

What's on the Menu?

Rochester Community Schools

High School Menu

March 10-14, 2025

**Allergy Alert: New Manufacturer
Hamburger Buns, Hot Dog Buns,
Sliced Bread and Hoagie Rolls
CONTAIN WHEAT, SOY AND
SESAME**

A full student lunch includes a choice of entrée supplying protein and grain,
2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.
A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create	<i>Available Daily: Favorite comfort foods and international flavors served your way</i>				
	Orange Chicken Brown Rice Bowl Chicken and Vegetable Dumplings Garlic Soy Green Beans Green Onion Fortune Cookie 	 Taco Tuesday Turkey or Beef WG Soft Tacos or Nachos Queso Blanco Refried Beans Cilantro Brown Rice Fresh Pico De Gallo Fresh Cilantro	Brunch for Lunch Whole Grain Pancakes w/ Syrup Egg and Cheese Omelet Hash Browns Homemade Peach Crisp 	Popcorn Chicken Bowl Mash Potato w/ Savory Gravy WG Breadstick Seasoned Corn Shredded Cheddar Green Onion Garnish	 Enriched Macaroni and Cheese Bowl BBQ or Buffalo Diced Chicken WG Soft Pretzel Fresh Toppings Roasted Buffalo Cauliflower Fresh Parsley
grilled	<i>Available Daily: Chicken Patty Sandwiches and Classic Hamburgers</i>				
	Grilled Cheese Potato Wedges	All Beef Hot Dog WG Bun Waffle Fries	Chicken Wings w/ Pretzel Tater Tots	Pizza Crunchers Sweet Potato Fries	Chicken Tender w/ Breadstick Emoticon Potatoes
	<i>Available Daily: Classic Whole Grain Cheese Pizza</i>				
	Bosco Sticks w/ Pizza Dipping Sauce	Pepperoni Pizza	Bosco Sticks w/ Pizza Dipping Sauce	Buffalo Chicken Pizza	Pepperoni Pizza
SO DELI ON THE GO	<i>Available Daily: Sandwiches and Salads made fresh to go</i>				
	Tuna Salad	Tuna Salad	Chicken Salad	Chicken Salad	Egg Salad
	WG Chicken Buffalo Wrap Garden Salad w Pretzel Blueberry Yogurt Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Hummus w Tortilla Chips Blueberry Yogurt Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Garden Salad w Pretzel Blueberry Yogurt Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Hummus w Tortilla Chips Blueberry Yogurt Parfait WOWButter Sandwich	WG Chicken Buffalo Wrap Garden Salad w Pretzel Blueberry Yogurt Parfait WOWButter Sandwich
extra. extra	<i>Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges and baby carrots</i>				
	Macaroni and Bean Salad Cucumber Coins Broccoli Florets Chilled Applesauce	Macaroni and Bean Salad Cucumber Coins Broccoli Florets Chilled Applesauce	Romaine and Spinach Salad Celery Sticks Grape Tomato Fresh Fruit Salad	Romaine and Spinach Salad Red Pepper Strips Grape Tomato Chilled Pineapple	Cool Cucumber Salad Red Pepper Strips Fresh Kiwi Slices Chilled Pineapple



Questions? Food Service Office 248-726-4602
 Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



