

# Lady Chiefs Soccer

Coach Michelle Norred

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Soccer season runs from mid-October to mid-February with practices until 5. Games are usually on Tuesday and Thursdays with 2 or 3 weekend tournaments. We do play or practice during the holidays.

Summer workouts during June and July with indoor soccer league available.

Cost is \$400 to pay for travel expenses, equipment and practice attire.

Each player receives a backpack, sweatshirt, 4 practice shirts and a jacket. We have several fundraisers which can pay for the \$400 fee. Many do not have to pay out of pocket.

Voluntary tryouts will be April 24<sup>th</sup> and 25<sup>th</sup> on the turf field 3:30-5:00. Parent meeting will be April 28<sup>th</sup> at 5:30 in the lecture hall. We play an alumni game May 10<sup>th</sup> which includes the incoming freshmen.

West Ouachita Lady Chiefs has grown its 20 years. Most years we are ranked in the top 15 even as high as 2<sup>nd</sup>. We play in Division 2 and our district consists of Ruston, Ouachita, and Neville.

Players may be involved in any other sport including cheer; however, basketball is played during the same dates as soccer so they can't be involved in both.

My philosophy on coaching is that core values such team work, leadership, nobility, positivity, self-discipline and hard work are emphasized as well as technical and tactical areas of the sport. The lessons from a player's time as a Lady Chiefs should prepare her for the real world and its challenges.

# LADY CHIEFS SOCCER W

