

# Lunch Menu

Alexander Hamilton Sr High School

May 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**5** Soft Tacos  
With Pico De Gallo  
And Guacamole  
And Salsa  
And Sour Cream  
Black Beans  
And Mixed Fruit  
Unflavored 1% Milk

**6** General Tso's Chicken  
Vegetable Fried Rice  
With Steamed Carrots  
And Mixed Fruit  
Unflavored 1% Milk

**7** Barbecue Rib Sandwich  
warm BBQ rib patty on a bun  
prepared in-house  
With Sweet Potato Fries  
And Baked Beans  
And Mixed Fruit  
And Unflavored 1% Milk

**1** Nachos Grande  
tortilla chips topped with freshly  
prepared mexi style meat and  
cheese  
With Black Beans  
And Mixed Fruit  
Unflavored 1% Milk

**2** Homemade Pesto Pasta  
with Chicken  
With Sauteed Spinach  
seasoned spinach sauteed in oil  
And Whole Grain Dinner Roll  
And Mixed Fruit  
Unflavored 1% Milk

**12** Pasta with Chicken &  
Sautéed Broccoli  
Whole Grain Dinner Roll  
With Orange Glazed Carrots  
And Mixed Fruit  
Unflavored 1% Milk

**13** Chicken Teriyaki  
tender chicken marinated in  
teriyaki sauce and sauteed with  
vegetables  
With Brown Rice  
And Stir Fry Vegetables  
And Mixed Fruit  
Unflavored 1% Milk

**14** Peruvian Roasted Chicken  
chicken roasted in Peruvian  
style spices  
With Yellow Rice  
And Baked Plantains  
Maduros  
Mixed Fruit  
Unflavored 1% Milk

**15** Chicken & Cheese  
Quesadilla  
Or Cheese Quesadilla  
With Mild Salsa  
And Sour Cream  
And Fiesta Corn  
And Mixed Fruit  
Unflavored 1% Milk

**16** Island Acai Bowl  
Acai bowl topped with mangoes,  
bananas and granola  
And Mixed Fruit  
Unflavored 1% Milk  
**NEW**

**19** Meatless Monday  
Homemade Mac & Cheese  
in cheese sauce,  
shed with parsley  
With Steamed Peas  
And Mixed Fruit  
Unflavored 1% Milk

**20** Chicken Lo Mein  
Vegetable Tofu Lo Mein  
With Steamed Carrots  
And Mixed Fruit  
Unflavored 1% Milk

**21** Chili Cheese Dog  
With Oven Baked Fries  
Side of Beans  
And Mixed Fruit  
Unflavored 1% Milk

**22** Mission Burrito  
Black Beans  
With Mild Salsa  
And Sour Cream  
And Mixed Fruit  
Unflavored 1% Milk

**SCHOOL CLOSED TODAY**



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**28** Buffalo Chicken Sauce &  
Toss  
BBQ Chicken Sauce & Toss  
Celery Sticks  
With Oven Baked Fries  
And Mixed Fruit  
Unflavored 1% Milk

**29** Chicken Enchilada  
Enchilada Spicy Beef  
And Sour Cream  
And Fiesta Corn  
And Mixed Fruit  
Unflavored 1% Milk

**30** Homemade Pasta Rustica  
With Whole Grain Dinner  
Roll  
And Sauteed Spinach  
And Mixed Fruit  
Unflavored 1% Milk

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).  
\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.  
\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

For any food allergies or concerns, please contact the food service  
Milton  
Silva

[silvam@whitsons.com](mailto:silvam@whitsons.com)  
Vegetarian Natural Ingredients

### Alternate Daily Offerings:

*Chef's Special on the hot line  
Made to order sandwiches, paninis & salads in our deli, Burgers, Chicken Patty Sandwiches, Specialty Pizzas*

ALL MEALS SERVED W/ FRUIT, VEGETABLE & LOW FAT MILK  
P Pork Smart Choice Made With Organic Ingredients