

# Lunch Menu

Alice E. Grady Elementary School

October  
2025

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday



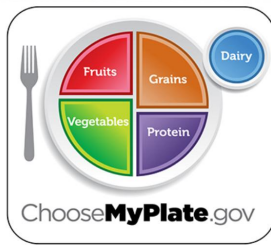
6 Grilled Cheese Sandwich Meltdown Café With Sweet Potato Fries And Grape Tomatoes And Fresh Fruit Cup Or Yogurt Lunch Unflavored 1% Milk



20 Mozzarella Sticks With Marinara Sauce And Steamed Peas And Fresh Pear Or Yogurt Lunch Fat Free Chocolate Milk

27 Mozzarella Sticks With Marinara Sauce And Steamed Peas And Fresh Pear Or Yogurt Lunch Fat Free Chocolate Milk

## Tuesday



7 Chicken Nuggets With Crispy Potato Puffs And Sweet Corn And Fresh NY Local Apple Or Yogurt Lunch Unflavored 1% Milk

14 Crispy Chicken Sandwich With Oven Baked Fries And Carrot Dippers And Fresh NY Local Apple Or Yogurt Lunch Unflavored 1% Milk

21 Chicken Nuggets With Crispy Potato Puffs And Sweet Corn And Fresh NY Local Apple Or Yogurt Lunch Unflavored 1% Milk

28 Chicken Nuggets With Crispy Potato Puffs And Sweet Corn And Fresh NY Local Apple Or Yogurt Lunch Unflavored 1% Milk

## Wednesday

1 Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta Steamed Carrots And Mixed Fruit Or Yogurt Lunch Unflavored 1% Milk

8 Homemade Mac & Cheese With Dinner Rolls Garlic Green Beans And Fresh Fruit Cup Simply Boxed Fuel Pack Unflavored 1% Milk

15 Chicken & Cheese Bowl popcorn chicken layered with mashed potatoes and corn, covered in cheese With Sweet Corn Simply Boxed Fuel Pack And Mixed Fruit

22 Belgian Waffle Bites With Sausage Patty And Hash Brown Potatoes And Fresh Apple Simply Boxed Fuel Pack Unflavored 1% Milk

29 Homemade Baked Pasta with Cheese Steamed Broccoli Simply Boxed Fuel Pack Mixed Fruit Unflavored 1% Milk

## Thursday

**SCHOOL  
CLOSED  
TODAY**

9 Chicken and Waffles crispy chicken placed on top of fluffy waffles With Sweet Potato Fries And Mixed Fruit Or Yogurt Lunch Unflavored 1% Milk

16 Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese With Black Beans And Fresh Fruit Cup Or Yogurt Lunch Unflavored 1% Milk

23 Cheeseburger With Oven Baked Fries And Baked Beans And Mixed Fruit Or Yogurt Lunch Unflavored 1% Milk

30 Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese With Fiesta Corn And Pineapple Cup Or Yogurt Lunch Unflavored 1% Milk

## Friday

3 Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese With Caesar Salad And Mixed Fruit Or Yogurt Lunch Unflavored 1% Milk

10 Classic Cheese Pizza With Side Garden Salad fresh lettuce and tomato salad And Fresh Orange Or Yogurt Lunch Unflavored 1% Milk

17 Pizza Bagel melted cheese and tomato sauce on a toasted bagel, baked to perfection With Caesar Salad And Mixed Fruit Or Yogurt Lunch Unflavored 1% Milk

24 Classic Cheese Pizza With Side Garden Salad fresh lettuce and tomato salad And Fresh Orange Or Yogurt Lunch Unflavored 1% Milk

31 Classic Cheese Pizza With Side Garden Salad fresh lettuce and tomato salad And Fresh Orange Or Yogurt Lunch Unflavored 1% Milk

All meals are served with fruit, vegetables & low fat milk



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

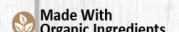
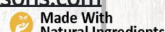
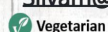
\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

For any food allergies or concerns, please contact the food service manager:

Milton Silva  
[Silvam@whitsons.com](mailto:Silvam@whitsons.com)



## Daily Sandwich Offerings:

**MONDAY:** Sun Butter & Jelly

**TUESDAY:** Turkey & American Cheese

**WEDNESDAY:** Double Cheese

**THURSDAY:** Ham & American Cheese

**FRIDAY:** Salami & American Cheese