







March

2025 Pre-K



Breakfast West Valley



Monday	Tuesday	Wednesday	Thursday	Friday
3 1 Pancake Or 1 Waffle W/Syrup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Half of A Bagel W/Cream Cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Muffin 2oz 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 No School Staff Development Day 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 1 oz Cereal Bowl 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 1 Pancake or 1 Waffle W/Syrup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Half of A Bagel W/Cream Cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 4 oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Muffin 2 oz 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17 1 oz Cereal Bowl 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Half of A Bagel W/Cream Cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Muffin 2oz 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 1 Pancake or 1 Waffle W/Syrup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
24 Half of A Bagel W/Cream Cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 1oz Cereal Bowl 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	26 Muffin 2oz 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	27 1 Pancake or 1 Waffle W/Syrup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
31 1oz Cereal Bowl 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1 	2 	3 	4 

NYS LOCAL FOODS

*Upstate Farms
 Milk, Yogurt, Sour Cream
 Preston Farms
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
**used in Meal Program
 highlighted in green**

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 1oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

MY SCHOOL BUCKS
 PAY FOR MEALS ONLINE
 MySchoolBucks.com

If your student has a particular food allergy,
please contact the food service office @

(716)771-8685

Student \$0.00