads</small>	Baked Ziti	Pasta with Choice of Bolognese or Marinara Sauce	Penne A La Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken	Alfredo Pasta with or without Chicken Strips
GRILL	Beef Burrito with Rice, Beans & Cheese	Meatball Parmesan Grinder	Cheese Calzone	Chicken Caesar Salad Wrap (Cold)	Tuscan Grill Flatbread
PIZZA	Buffalo Chicken	Pepperoni	Pepperoni Pinwheels	Chicken Bacon Ranch	Pepper & Onion
SIDE	Sautéed Mushrooms Sautéed Peas French Fries	Hash Browns Steamed Broccoli French Fries	Seasoned Black Bean Roasted Brussel Sprout French Fries	BBQ Vegetarian Beans Steamed Broccoli Sweet Potato Fries	Steamed Green Beans Mixed Vegetable Blend French Fries



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 Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings
 \$4.00

Pizza/Burgers/Pasta/Daily Features
 \$3.00
Fresh Made
Parfaits/Smoothies/Fruit Cups
 \$3.00
Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection
 Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon
Additional Daily Vegetable Options May Include
 Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)
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 Director- Kaycee Czyzak
 kczyzak@ryeneck.org

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March 2025

Rye Neck Middle/High School LUNCH MENU

March 17-21

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Build You Own Chicken Burrito with Cheese, Rice & Beans	Boneless Wing Bar Plain, BBQ, or Spicy Southern Biscuit	Vegetable Eggroll with Fried Rice & Beef and Broccoli	Tostitos Nachos Seasoned Ground Beef, Tortilla Chips, Shredded Cheddar, Lettuce, Pico de Gallo, Mexicali Rice	
PASTA	Spaghetti & Meatballs	Mac & Cheese	Baked Ziti	Pasta with Choice of Marinara or Bolognese Sauce	Superintendent Conference Day
GRILL	Pepperoni Stromboli	Sausage, Peppers & Onions on Whole Grain Club Roll	Beef Burrito with Rice, Beans & Cheese	Toasted Ham & Cheese Bagel Melt	School Closed
PIZZA	White Pizza	Meat Lovers	Buffalo Chicken	Pepperoni	
SIDE	Seasoned Navy Beans Steamed Broccoli French Fries	Carrot & Celery Sticks Roasted Radish French Fries	Steamed Edamame Sauteed Carrots French Fries	Seasoned Black Beans Roasted Brussel Sprouts French Fries	



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Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings
\$4.00

Pizza/Burgers/Pasta/Daily Features

\$3.00

Fresh Made

Parfaits/Smoothies/Fruit Cups

\$3.00

Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:
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Director- Kaycee Czyzak
kczynak@ryeneck.org



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March 2025

Rye Neck Middle/High School LUNCH MENU

March 31, April 1-4

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	MON	TUES	WED	THURS	FRI
ENTREE	Roasted Bone in Chicken with Dipping Sauces Baked Dinner Roll	Chicken Fajitas Whole Grain Tortilla, Seasoned Chicken, Peppers & Onions, Salsa	Baked Potato Bar with White or Sweet Potato Sour Cream, Cheddar & Chili	Curry Chicken with Rice and Warmed Pita Bread	Fish Tacos Soft Shell Taco with Sriracha Coleslaw
PASTA Offered with Fresh Breads	Mac & Cheese	Buttered Pasta with or without Grilled Chicken	Penne Vodka with or without Grilled Chicken	Baked Ziti	Pasta with Choice of Bolognese or Marinara Sauce
GRILL	Cheese or Pepperoni Calzone	Chicken Caesar Salad Wrap (Served Cold)	Buffalo Chicken & Cheese Wrap	Provolone & Mozzarella Cheese Panini	Philly Cheese Steak with Peppers & Onions
PIZZA	Chicken Ranch	Veggie	Mushroom & Onion	Buffalo Chicken	Pepperoni
SIDES	Sautéed Spinach & Local Mushrooms Butternut Squash French Fries	Seasoned Black Beans Steamed Green Beans French Fries	Steamed Broccoli Grilled Zucchini French Fries	Curry Chickpeas Fresh Spinach Salad French Fries	Seasoned Black Beans 3 Blend Veg Mix French Fries Mandarin Orange



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\$3.00

Fresh Made Parfaits/Smoothies/Fruit

Cups

\$3.00

Self Serve Salads & Grab and Go

Sandwiches

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kczynak@ryneck.org



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March 2025

Rye Neck Middle/High School LUNCH MENU

March 24-28

Powering
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ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Chicken and Cheese Quesadilla Salsa, Sour Cream, Guacamole	Chicken Tikka Masala with Rice & Warm Pita	Greek Gyro Bar: Chicken or Beef with Pita, Lettuce, Tomato, Onion, Tzatziki, Hummus	Ramen Noodle Bowl With Scallion & Chicken Broth	Chicken Marsala with fresh Mushrooms & Rice
PASTA	Pasta Bolognese or Marinara	Pasta with Garlic & Oil With or without Grilled Chicken	Penne A La Vodka with or without Grilled Chicken	Baked Ziti	Alfredo Pasta with or without Grilled Chicken
GRILL	Vegetarian Burger	Pepperoni & Cheese Stromboli	Meatball Parmesan Grinder	Buffalo Chicken & Cheese Wrap	Tuscan Grill Flatbread
PIZZA	Pepper & Onion	Buffalo Chicken	Chicken Bacon Ranch	White Pizza	Pepperoni
SIDE	Steamed Sweet Corn Roasted Brussel Sprouts French Fries	Quinoa Tabbouleh Sauteed Spinach Roasted Cauliflower French Fries	Roasted Garbanzo Beans Steamed Green Beans French Fries	Steamed Baby Corn & Edamame Winter Squash French Fries	Roasted Broccoli Sautéed Carrots French Fries



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Fresh Made

Parfaits/Smoothies/Fruit Cups

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Self Serve Salads & Grab and Go

Sandwiches

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Additional Daily Vegetable

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