

Weekly Prayers (Psalter Week 4)

Catholic Social Teaching:

Dignity

Subsidiarity

Solidarity

The Common Good

Liturgical
Colour:
Green

Remember: Rosary in the Chapel at 1:45 (A1) today!

Monday 3rd March

Gospel & Prayer for today (3:50):



Liturgical
Colour:
White

Remember: Holy Half Hour in the Chapel at 6pm today. Pop along for a few minutes of quiet prayer.

Tuesday 4th March

What's your favorite celebration of the year?

As Catholics, the one thing we do more than anything else is celebrate. We celebrate life, death, new life, and eternal life. We celebrate education, innovation, discovery, love, truth, beauty, goodness, forgiveness, reconciliation, unity, family, and new life. We are a people of celebration.

Shrove Tuesday is one of the most loved celebrations of the year—for Catholics and non-Catholics alike! It's the last day before Lent begins... and the last chance to feast and celebrate before the 40-day season of fasting and reflection. Shrove Tuesday is a joyful conclusion to Ordinary Time and a joyful preparation for one of the most important Catholic seasons: Lent.

Let us pray:

Shrove Tuesday

is the day before
Ash Wednesday

"Carnival"

comes from the Latin words
carne vale
meaning

"farewell to the flesh"

Like other Catholic holidays and celebrations, it likely has its roots in pre-Christian traditions based on the seasons

What's with the pancakes?

Pancakes were an easy way for Christians to use up their milk, eggs and sugar before the start of 40 days of fasting during Lent

Lent involved adopting a simpler diet, without the luxuries of 'fattening' foods

WHAT IS SHROVE TUESDAY?

What does "shrove" mean?

"Shrove" is the past tense of the verb **"to shrive"** which means to hear penance and give absolution

There is a Catholic custom of going to confession on Shrove Tuesday to prepare for Lent



Other names for Shrove Tuesday:

Fat Tuesday
Pancake Tuesday
Mardi Gras



Archdiocese
of Toronto

www.archtoronto.org
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Ash Wednesday

WHY ASHES?



Ashes were used as a sign of repentance in the Old Testament. Ashes also symbolize grief. In the context of Ash Wednesday and Lent, it is grief for our sins.



Ashes are a public sign of our intent to live into our identity as a believer in Jesus Christ.



We are reminded that we were made from the dust of the earth and to dust we shall return as a way to remember our mortality.

Liturgical
Colour:
Purple

Remember: Young Christian Women club today A2! (inc Hot chocolate & biscuits...)

Thursday 6th March

From now until Holy Saturday, the liturgical
colour

LITURGICAL COLORS

AND WHAT THEY MEAN

PURPLE	RED	ROSE/PINK	GREEN	WHITE/GOLD
				
Penance Preparation	Sacrifice	Anticipation	Hope, Life & Growth	Joy & Purity
Used during Advent and Lent	Used during Passion Sunday, Good Friday, Pentecost, and the feast of the Apostles and martyrs	Used on the third Sunday in Advent and the fourth Sunday during Lent	Used throughout Ordinary Time	Used during Easter and Christmas seasons and feasts of the Blessed Mother, angels and saints who weren't martyred

Liturgical
Colour:
Purple

Friday 7th March

CST FRIDAY: Care for Creation

In 2015, Pope Francis published a letter called 'Laudato Si' (Praise be to you, Lord). In it he speaks about our duty to care for our common home.

What do you hear from the video?

What challenges you?

