



March

2025 K-12



Breakfast West Valley



Monday	Tuesday	Wednesday	Thursday	Friday
3 Can't "Fix" Me Muffin Top	4 Plot "Twist" Fresh Cinnamon Roll with Icing	5 "Magnify" Healthy Eating Sausage, Egg and Cheese Bagel	6 No mi-Steak-ing Healthalicious Steak, Egg and Cheese Pizza	7 No School Staff Development Day
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
10 Waffle W/ Strawberry Topping	11 Mini Pancakes W/Syrup	12 Breakfast Wrap	13 Cinnamon Roll	14 Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
17 Muffin W/4oz Yogurt	18 Breakfast Pizza	19 Waffle W/ Strawberry Topping	20 French Toast Sticks W/Syrup	21 Bagel W/ Assorted Toppings
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
24 Cinnamon Roll	25 Bagel Breakfast Sandwich	26 Frudel	27 Muffin W/4oz Yogurt	28 Mini Pancakes W/ Syrup
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
31 Breakfast Wrap	1 [Shamrock]	2 [Shamrock]	3 [Shamrock]	4 [Shamrock]
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	[Shamrock]	[Shamrock]	[Shamrock]	[Shamrock]

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Preston Farms
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)



Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

If your student has a particular food allergy,
please contact the food service office @

(716)771-8685

Student \$0.00